## Northeastern Illinois University

## **NEIU Digital Commons**

**Cross Country** 

Athletics - Media Guides

1995

# **NEIU Cross Country Media Guide - 1995**

**Athletics Department Staff** 

Follow this and additional works at: https://neiudc.neiu.edu/crosscountry

#### **Recommended Citation**

Staff, Athletics Department, "NEIU Cross Country Media Guide - 1995" (1995). *Cross Country*. 2. https://neiudc.neiu.edu/crosscountry/2

This Book is brought to you for free and open access by the Athletics - Media Guides at NEIU Digital Commons. It has been accepted for inclusion in Cross Country by an authorized administrator of NEIU Digital Commons. For more information, please contact neiudc@neiu.edu.



Men's/Women's Cross Country



Front row (I-r): Michelle Secor, Emily Marquette, Melissa Sigina, Kerry Fleischhacker.

Second row: Head Coach Geoff Masanet, Ericka Thomas, Stephanie Sorensen, Jennifer Hagan, Laura Haase, Asst. Coach Gary Cahill.

Third row: Mike Slyman, Chad Byer, Phil Spence, Matt Gunia, Dan Silva.

Fourth row: Mark Monelli, Chad Bauer, Jeff Whitlock, James Morrow.

## 1995 Northeastern Illinois University Men's/Women's Cross Country Schedule

Date	Opponent	Location	Time
Sept. 2	UWM/UWGB	Milwaukee, WI	11:00 a
Sept. 8	Bradley Invitational	Peoria, IL	5:00 p
Sept. 16	Valparaiso Invitational	Valparaiso, IN	10:30 a
Sept. 23	Mel Brodt Invitational	Bowling Green, OH	11:00 a
Oct. 7	Loyola Invitational	Chicago/Lakefront	Noon
Oct. 14	UW-Wisconsin-Parkside Invite	Kenosha, WI	1:00 p
Oct. 21	Olivet Nazarene Invite	Kankakee, IL	Noon
Oct. 28	Mid-Continent Conference Championships	eYoungstown, OH	11:00 a
Nov. 11	NCAA District IV	West Lafayette, IN	10:30 a

Head Coach: Geoff Masanet Asst. Coach: Gary Cahill

1995 Northeastern Illinois University Cross Country Quick Facts

Location	Chicago
Founded	Chicago 1961
Conference	Mid-Continent Conference
Enrollment	10,500
Arena	PE Complex (2,000)
Nickname	Golden Eagles
Colors	Navy Blue/Gold
President: (Acting)	Dr. Salme Steinberg
Athletic Director	Dr. Vivian L. Fuller
Faculty Rep	Barbara Bales
Associate AD	Lynn Gaziano
	Charley Chmura
Asst. AD/Business Manage	er Bob Krawchuk
Asst. AD/Recreation/Mrktg	/Promo Maureen Harty
Athletic Trainer	Katherine McVicar
<b>NEIU Athletics Phone Nun</b>	nber312 / 794-6128



Gary Cahill Asst. Coach

#### Geoff Masanet Head Men's/Women's Cross Country Coach

An Illinois native coming home from the University of California at Santa Barbara, Geoff Masanet will coach the Golden Eagles men's and women's cross country in 1995.



Masanet, a 1988 graduate of Crystal Lake South High School and a 1992 graduate of Eastern Illinois University, has had an outstanding running career in cross country and track. Geoff was an assistant cross country/track coach in 1994 at University of California-Santa Barbara of the Big West Conference. Last year's UCSB women's team won the conference cross country title and the men's squad was runner-up.

Was a three-year letter winner in both track and cross country at Eastern Illinois. Geoff graduated in with a bachelor's degree in Journalism. His Panther athletic highlights include being a team member on six Mid-Continent Conference championship teams in indoor and outdoor track. Masanet was an academic all-conference honoree in cross country and was among Eastern Illinois University's top three runners at the 1991 and 1992 NCAA District Championship events.

Earned a Master's Degree in Sports Science from the U.S. Sports Academy in 1995 and has also completed one year of graduate studies in geography at the University of Wisconsin-Milwaukee.

Still very active in running, Masanet has run three marathons and races often at other distances in the Chicago area and Midwest. He will also serve as an NEIU study hall monitor and work game management at Golden Eagle athletic events.



## **Men's Profiles**



#### **PHIL SPENCE**

Freshman, Chicago, IL (Quigley Prep)

Promising first-year runner was a three-time state qualifier in cross country and track at Quigley Prep....Placed 26th in the 1994 Class A state CC

meet, missing all-state honors by one place.... Top times include a 2:02 800m, 4:32 1600m and a 9:47 - two mile.

Coach Masanet on Spence: "Phil was a lowmileage runner in high school who should adjust well to the increased training and competition in college." Criminal Justice major.



#### **DAN SILVA**

Freshman, Chicago, IL (Lane Tech High School)

NEIU's top incoming freshman men's runner.... A four-time Chicago city champion in cross country and track.... A five-time state qualifier in the two

sports...Was 43rd at Class AA state CC meet in 1994 and 12th place at state track meet in 1995... Top marks include 52.0 400m, 4:29 1600m, 9:37 3200m.

Coach Masanet on Silva: "Danny put in a lot of miles this summer and we'll look for him to be one of our top runners this fall." Major undecided at NEIU.



#### CHAD BAUER

Freshman, Ringwood, IL (Johnsburg High School)

Rapidly improving runner who thrives on the longer races....Was a third place finisher at the 1994 Northwest Conference cross country

championships....3200m personal best of 10:15....Low mileage runner in high school who is eager to move into a more intense training environment.

Coach Masanet on Bauer: "Chad is an unknown factor who has the potential to be one of our top runners this season." Undecided on academic major at NEIU.



Josh Byer



**Matt Gunia** 



Mark Monelli



Mike Slyman



Jeff Whitlock



**James Morrow** 

## 1995 NEIU Men's Cross Country Roster

Name	Year	Hometown (High School)
Mike Backstrom	. Fr	Crystal Lake, IL (Central H.S
Chad Bauer	Fr	Ringwood, IL (Johnsburg)
Josh Byer	Fr	Skokie, IL (NilesWest)
Matt Gunia	Fr	Chicago, Il (Luther North)
Mark Monelli	. Fr	Elk Grove IL (Conant)
James Morrow	.So	Chicago, IL (Weber)
Don Silva	Fr	Chicago, IL (Lane Tech)
Mike Slyman	. Fr	Chicago, IL (St. Patrick)
Phil Spence	Fr	Chicago, IL (QuigleyPrep)
Jeff Whitlock	.So	Chicago, II (Luther North)

# **Women's Profiles**



#### KERRY FLEISCHHACKER

Senior, Chicago, IL (Mother Guerin High School)

Top returning performer for the Golden Eagles... Was a top five runner for NEIU in 1994... Former two-time Class AA

state qualifier in the 800m in high school... Top times of 2:23 in 800m, 5:25 1600m and 12:10 two-miles... Team oriented runner whose leadership abilities will be counted on in 1995.

Coach Masanet on Fleischhacker: "Kerry is a hard worker with a great attitude and she should have an outstanding senior season." Elementary Education Major.



#### MICHELLE SECOR

Freshman, Chicago, IL (Lane Tech High School)

High quality recruit who will challenge for a spot among NEIU's top five... Member of Lane Tech's cross country team that qualified for the

1994 IHSA state meet... Finished 6th at the 1992 Chicago Public League CC finals... Personal best of 5:55 in the 1600m.

Coach Masanet on Secor: "Michelle is a great addition to our cross country program. She is a talented runner who should contribute right away."



# EMILY MARQUETTE

Freshman, Chicago, IL (Resurrection High School)

Top incoming runner expected to challenge for a spot in the top five... Four-time team MVP at Resurrection, also an

ARMY National Scholar-Athlete awardee... Personal bests of 12:34 in the 3200m and 61.4 in the 400m.

Coach Masanet on Marquette: "Emily comes to us with a great attitude and work ethic and she will be a good addition to our Northeastern Illinois cross country program."



Jennifer Hagen



Laura Haase



Ericka Thomas



Melissa Sigina



Stephanie Sorensen

## 1995 NEIU Women's Cross Country Roster

Name	Year	Hometown (High School)
Kerry Fleischhacker	Sr	Chicago, IL (Mother Guerin)
Laura Haase	So	Chicago, II (Luther North)
Jennifer Hagen	Sr	Antioch, IL (Antioch)
Emily Marquette	Fr	Chicago, IL (Resurrection)
Michelle Secor	Fr	Chicago, IL (Lane Tech)
Stephanie Sorensen	So	Manhattan, IL (Lincoln-Way)
		Chicago, IL (Resurrection)
Melissa Sigina	Fr	Chicago, IL (Luther North)

#### 1995 Northeastern Illinois University Men's/Women's Cross Country Outlook

The 1995 NEIU cross country team is short in collegiate experience but long in numbers. That's a challenging combination for first-year head coach Geoff Masanet who gains no returnees for the men and four women from the 1994 team. A solid summer of recruiting has bolstered both lineup's with the addition of 13 newcomers, including a dozen new freshmen, who add a decidedly youthful appearance to the Golden Eagles squad.

Both teams look to improve on second-division finishes at the 1994 Mid-Continent Championship and will rely heavily upon the services of several newcomers. Freshmen Dan Silva, Phil Spence and Josh Byer will be looked upon to lead the men while newcomer Emily Marquette, along with Kerry Fleischhacker, should make an immediate impact on the women's squad.

Coach Masanet talks of his young 1995 squad. "You don't like to place too much weight on the shoulders of freshmen," Masanet said. "I'm very optimistic nonetheless that they will help carry our program to that next level and set us up for greater success in the future."

A realistic goal for the 1995 Golden Eagles is an upper-division finish at the Mid-Con Championships in late October. "Achieving this goal will depend on how well our newcomers develop and adapt to college running and what kind of improvement our returnees can make." said Masanet.

Northeastern's distance runners will also compete in several outdoor track meets this spring, solidifying a year-round training and racing schedule for the first time as a Division I program. "The track season is an important component to the collegiate distance running experience," Masanet said. "It allows our cross country runners to further improve their efforts and abilities for the fall and represent NEIU in another traditional spring sport."



NORTHEASTERN ILLINOIS UNIVERSITY 5500 NORTH ST. LOUIS AVENUE CHICAGO, ILLINOIS 60625-4699