

1978

NEIU News- Dec. 1978

Alumni Affairs Staff

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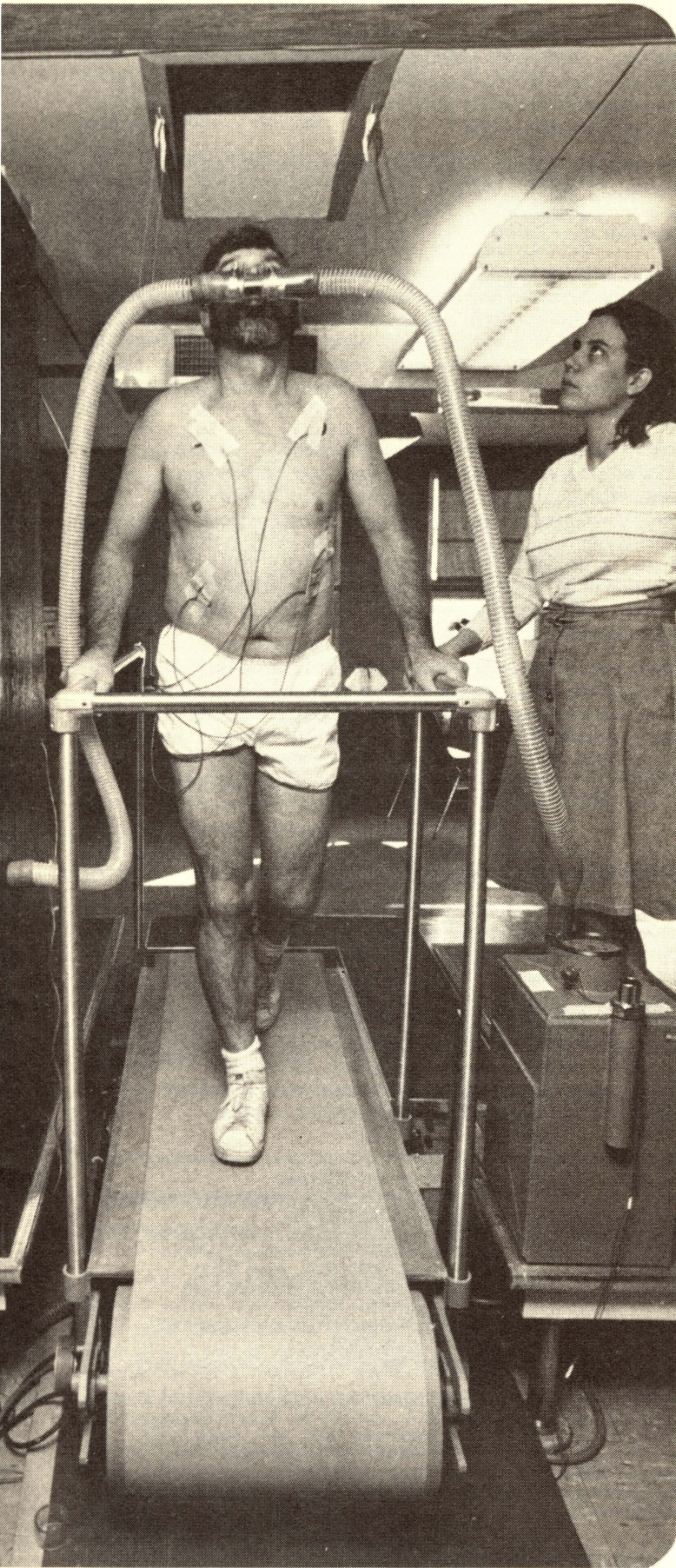
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NORTHEASTERN ILLINOIS UNIVERSITY

NEWS

DECEMBER, 1978



The Human Performance Laboratory

See page 4

OF SPECIAL INTEREST...

HEALTH SERVICE ANNOUNCEMENTS

A **Diabetic Detection Day** will be held on Tuesday, January 23 from 8:30 a.m. to 2:00 p.m. in CC-217 of the Commuter Center. The Chicago Board of Health will administer the glucose tolerance test.

Persons wishing to take the test must fast for three hours before the test. Candy or gum may not be chewed during the three-hour fast. However, you may drink a small amount of water.

Participants will be given a glucose drink and have a blood sample taken exactly one hour later. Results of the test will be available from Health Service approximately three weeks from the date of testing.

As a service to alumni and neighborhood residents, Health Service will take **blood pressure readings** - by appointment only - on Thursdays from 8:00-11:00 a.m.

Blood sugar screening tests are also available. For instructions and appointments, please call Health Service at 583-4050, extension 355.



Marion Etten, director of Health Service and Nancy Joseph, R.N.

MERIT TUITION WAIVERS FOR GRADUATE STUDENTS

A number of half-time tuition waivers, to be awarded on the basis of scholastic aptitude and merit, are being made available each term for graduate degree students at Northeastern, according to Dr. Vincent F. Malek, dean of the Graduate College.

All graduate students may apply, those presently enrolled in master's degree programs, as well as those who are making or planning application. Foreign students are also eligible, provided they are permanent residents of Illinois.

The awards are for half-time tuition in keeping with the part-time extended-day organizational structure of the Graduate College. Each award is for \$135 and covers tuition up to six credit hours; fees and tuition beyond six credit hours are not covered. The number of waivers for each term will depend upon the amount of money available for this purpose.

Awards may be renewed for an additional two terms if application is made and supportive review is achieved. The initial application must be supported with a letter of recommendation from an appropriate source, plus a current Northeastern transcript and indication of work in progress, if any. Each department presently offering a master's program at Northeastern has been allotted a number of waivers, and students must submit their applications to the appropriate graduate advisor.

These awards are for scholastic aptitude and merit and are not to be confused with awards for financial need. Tuition waivers for graduate students on the basis of financial need will be available, through the Financial Aid Office.

Applications for merit waivers are available at the Graduate Office, Room 4-029 in the Classroom Building.

NEW MASTER'S DEGREE SEQUENCE

A new interdisciplinary master's degree sequence for secondary school English teachers is now being offered at Northeastern. The program combines study in English, linguistics, speech and performing arts, reading, and education. Emphasis is on the application of current research, theory, and practice to classroom problems. Classes are scheduled during the late afternoon and evening hours for the convenience of teachers. For further information, contact Jane Hawley, secondary education department at 583-4050, extension 8263 or 8260.

Northeastern Illinois University **NEWS**
Volume IX, Number 2
January, 1979

NEWS is published through the Office of Alumni Affairs for the university, its graduates, neighbors, and friends. All news items should be addressed to **NEWS**, Office of Alumni Affairs, Northeastern Illinois University, 5500 North St. Louis Avenue, Chicago, Illinois, 60625. Telephone: 312/583-4050, extension 271, 272, or 273.

Patricia Szymczak
Executive Coordinator of Alumni Affairs

The Office of Alumni Affairs is located on the South end of campus at 5350 N. St. Louis Avenue.

Northeastern Illinois University does not discriminate against individuals because of their race, color, religion, age, sex, national origin, handicap, or status as Disabled Veterans or Vietnam Era Veterans.

OFFICERS OF THE UNIVERSITY

Dr. Ronald Williams, president; Dr. John Cownie, provost; Dr. William Lienemann, vice-president for Administrative Affairs; Dr. Daniel Kielson, vice-president for Student Affairs, Mr. Donn Bichsel, vice-president for Development and Public Affairs; Dr. Frank Dobbs, dean of the College of Arts and Sciences; Dr. Vincent Malek, dean of the Graduate College; Dr. Edward Mueller, acting dean of the College of Education.

Photos courtesy of Learning Services, PRINT, and the Yearbook

BOARD OF DIRECTORS NORTHEASTERN ILLINOIS UNIVERSITY ALUMNI ASSOCIATION

President Thomas Lasser, (B.A., December 1976)
Executive Vice-President Susan Coleman, (B.A., April 1970; M.A., April 1978)
Associate Vice-President Maria Bakalis, (M.A., December 1975)
Secretary Kipley Peal, (B.A., August 1968; M.A., August 1972)
Treasurer Mary Berg, (B.A., December 1976)

Jo Ann Consolo, (B.A., December 1971), Wilfredo Cruz, (B.A., April 1976), Richard Emrich (B.A., December 1974; M.A., April 1977), Marion Holtzer, (M.A., December 1975), Brownell Lindsey, (M.A., December 1974), Donald Liszewski, (B.A., August 1970; M.A., December 1975), Judy Macior, (B.A., April 1978), Robert Piasecki, (B.A., December 1969), Zachary Pinas, (B.A., April 1971), Josephine Spiros, (B.A., December 1969), Jacobo Szapiro, (B.A., April 1976; M.A., December 1977), A. Wesley Ward, (M.A., April 1975)

Northeastern Receives Over \$378,000 in Grants

Northeastern Illinois University has received two major awards from the United States Office of Education -- a \$131,730 grant to establish a Teachers Center on the northwest side of Chicago that will serve 7,000 public and private school teachers and a \$247,046 award to establish a Race Desegregation Training Institute on the near north side of Chicago.

The Teachers Center, one of six such centers in the country to be financed by the United States Office of Education this year, and the only one serving a major metropolitan area, will assist in the improvement of reading and mathematics instruction and develop strategies to cope with occupational stress among teachers. Dr. Jerry Olson is project director and Northeastern professors assisting the project include: Dr. Fred Flener, Dr. James Fruehling, Dr. Nancy Green, Dr. Jane Hawley, Dr. Gloria Latimore, and Dr. Janet Lerner. Ms. Inez Wilson has joined Northeastern's staff as center coordinator. Serving Chicago Public School Districts 1, 4, 5, 6, and 25 and the private schools located in these areas, the program will provide staff development support to teachers at the center at Alvernia High School, and through outreach programs in

the schools. A 25-member Teachers Center Policy Board, composed of representatives from Northeastern, the administration of the Chicago Public Schools, the Chicago Teachers Union, and the Chicago Archdiocesan Teachers Association, will set policy for the project.

The Race Desegregation Training Institute will train public school personnel to better interact with parents, students, community persons, and peers while attempting to cope with problems precipitated by racial desegregation of schools. Dr. George Grimes is project coordinator and professors, Dr. Margaret Lindman and Dr. Ethel Greene are project directors. Housed at the Chicago Board of Education's Center for Urban Education, the institute will be accessible to 23,000 Chicago public school teachers and will offer seminars, conferences, weekend sessions, and in-school visitations by project staff. The program will provide trainees with additional multicultural knowledge, equip them to more equitably handle disciplinary situations, experiment with various teaching styles, become more able to cope with stress, and enjoy improved community relations.

EVENING STUDENTS NOT FORGOTTEN

In order to aid students who are on-campus only during the evening hours when most university offices are closed, an Evening Services Request program has been authorized by John Cownie, provost. Because of already existing evening hours, the program will operate through the Graduate College office and will be coordinated by Elsworth Shephard as an additional assignment. Students who need to contact a unit or office that does not have evening hours may go to the graduate office and fill out an evening services request form. A copy will be forwarded to the appropriate person or office who will respond directly to the person making the request. Service request forms may also be filled out at the service desk in the Library during their regular evening hours. This service will be available during the fall, winter, and spring terms.

Through the program, the university hopes to eliminate some of the frustration of the evening student who often has questions to ask, but no place to ask them. This service is also available to alumni.

UNIVERSITY OFFICES WITH REGULAR EVENING HOURS

Admissions and Records	Tuesday and Wednesday - until 6:30 P.M.
Audio - Visual	Monday through Friday - until 10:00 P.M., Saturday - until 1:00 P.M.

Graduate College 4-029 - Ext. 600 - 603	Monday through Thursday - until 8:00 P.M., Friday - until 6:00 P.M.
Information Desk C-100 - Ext. 224	Monday, Tuesday, and Thursday - until 7:00 P.M.
Inner City Studies 700 E. Oakwood - 268-7500	Monday through Thursday - 5:00 - 8:00 P.M.
Library Ext. 476, 477	Monday through Thursday - until 10:00 P.M. Friday - until 6:00 P.M. Saturday - 9:00 to 5:00 P.M. Thursday - until 7:00 P.M.
Psychology S-313F - Ext. 688	
Security Sec. Annex - Ext. 200, 201, 203 After 9:00 - Ext. 207	Office is open Monday through Friday - until 9:00 P.M. Security is available 24 hours a day all week
T.V. Services E-111 - Ext. 441	Monday through Friday - until 10:00 P.M.
University Counseling Center B-115 - Ext. 361	Wednesday until 8:30 P.M.

NEW BLOOD WANTED

If you are energetic and interested in helping your fellow alumni and Northeastern, WE NEED YOU!

The Board of Directors of the Alumni Association is actively seeking candidates to serve on the board. Candidates must be willing to assist with various alumni programs. They should also be willing to aid the university in its development as a prominent institution of higher learning. To qualify, you must have been awarded a degree from Northeastern.

If you would like to be a nominee or if you want to recommend an alumnus, please call the Office of Alumni Affairs, 583-4050, extension 272, or complete and mail the form.

I WOULD LIKE TO NOMINATE
THE FOLLOWING PERSON
FOR THE BOARD OF DIRECTORS
OF THE NORTHEASTERN ILLINOIS
UNIVERSITY ALUMNI ASSOCIATION

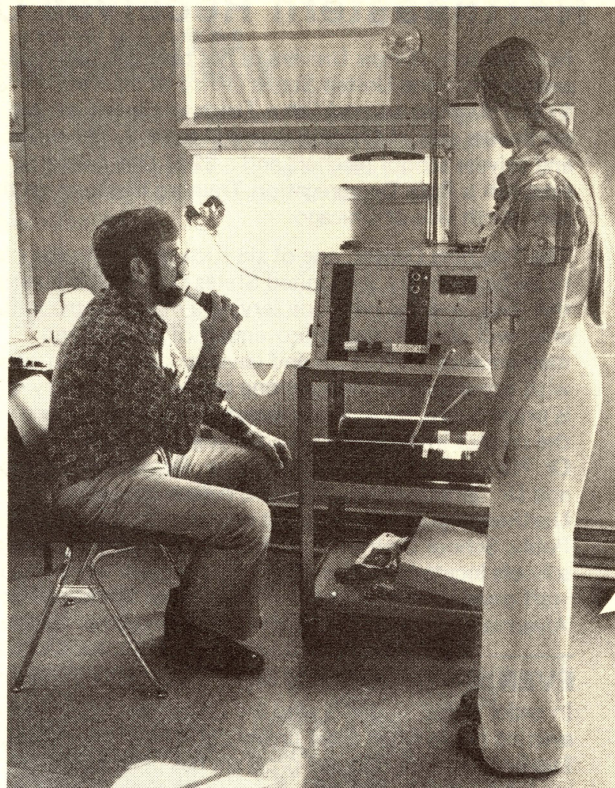
NAME _____
ADDRESS _____
CITY, STATE, ZIP _____

Please return this form by February 9 to:
Office of Alumni Affairs
Northeastern Illinois University
5500 N. St. Louis Avenue
Chicago, Illinois 60625

Ballots will be mailed to all active members in the spring. Active members are alumni who have made a contribution to the Annual Fund. The board of directors meets approximately four times a year.

*Mr. Ray Roth,
purchasing agent,
recently underwent
a series of tests
in the Human
Performance Laboratory.*

*Here he is undergoing a
pulmonary
function test.*



The Human Performance Laboratory

"You're doing fine. You can make it. Are you feeling O.K.?"

With a heart that feels as though it is going to break right through your ribs, you move your head in an affirmative reply and keep on going.

"We're going to increase the speed slightly. You want to stop? Fine. Wait for the countdown. Five, four, three, two, one. Stop."

You pull the oxygen tube from your mouth. When you try to take a few steps, your legs feel like they are wearing concrete shoes.

Why did you force yourself to the point of sheer exhaustion?

Because you care about your health and want to find out about the proper methods for improving your cardiovascular fitness.

The scene described above is part of a fitness evaluation that is administered to determine an individual's potential level of exercise. This test is one of the many functions of the new Human Performance Laboratory located on-campus.

The lab epitomizes the threefold mission of the university: to teach, to conduct research, and to provide community service. Classes are offered that present various topics related to the physiology of exercise. Students and faculty members are also given an opportunity to assist with research projects. And lastly, community members are encouraged to take the evaluation and learn which types of exercise are best for them.

The lab had a very humble beginning. When it opened in January of 1978, under the Department of Physical Education, it consisted of a classroom, a stationary bicycle, and Dr. George Lesmes. Dr. Lesmes came to Northeastern fresh from a year of post-doctoral study at Ball State University where he conducted research on muscle metabolism under stress conditions. Awarded a Ph.D. degree in physiology

from Ohio State University, he has written several articles on how skeletal and cardiac muscles adapt to regular stress.

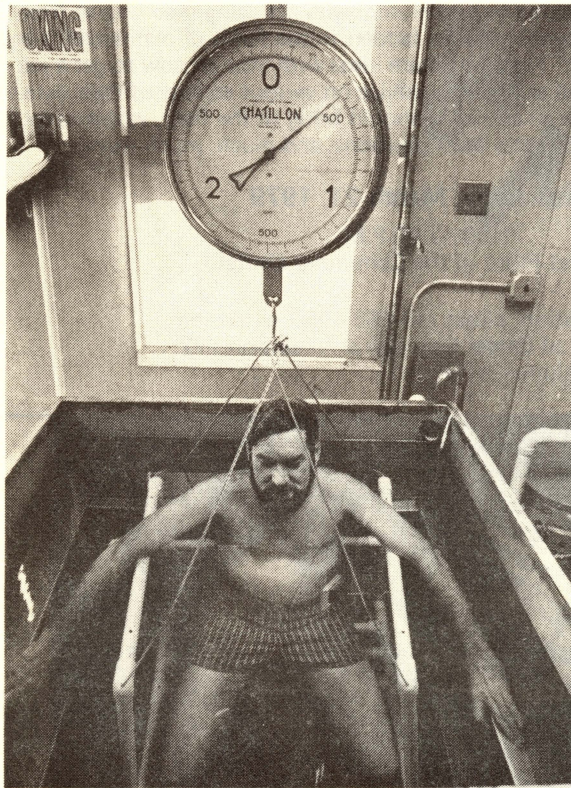
Due to his efforts and increased university support, the lab recently moved into the white portable located between the library and the music annex. This new facility contains a classroom, testing area, exercise area, offices, shower facilities, and plans are under way to house a blood laboratory. Grants from the state of Illinois have allowed the university to purchase much needed equipment, including a cardiac monitor/resuscitation unit, treadmill, refrigeration unit, stationary bicycles, and even a "fat" tank.

"There are several misconceptions about exercise," according to Dr. Lesmes. "One of the most common is that the harder you work and sweat, the more beneficial it is for your body. While this may be somewhat true if you are only interested in keeping physically fit, it is not the case if you are trying to lose weight through exercise. The reason for this is that when you exercise strenuously, you lower the proportion of stored fat that is used to provide energy.

"Exercise is a very individual thing. You will look and feel better by knowing what methods are best for you. You run the risk of heart disease by not knowing. People have to learn what their limits are and what they are capable of doing based on their physiology and ability to develop energy. For instance, in some cases, men and women at the same stress level cannot go out and jog together. The reason for this is that genetically, the female carries a greater amount of fat. When she tries to compete with a man, she fatigues sooner since she is carrying more dead weight. She also has a smaller heart, smaller lungs, and a lower muscle mass."

In order to determine the appropriate limit of exercise, the lab conducts individual fitness evaluations. Once the medical history is completed, and height, weight, blood pressure, and pulse are recorded, a series of tests are administered. First, a blood sample is drawn that will be analyzed for blood lipids (cholesterol, triglycerides, and high density lipoproteins). An oxygen uptake test is given that indicates the shape of the

Ray is shown being weighted in the "fat tank."



cardiovascular system. Next, body composition is determined by weighing the person in the "fat" tank. The individual sits in a chair which is then lowered into a tank of water. A scale then records what percentage of the person's body is fat. A pulmonary function test is also administered. By breathing into a sophisticated spirometer they are able to measure the capacity and effectiveness of your lungs.

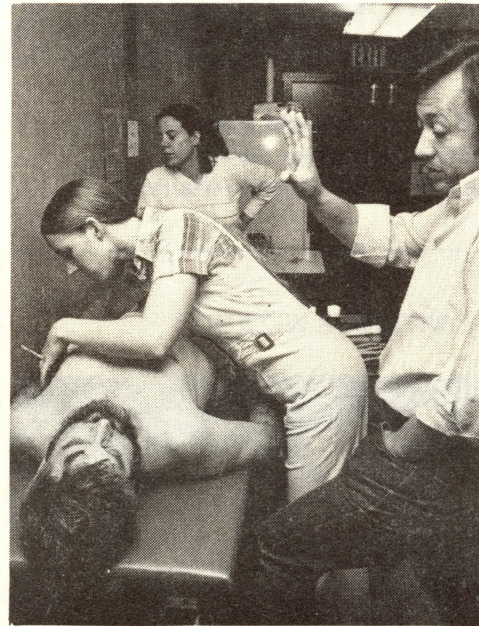
Once a resting electrocardiogram (EKG) is completed, a pulmonary ventilation test is given and this is where the treadmill comes in. The person starts off at a walking pace with the treadmill parallel to the ground. At regular intervals, the speed is increased and the front end of the treadmill is gradually raised. The effect is that the person begins to run uphill which increases his breathing and heart rate. Since oxygen carries energy to the body's muscles, and since increased oxygen intake causes the heart to work harder, it is possible to determine a person's maximum level of endurance. This test is completed and final readings are taken when the subject says he cannot go any further.

Dr. Lesmes is quick to point out that many safeguards are taken to insure that the individual does not overexert him/herself. In addition to a cardiac monitor which constantly records heart rate and electrograms, a technician is always present measuring blood pressure. A physician will also be present when "high risk" patients are tested.

When the evaluation is completed and the results are analyzed, an individual exercise program is designed. One issue that is stressed is that "stop and go" activities, such as tennis, volleyball, badminton, are not as beneficial in burning off fat and improving cardiovascular fitness levels as continuous activities such as swimming, jogging, and cycling.

This past summer, the lab received a grant from the university to carry out a research study. A group of fifteen women, between the ages of 25 and 35, participated in the project that was designed to monitor lipids, or blood fats, which are suspected of narrowing the size of

Merilee Christensen and Dr. Lesmes prepare Ray for an EKG.



the blood vessels and are one possible cause of hypertension. The purpose of this study was to determine if regular exercise can effect the body's ability to use blood fat as a source of energy.

The volunteers were divided into a control group and a test group. Both groups were given a test to determine the level of endurance each individual was starting at, and what their potential was. Next, the test group reported three times a week for a 30 minute workout session on a stationary bicycle that was set to provide a resistance of 50% of the subject's maximal capacity. Gradually, this capacity was increased. After eight weeks of training, both the test and control groups were given another test. The findings revealed that regular exercise can significantly alter the levels of lipids in the blood stream and thereby possibly exert a preventative influence on cardiovascular disorders.

Merilee Christensen, a December 1977 graduate, is currently studying exercise physiology at Northeastern, in addition to volunteering her time as a research assistant in the lab. "One of the best experiences a student can have is getting the opportunity to put theory into practice. Those of us who volunteer in the lab are exposed to every facet of research from writing the proposal and carrying out the experiment to analyzing the data and writing up our findings. The opportunities in this field are endless and can lead to careers as paraprofessionals in hospitals, labs, schools, and rehabilitation institutions."

According to Dr. Lesmes, "62% of all deaths in this country are related to cardiovascular disorders." While proper exercise may not be the cure, it can help you live a longer, healthier life.

Editors Note: For information on how you can have a fitness evaluation, please write or call the Human Performance Laboratory, 583-4050, extension 498.

COVER PHOTO

Mr. Ray Roth and Ms. Mary Royce

THE ALUMNI JOB NETWORK
presents

**An Information Day On
Careers In Mathematics
And The Natural Sciences**

**Sponsored by the Alumni Association,
the Office of Career Services,
and the Office of Alumni Affairs**

Our program will feature several alumni who are using their degree from Northeastern and climbing career ladders in the fields of mathematics and the natural sciences. They will share ideas with you on how to get a job in these fields as well as practical advice on various aspects of their careers, including what skills an applicant should bring to the field, where to look for jobs, the types of entry level positions, and much, much more.

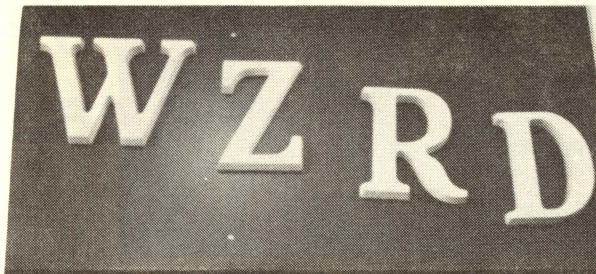
Wednesday, March 21, 1979

1:00 - 3:00 P.M.

Second Floor of the Commuter Center

For information, please call 583-4050, extension 351 (Office of Career Services) or extension 272 (Office of Alumni Affairs).

NORTHEASTERN'S WIZARD



There are over 100 radio stations in the Chicago area, and all are trying to attract their share of listeners. But there is only one that is attempting to offer a service specifically for the people of Chicago's north side and northern suburbs, and that's WZRD at 88.3 on FM. WZRD is Northeastern's own student operated station, run totally by volunteers. The staff is made up of students and alumni who are interested in providing an alternative to the programming heard on other stations. They receive neither financial compensation nor academic credit for their participation.

Affectionally known as "the Wizard" by its listeners, WZRD offers a wide variety of music ranging from rock, folk, and jazz to classical and the avant-garde. A special effort is made to program information and news of special interest to the people of Northeastern and the surrounding communities. Many special community meetings are broadcast live, as well as debates and discussions, ranging

from the Equal Rights Amendments and the Bakke Case to the Nazi's March and Noise Pollution.

WZRD is on the air from noon to midnight, seven days a week, and can be heard anywhere within seven to eight miles of Northeastern's campus. The station is commercial free, since it is licensed as a non-commercial operation. WZRD has few regularly scheduled features, and has been referred to as the station with the "surprise format." That element of surprise allows for the presentation of new ideas and experimentation. Programming on WZRD is constantly changing throughout the day.

If you find WZRD to be an interesting variation of the programming heard on other stations, then the station is meeting its goals. The staff would appreciate your comments. Better yet, if you are interested in becoming involved with the station's operation, please call 583-4780, or write WZRD in care of Northeastern Illinois University.

**HOSPITAL PLAY EDUCATION:
NEW MINOR AT NORTHEASTERN**

Last fall, Northeastern became the fourth university in the nation to offer a minor in hospital play education. Established to train therapeutic play specialists, the program will lead to a degree in Early Childhood Education Hospital Play Education.

In cooperation with Children's Memorial Hospital, Northeastern's students will be placed in pediatric wards and clinics to perfect their skills as play specialists. They will help youngsters while assisting their parents to cope with their child's affliction.

The play specialist will stress the healthy functioning of an ill child while helping to relieve both the anxiety

and hostility which often accompany illness. Play specialists are trained to work with families, especially the siblings. They apply their awareness of the development of play skills to evaluating child growth and change.

The Department of Early Childhood Education (583-4050, extension 8180) can be contacted for further information.

ARE YOU A RETURNING STUDENT ?

If you are thinking of returning to school and have questions regarding the various programs available at Northeastern, why not give the Office of Community Services a call. Included in the services offered to the returning student are counseling, support groups, and community outreach programs. The office is located in B-108 and can be reached by calling 583-4050, extension 326.



WINTER *Mini-U*

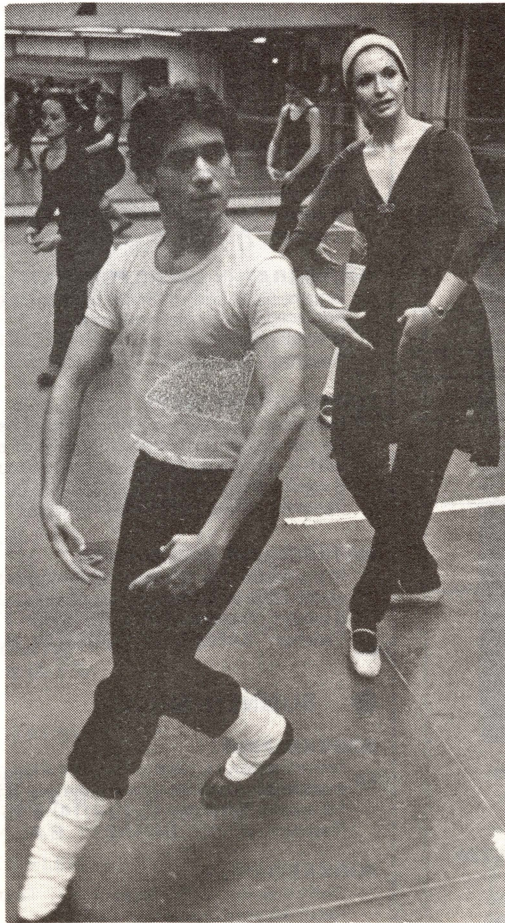
KNITTING

Knit one,
pearl two.
Learn to knit
with Mini-U.



BALLET

Gain confidence. Learn to
move gracefully with ballet.



TELESCOPES

Actually see what is "out of this
world" with the use of telescopes,
taught by Walter Piorkowski.



Mini-U is back again, a proven success as a result of your participation as students and teachers. The non-credit program, located in the Office of Extension and Continuing Education, continues to serve you by offering a variety of low-cost courses from which you may gain practical knowledge as well as pure enjoyment.

The Mini-U is truly for you.

Start the new year of 1979 with a non-credit course in Northeastern Illinois University's Mini-U. To enroll, complete the registration blank and mail it with your check or money order (no cash, please) to the Office of Continuing Education, Room C-330. With your receipt, to be used as a class admission slip, you will receive a list of materials that may be required for the class.

Mail and advanced enrollment is preferable but registrations will be accepted the first night of class if maximum enrollment has not been reached. Enrollees are accepted on a first-come, first-served basis. Should minimum enrollment not be reached after the first class session, we reserve the right to cancel the class.

"First class session" registrations will be held on the third floor of the Beehive Building. For additional information, please call the Office of Continuing Education at 583-4050, extension 392.

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MINI-U MAIL REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephones: (Day) _____ (Evening) _____

Discount of \$5.00 per course if you qualify for any of the categories listed below (check if applicable).

UNI Graduate _____ Year of Graduation _____ UNI Student _____

Faculty Member _____ Staff Member _____ Senior Citizen _____

I am registering for:	Cost	Discount	Total

Please make check payable to "MINI-U, UNI" and mail it with this form to:

Office of Continuing Education
Northeastern Illinois University
5500 N. St. Louis Avenue
Chicago, Illinois 60625

I hereby release Northeastern Illinois University, the Board of Governors of State Colleges and Universities, and their individual members, agents, and employees of and from any claims and liabilities of any kind and nature arising out of my participation in the MINI-U.

Please sign here: _____

● **REFUNDS**

If cancelled due to insufficient enrollment, refunds will be issued after the first session. Otherwise, refunds are granted only if requested before the first class meeting.

● **HOLIDAYS**

Northeastern Illinois University observes the following dates as holidays. Please note that no Mini-U courses will meet on these days.

- Monday, January 15, Martin Luther King's Birthday
- Monday, February 12, Lincoln's Birthday

● **ROOM ASSIGNMENT**

A list of the assigned classrooms will be posted at the Information Center, on Student Bulletin Boards, and at the Mini-U Office (C-330) after January 15, 1979.

● **ARTS AND CRAFTS**

CERAMICS (CHILDREN AGES 7-11) **\$35**
Open ceramics workshop for children. **Lab Fee \$6.50**
8 weeks, Saturday (2/10-3/31) 9:00 A.M. - 12:00 Noon
Teacher: LISA HARRIS, B.A.

JEWELRY-LOST WAX CASTING **\$35**
Jewelry-making through the lost wax investment **Lab Fee \$3.00**
casting process.
8 weeks, Saturday (2/10-3/31) 9:00 A.M. - 12:00 Noon
Teacher: TED BOWMAN

POTTERY MAKING (BEGINNING) **\$35**
Basic hand building pottery techniques. **Lab Fee \$5.00**
8 weeks, Tuesday (2/6-3/27) 6:00 - 8:00 P.M.
Teacher: JAYME CURLEY, M.F.A.

OIL PAINTING (BEGINNING) **\$25**
Introduction to the techniques and materials of oil painting. Some drawing ability desirable.
6 weeks, Wednesday (2/7-3/14) 6:00 - 7:30 P.M.
Teacher: SANDRA JACOBSSON, B.F.A.

PHOTOGRAPHY (BASIC) **\$35**
Beginning 35mm photography. Basic camera techniques. Including travel photography. No darkroom work.
8 weeks, Saturday (2/10-3/31) 9:00 - 11:00 A.M.
Teacher: ALLEN M. CARNOW, B.A., Commercial Photographer

PHOTOGRAPHY (BASIC PORTRAIT) **\$35**
Emphasis on use of single light source, posing, composition, and medium format cameras.
8 weeks, Saturday (2/10-3/31) 11:00 A.M. - 1:00 P.M.
Teacher: ALLEN M. CARNOW, B.A., Commercial Photographer

PHOTOGRAPHY (SKY) **\$35**
Requires no previous knowledge of astronomy. Methods for taking your own photographs of astronomical objects with a camera alone or using a telescopic system.
8 weeks, Wednesday (2/7-3/28) 8:00 - 10:00 P.M.
Teacher: WALTER PIORKOWSKI

WATERCOLOR (BEGINNING) **\$25**
Introduction to the basic techniques and materials of watercolor painting. Some drawing ability desirable.
6 weeks, Tuesday (2/6-3/13) 6:00 - 7:30 P.M.
Teacher: SANDRA JACOBSSON, B.F.A.

● **BUSINESS SKILLS**

BOOKKEEPING I **\$30**
Introduction to elementary bookkeeping. Text and workbook required-approximately \$6.00.
10 weeks, Saturday (2/10-4/14) 9:45-10:45 A.M.
Teacher: JOYCE BARNETT, B.A., Northeastern Alumna and Staff

BOOKKEEPING II **\$30**
Continuation of Bookkeeping I. Text and workbook required-approximately \$6.00.
10 weeks, Saturday (2/10-4/14) 12:00 - 1:00 P.M.
Teacher: JOYCE BARNETT, B.A., Northeastern Alumna and Staff

(Cut Here)

BRUSHING UP ON YOUR BUSINESS MATH \$25

Computation made simple. A refresher on math theory and shortcuts.
8 weeks, Saturday (2/10-3/31) 11:00 A.M. - 12:00 Noon
Teacher: MARVIN KATZ, Ph.D.

ENGLISH REVIEW \$30

Basic English. Review of grammar principles of the English language.
Sec. 1: 10 weeks, Friday (2/9-4/13) 6:00-7:00 P.M.
Sec. 2: 10 weeks, Tuesday (2/6-4/10) 8:00-9:00 A.M.
Teacher: RON WENDELL, M.A., Northeastern Faculty

INTRODUCTION TO ACCOUNTING \$30

An introduction to elementary accounting.
Sec. 1: 10 weeks, Saturday (2/10-4/14) 9:00-10:00 A.M.
Sec. 2: 10 weeks, Saturday (2/10-4/14) 10:00-11:00 A.M.
Teacher: HENRY OSPINA, M.A.

INTRODUCTION TO BASIC COMPUTER CONCEPTS \$30

A non-programming course designed to explain in non-technical terms the internal workings of the computer and its importance to business.
8 weeks, Monday (2/5-4/2) 7:00-8:30 P.M.
Teacher: DEAN KOKINIS, B.A., Northeastern Alumnus

SHORTCUT SHORTHAND I \$30

Easy method for immediate use of shorthand. **Lab Fee \$2.00**
Sec. 1: 10 weeks, Saturday (2/10-4/14) 8:30-9:30 A.M.
Sec. 2: 10 weeks, Tuesday (2/6-4/10) 8:00-9:00 A.M.
Teacher: JOYCE BARNETT, B.A., Northeastern Alumna and Staff

SHORTCUT SHORTHAND II \$30

Continuation of shorthand I.
Sec. 1: 10 weeks, Thursday (2/8-4/12) 8:00-9:00 A.M.
Sec. 2: 10 weeks, Saturday (2/10-4/14) 11:00 A.M.-12:00 Noon
Teacher: JOYCE BARNETT, B.A., Northeastern Alumna and Staff

CAREERS

INTRODUCTION TO HEALTH CAREERS \$20

Explores various careers in the health field.
6 weeks, Saturday (2/10-3/17) 9:00-10:00 A.M.
Teacher: BEN PERIASWAMY, Ph.D.

MOVIN' ON UP \$30

Communication for job success: persuasion, motivation, problem solving, resolving conflicts.
8 weeks, Tuesday (2/6-3/27) 8:30-10:00 P.M.
Teacher: DONALD CARNOW, J.D.

WHAT DO I DO WITH THE REST OF MY LIFE? \$30

Resume writing, career planning, tips on interviews, etc.
Sec. 1: 5 weeks, Saturday (2/10-3/3) 9:30-11:30 A.M.
Teacher: MERILEE MEHL
Sec. 2: 5 weeks, Saturday (2/10-3/3) 9:30-11:30 A.M.
Teacher: CAROL JAMPOL

DANCE

BALLET (ADULT BEGINNING) \$30

7 weeks, Monday (1/8-3/5)
Sec. 1: 4:30 - 6:00 P.M.
Sec. 2: 6:00 - 7:30 P.M.
Teacher: LIBBY KOMAIKO FLEMING

7 weeks, Monday (3/12-4/23)
Sec. 3: 4:30 - 6:00 P.M.
Sec. 4: 6:00 - 7:30 P.M.
Teacher: LIBBY KOMAIKO FLEMING

BALLET (ADULT-INTERMEDIATE) \$30

7 weeks, Wednesday 6:30 - 8:00 P.M.
Sec. 1: (1/10-2/21)
Sec. 2: (2/28-4/11)
Teacher: LIBBY KOMAIKO FLEMING

BALLET (YOUTH BEGINNING) \$25

7 weeks, Saturday 9:00 - 10:00 A.M.
Sec. 1: (1/13-2/24)
Sec. 2: (3/3-4/14)
Teacher: LIBBY KOMAIKO FLEMING

BALLET (YOUTH INTERMEDIATE) \$25

7 weeks, Wednesday 4:30 - 5:30 P.M.
Sec. 1: (1/10-2/21)
Sec. 2: (2/28-4/11)
Teacher: LIBBY KOMAIKO FLEMING

BELLY DANCE (BEGINNING) \$25

7 weeks, Thursday 8:00 - 9:00 P.M.
Sec. 1: (1/11-2/22)
Sec. 2: (3/1-4/12)
Teacher: MAYA T. MARZULLO

BELLY DANCE (INTERMEDIATE) \$25

Continuation of technique with an emphasis in performance qualities.
7 weeks, Thursday 9:00 - 10:00 P.M.
Sec. 1: (1/11-2/22)
Sec. 2: (3/1-4/12)
Teacher: MAYA T. MARZULLO

DISCO DANCE \$30

8 weeks, Monday (2/5-4/2)
Sec. 4A: 7:00 - 8:30 P.M.
Sec. 4B: 7:00 - 8:30 P.M.
Sec. 5A: 8:30 - 10:00 P.M.
Sec. 5B: 8:30 - 10:00 P.M.
Teachers: CHRIS LEHMAN and KATHY WIESOLEK

7 weeks, Tuesday (1/9-2/20) \$25

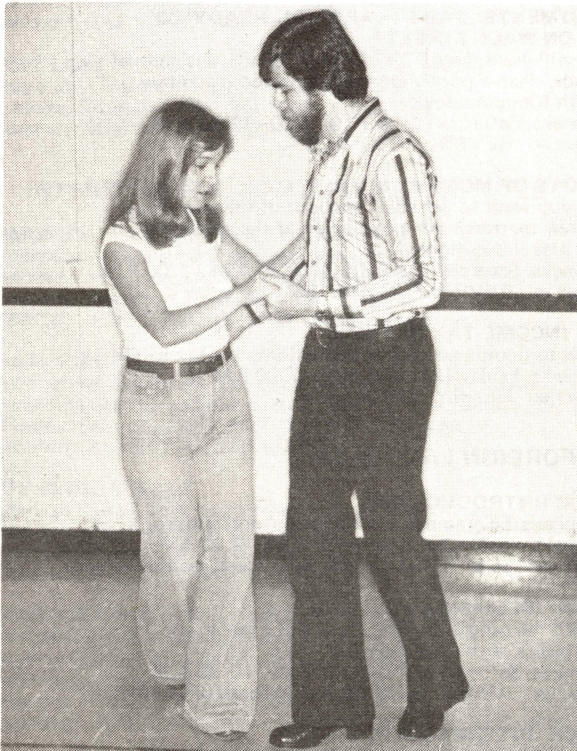
Sec. 1A: 4:00 - 5:00 P.M.
Teacher: VICTOR CLOTTEY
Sec. 1B: 4:00 - 5:00 P.M.
Teacher: SHEILA HARRIS

Sec. 2A: 5:00 - 6:30 P.M. \$30

Teacher: ALAN KARIKOMI
Sec. 2B: 5:00 - 6:30 P.M.
Teacher: GAIL SCHWARTZ

7 weeks, Thursday (1/11-2/22) \$25

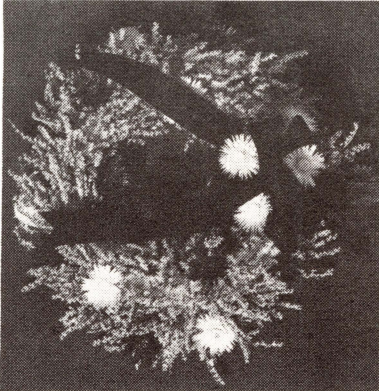
Sec. 3A: 4:00 - 5:00 P.M.
Sec. 3B: 4:00 - 5:00 P.M.
Teacher: VICTOR CLOTTEY



Dance, Dance, Dance to the disco beat with Mini-U teacher Victor Clottey.

JAZZ (TEEN DISCO) \$25

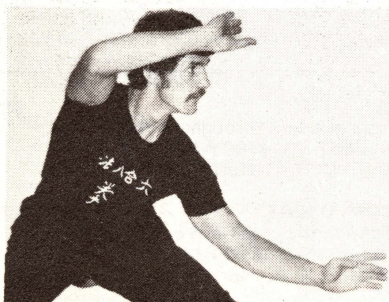
7 weeks, Tuesday 7:00 - 8:00 P.M.
Sec. 1: (1/9-2/20)
Sec. 2: (2/27-4/10)
Teacher: ARVE CONNECTION

MODERN DANCE I 7 weeks, Thursday 7:00 - 8:00 P.M. Sec. 1: (1/11-2/22) Sec. 2: (3/1-4/12) Teacher: ARVE CONNECTION	\$25	GAELIC (BEGINNING CONVERSATIONAL) Emphasis on grammar, vocabulary, and basic dialogue. 8 weeks, Saturday (2/10-3/31) 9:30 - 11:00 A.M. Teacher: ANNE SULLIVAN STUERHOFF	\$30
MODERN DANCE II 7 weeks, Tuesday 8:00 - 9:00 P.M. Sec. 1: (1/9-2/20) Sec. 2: (3/1-4/10) Teacher: ARVE CONNECTION	\$25	HEBREW (BEGINNING CONVERSATIONAL) Going to Israel? This is the course for you. Sec. 1: 8 weeks, Tuesday (2/6-3/27) 8:30 - 9:30 P.M. Sec. 2: 8 weeks, Wednesday (2/7-3/28) 8:00 - 9:00 P.M. Teacher: AVIVA MAY, A.A.	\$25
SPANISH DANCE (BEGINNING) 7 weeks, Monday Sec. 1: (1/18-2/19) 8:00 - 9:30 P.M. Sec. 2: (2/26-4/9) 7:30 - 9:00 P.M. Teacher: LIBBY KOMAIKO FLEMING	\$30	LEARN TO READ HEBREW Learn to read the Bible and the Hebrew prayerbook in the Hebrew alphabet. 8 weeks, Thursday (2/8-3/29) 7:30 - 8:30 P.M. Teacher: MITZI MOSAK, A.A.	\$25
SPANISH DANCE (INTERMEDIATE) 7 weeks, Wednesday 8:00 - 9:30 P.M. Sec. 1: (1/10-2/21) Sec. 2: (2/28-4/11) Teacher: LIBBY KOMAIKO FLEMING	\$30	INTRODUCTION TO SPANISH Spanish for beginners. Emphasis on basic grammar and conversation. Sec. 1: 6 weeks, Monday (2/5-3/19) 7:00 - 9:00 P.M. Teacher: OSCAR RODRIGUEZ, M.A., Northeastern Faculty	\$30
SQUARE DANCING I Do western-style square dance! Learn to DO-CL-DO, and swing your partner. 6 weeks, Friday (2/2-3/9) 7:30 - 8:30 P.M. Teacher: LUCY KNUDSON	\$20	Sec. 2: 8 weeks, Tuesday (2/6-3/27) 7:00 - 9:00 P.M. Teacher: ANGELINA PEDROSO, LL.D., Northeastern Faculty	\$35
TAP DANCE (BEGINNING) Basic tap dance for those who have never had a lesson. 10 weeks, Friday (2/9-4/13) 7:00 - 8:00 P.M. Teacher: ROBERTA GRENZ	\$30	SPANISH FOR CONVERSATIONALISTS Continuation of Introduction to Spanish. Minimal knowledge of the language desirable. Sec. 1: 6 weeks, Monday (2/5-3/19) 7:00 - 9:00 P.M. Teacher: RODRIGO GONZALEZ, M.A., Northeastern Faculty	\$30
TAP DANCE (INTERMEDIATE) 10 weeks, Friday (2/9-4/13) 8:00 - 9:00 P.M. Teacher: ROBERTA GRENZ	\$30	Sec. 2: 8 weeks, Wednesday (2/7-3/28) 7:00 - 9:00 P.M. Teacher: ANGELINA PEDROSO, LL.D., Northeastern Faculty	\$35
FINANCE		YIDDISH (BEGINNING) Learn to speak and understand the language, the slang, and even the curses. Sec. 1: 8 weeks, Tuesday (2/6-3/27) 1:00 - 2:00 P.M. Sec. 2: 8 weeks, Tuesday (2/6-3/27) 7:30 - 8:30 P.M. Teacher: AVIVA MAY, A.A.	\$25
INVESTMENTS: PART I - ARE YOU READY TO PLAY ON WALL STREET? We will learn the ABC's of stocks, bonds, and mutual funds. Plan a portfolio based on research and buy (with funny money). 5 weeks, Saturday (2/10-3/10) 9:30 - 11:00 A.M. Teacher: BEVERLY STONE, B.A.	\$25	YIDDISH (INTERMEDIATE) Continuation of beginning Yiddish. Minimal knowledge of the language required. 8 weeks, Thursday (2/8-3/29) 8:30 - 9:30 P.M. Teacher: AVIVA MAY, A.A.	\$25
THE JOYS OF MONEY Do you want to get your head out of the sand about money matters? An exploration of the myths and realities about money. 5 weeks, Saturday (2/10-3/10) 11:30 A.M. - 1:00 P.M. Teacher: BEVERLY STONE, B.A.	\$25	HANDICRAFTS	
YOUR INCOME TAX RETURN How to figure exemption, deductions, and tax liabilities. 5 weeks, Friday (2/9-3/9) 6:00 - 7:00 P.M. Teacher: HENRY OSPINA, J.D.	\$20	FLORAL ARRANGEMENT Learn floral design, arrangement, and care. 6 weeks, Friday (2/16-3/23) 7:00 - 8:00 P.M. Teacher: TERESA SOLIS	\$20
FOREIGN LANGUAGE			
ARABIC (INTRODUCTION) Emphasis on grammar, conversation, and culture. 6 weeks, Wednesday (2/7-3/14) 7:30 - 9:30 P.M. Teacher: SUSAN TANNOUS, B.A., Northeastern Alumna	\$30	Fall and Winter Wreaths <i>Brighten your entrance with holiday wreaths.</i>	
FRENCH (BEGINNING) Learn the geography, the culture of France, and the basics of the language. 6 weeks, Saturday (2/10-3/17) 9:00 - 10:30 A.M. Teacher: ANIE SERGIS, M.A., Northeastern Alumna	\$25	HOBBY CRAFTS Create, design, and refinish your old jewelry. Lab Fee Instruction given on goldplating. 6 weeks, Saturday (2/10-3/17) 10:00 A.M. - 12:00 Noon Teacher: HYMEN ZVOLNER, M.S.	\$30 \$7.50
FRENCH (INTERMEDIATE) A minimal knowledge of the language is required. Emphasis on conversation. 10 weeks, Saturday (2/10-4/14) 10:30 A.M. - 12:00 Noon Teacher: ANIE SERGIS, M.A., Northeastern Alumna	\$35	KNITTING Basic knitting techniques for the beginner. 8 weeks, Saturday (2/10-3/31) 10:30 A.M. - 12:30 P.M. Teacher: JUDITH CODY	\$35
FRENCH FOR CHILDREN A children's course that will use audio-visual methods such as films and picture cards. 6 weeks, Saturday (2/10-3/17) 12:00 - 1:00 P.M. Teacher: ANIE SERGIS, M.A., Northeastern Alumna	\$20		

- KNITTING (ADVANCED)** \$30
Emphasis placed on aran pattern, argyle knitting circular, and four needle knitting.
8 weeks, Saturday (2/10-3/31) 10:30 A.M. - 12:00 Noon
Teacher: DONNA SIMMONS, B.A.
- KNITTING WORKSHOP** \$35
Beginning intermediate knitting.
8 weeks, Saturday (2/10-3/31) 10:30 - 12:30 P.M.
Teacher: JUDITH CODY
- MACRAME (BEGINNING)** \$30
Beginning course teaching basic knots and design for use in wall hangings, and flower pot holders.
5 weeks, Monday (2/5-3/12) 7:00 - 9:00 P.M.
Teacher: CLAY HOCHHALTER, M.A.
- MACRAME (ADVANCED TECHNIQUES)** \$30
Emphasis on creative design, color, and textures in macrame. Students encouraged to pursue macrame as a true art expression.
5 weeks, Monday (3/19-4/16) 7:00 - 9:00 P.M.
Teacher: CLAY HOCHHALTER, M.A.
- MISSION: UNFINISHED PROJECTS** \$25
Exercises for building new work habits and for creating the energy to work.
6 weeks, Friday (2/9-3/16) 7:00 - 8:30 P.M.
Teacher: BARBARA JUNE KOPPEL

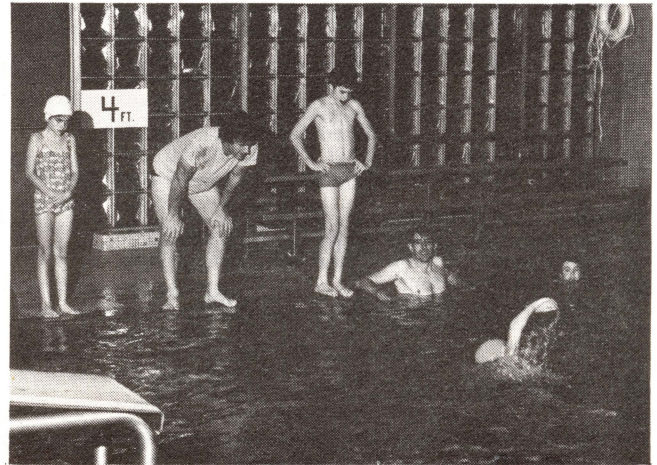
● **HEALTH AND PHYSICAL FITNESS**

- CPR BASIC RESCUER** \$30
Cardio-pulmonary resuscitation training in one person, two person, and infant resuscitation; training in obstructed airway treatment.
Lab Fee \$2.50
Sec. 1: 6 weeks, Saturday (2/10-3/17) 9:00 - 11:00 A.M.
Sec. 2: 6 weeks, Saturday (2/10-3/17) 11:00 A.M. - 1:00 P.M.
Teacher: PAUL BURD, B.S., Northeastern Alumnus
- EXERCISE AND FITNESS** \$30
Physical conditioning and other recreational activities.
6 weeks, Thursday (2/8-3/15) 8:00 - 9:45 P.M.
Teacher: DAN CREELEY, Ed.S., Northeastern Alumnus and Faculty
- FIRST AID** Free
Recognized American Red Cross course. Successful completion entitles participant to standard First Aid card.
6 weeks, Tuesday (2/6-3/13) 7:00 - 9:30 P.M.
Teacher: MARY SUSONG, B.A., Northeastern Alumnus and Staff
- JOGGING FOR FITNESS AND WEIGHT CONTROL** \$20
Basic guidelines for jogging. Graduated jogging activity to achieve a personal conditioning program.
6 weeks, Saturday (2/10-3/17) 10:00 - 11:00 A.M.
Teacher: KATHLEEN GETCH, M.A.
- KARATE (BEGINNING)** \$25
Learn the art of self-defense.
6 weeks, Saturday (2/10-3/17) 9:00 - 10:30 A.M.
Teacher: GARY BANGERT, B.S., First degree black belt
- KARATE (ADVANCED)** \$25
Advanced martial art; self-defense techniques.
6 weeks, Saturday (2/10-3/17) 10:30 A.M. - 12:00 Noon
Teacher: GARY BANGERT, B.S., First degree black belt
- LAMA KUNG FU (BEGINNING)** \$30
Basic self-defense through the Chinese art of Kung Fu.
Sec. 1: 8 weeks, Saturday (2/10-3/31) 9:00 - 10:30 A.M.
Sec. 2: 8 weeks, Monday (2/5-4/2) 1:00 - 2:00 P.M.
Teacher: JACK SODERBERG



*Discipline
your body
and mind
through the
art of
Lama Kung Fu.*

- LAMA KUNG FU (ADVANCED)** \$30
Prior experience in Lama Kung Fu required.
6 weeks, Saturday (2/10-3/17) 10:30 A.M. - 12:00 Noon
Teacher: JACK SODERBERG
- SWIMMING (INTERMEDIATE)** \$25
Improve your endurance and strokes.
6 weeks, Thursday (2/10-3/17) 6:45 - 8:00 P.M.
Teacher: DAN CREELEY, Ed.S., Northeastern Alumnus and Faculty



*Different strokes for different folks.
Learn swimming basics.*

- TAI CHI CHUAN** \$20
Advanced marshal art techniques will be taught. People with the will to discipline themselves need only apply. This is the highest level internal system of Chinese origin.
6 weeks, Wednesday (2/17-3/24) 8:00 - 9:00 A.M.
Teacher: GARY LUNDGREN
- WEIGHT LOSS** \$25
Shape up! Tips on exercise, nutrition, and diet.
8 weeks, Saturday (2/3-3/24) 9:00 - 10:00 A.M.
Teacher: SUK HYUN KIM, M.S.
- **INTERPERSONAL COMMUNICATION**
- COMMUNICATION BETWEEN THE SEXES** \$25
Interpersonal skills for improved relationships for the married, unmarried, and completely unattached.
8 weeks, Thursday (2/8-3/29) 1:00 - 2:00 P.M.
Teacher: JOYCE FLORY, Ph'D., Northeastern Faculty
- DISSATISFIED?** \$20
A structural examination of our experiences. Experiments in making changes and exercises for developing attention.
6 weeks, Saturday (2/10-3/17) 10:30 - 11:30 A.M.
Teacher: BARBARA JUNE KOPPEL
- ENJOY BEING SINGLE** \$20
Learn to like yourself as a single; how to meet others, have fun, and discover your strengths.
1 day, Saturday (3/31) 8:00 A.M. - 1:00 P.M.
Teacher: SHEILA KIMMEL, M.A.
- INTRODUCTION TO SMALL GROUP PROCESSES** \$20
An introduction to group dynamics. Emphasis on communication skills and the process of learning and relating in groups.
3 weeks, Friday (2/9-2/23) 7:00 - 9:00 P.M.
Teachers: JUDITH HAZELL, M.A. and CLIVE HAZEL, M.S.
- NORMAL EARLY DEVELOPMENT OF INFANTS AND PARENTS** \$40
Lecture and group discussions about the normal infant development and the relationships between mother, father, and infant. Registration limited to couples with first child between the ages of birth and one year.
6 weeks, Saturday (2/17-3/31) 10:30 A.M. - 12:00 Noon
Teacher: CAROL KANTER, M.A. per couple

PERSONAL POWER \$20

Learn to exercise your personal power at work, home, or at social gatherings without seeming too pushy or threatening.

1 day, Saturday (3/10) 8:00 A.M. - 1:00 P.M.
Teacher: SHEILA KIMMEL, M.A.

SINGLES \$25

A course for singles and others; to help strengthen the positive aspects and extinguish the negative ones.

6 weeks, Friday (2/9-3/16) 7:00 - 8:30 P.M.

Teacher: MARION HOLTZER, M.A.

SYSTEMATIC TRAINING FOR EFFECTIVE S.T.E.P. PARENTING \$35

Course suggests ways of dealing with many typical child-training problems. (Parent handbook-cost \$3.50)

10 weeks, Thursday (2/8-4/12) 7:00 - 9:00 P.M.

Teacher: ROBERTA CHAPMAN, M.A., Northeastern Alumna

WINNING AS A COUPLE \$20

Emphasis on dyadic relationships. Learn to freely express honest emotions in your relationship without fear or embarrassment.

1 day, Saturday (3/24) 8:00 A.M. - 1:00 P.M.

Teacher: SHEILA KIMMEL, M.A.

● **JUDAIC CUSTOMS AND TRADITIONS**

JEWISH CALENDAR, CUSTOMS, AND CEREMONIES \$25

Emphasis on the Jewish holidays and their historical and agricultural background.

8 weeks, Tuesday (2/6-3/27) 1:00 - 2:00 P.M.

Teacher: MITZI MOZAK

THE JEWISH SYNAGOGUE AND PRAYER CONCEPTS \$25

A study of the origins of the synagogue and the Hebrew prayerbook.

8 weeks, Thursday (2/8-3/29) 1:00 - 2:00 P.M.

Teacher: MITZI MOZAK

● **LAW AND THE LAYMAN**

LIVING LAW IN TODAY'S SOCIETY \$30

Discussion of the role of law in our daily lives.

Latest developments concerning constitutional rights.

10 weeks, Wednesday (2/9-4/13) 7:00 - 8:00 P.M.

Teacher: YALE STEIN, LL.B., J.D., M.P.L.

● **LITERARY AND PERFORMING ARTS**

POETRY: WRITING AS A PERSONAL EXPRESSION \$20

Styles and interesting topics to help define and express one's own experience and perceptions.

Small class with personal instruction.

6 weeks, Saturday (2/12-3/19) 10:00 - 11:00 A.M.

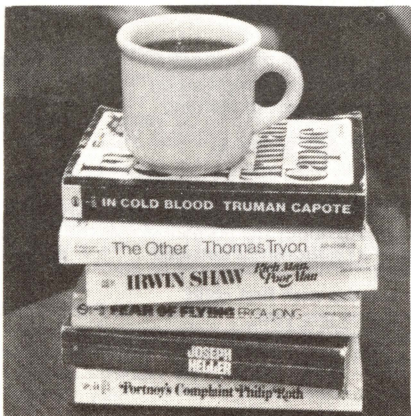
Teacher: SARAH ROLLER, B.A.

PAPERBACKS AND COFFEE \$35

Evening discussions on popular paperbacks by authors such as Atwood, Drabble, Hellman, Jong, and Kosinski.

8 weeks, Monday (2/7-4/28) 7:30 - 9:30 P.M.

Teacher: ALLEN SCHWARTZ, M.A.



Broaden your horizons through creative discussion on current paperbacks.

THE PUBLICITY GAME \$25

Explore the who, what, why, where, and when of the publicity world.

8 weeks, Thursday (2/10-3/30) 1:00 - 2:00 P.M.

Teacher: SHIRLEY HARRIS, B. Mus.

TERM PAPER WRITING \$30

Basic analytical, grammatical, and organizational skills for effective writing.

8 weeks, Saturday (2/12-4/2) 10:00 - 11:30 A.M.

Teacher: JUDITH MOTYKA, B.S.

EXPLORING SEX ROLES THROUGH CHILDREN'S LITERATURE \$25

Learn to utilize specific criteria to identify sexism in children's literature and to become acquainted with superior non-sexist literature.

4 weeks, Wednesday (2/7-2/28) 7:00 - 9:00 P.M.

Teacher: SANDRA STEYER, Ph.D.

● **MUSIC**

BAND (CONCERT) \$15

Concert band instrumentation. Large variety of music performed. All performers invited.

8 weeks, Monday (1/22-3/19) 7:15 - 9:15 P.M.

Teacher: ED GANGWARE, Ph.D.

GUITAR (BEGINNING-FOLK) \$30

Fun and easy way to learn the guitar. Students will need their own guitars.

Sec. 1: 8 weeks, Thursday (2/8-3/29) 6:30 - 8:00 P.M.

Sec. 2: 8 weeks, Saturday (2/10-3/31) 9:30 - 11:00 A.M.

Sec. 3: 8 weeks, Saturday (2/10-3/31) 11:00 A.M. - 12:30 P.M.

Teacher: AVIVA MAY, A.A.



Express yourself through music; learn to play the guitar.

INTRODUCTION TO OPERA \$25

Musical and dramatic analysis of opera throughout history.

8 weeks, Wednesday (2/7-3/28) 7:00 - 8:00 P.M.

Teacher: MARK GREENFIELD, B.A., Northeastern Alumnus

STUDIES OF DIFFERENT COMPOSERS \$25

Course will cover the lives and music of various composers.

8 weeks, Wednesday (2/7-3/28) 8:00 - 9:00 P.M.

Teacher: MARK GREENFIELD, B.A., Northeastern Alumnus

● **NUTRITION**

EVERYONE(!) CAN BE BEAUTIFUL \$25
 Clear complexion; soft, creamy, smooth skin; silky, alive hair; bright eyes. Disco Perfect!
 8 weeks, Wednesday (2/7-3/28) 8:30 - 9:30 P.M.
 Teacher: PAUL J. SADOFSKY, B.A.

EXECUTIVE FITNESS \$25
 How to keep your energy up.
 8 weeks, Friday (2/9-3/30) 7:00 - 8:00 P.M.
 Teacher: PAUL J. SADOFSKY, B.A.

HOW TO EAT AND STILL STAY SLIM \$25
 Alternatives to junk foods and food additives.
 6 weeks, Saturday (2/10-3/17) 10:00 - 11:00 A.M.
 Teacher: PAUL J. SADOFSKY, B.A.

● **PARAPSYCHOLOGY**

ASTROLOGY (BASIC) \$35
 Introduction to astrology as a philosophy. Student will cast and interpret their own natal horoscope.
 8 weeks, Saturdays (2/10-3/31) 10:00 A.M. - 12:00 Noon
 Teacher: LINDA HODSHIRE

BIO-RHYTHMS \$20
 Learn to make and interpret bio-rhythm charts.
 6 weeks, Saturdays (2/10-3/17) 11:00 A.M. - 12:00 Noon
 Teacher: CHRISTINE CHAMBERS

HANDWRITING ANALYSIS \$25
 Study handwriting strokes to determine characteristics and personality of the writer.
 6 weeks, Wednesdays (2/14-3/21) 7:30 - 9:00 P.M.
 Teacher: MARIE P. GERAGE

WITCHCRAFT AND MODERN SOCIETY \$25
 Course explaining how past beliefs in witchcraft continue to affect society today.
 8 weeks, Saturdays (2/10-3/31) 9:00 - 10:00 A.M.
 Teacher: JUDITH ROSS, Ph.D.

● **PROFIT-MAKING IDEAS**

THE ART OF JUNKING \$15
 Like bargain hunting? Try garage sales and auctions. You can have a fun day, spend little and get much if you know where to go, when, and how to shop for value.
 Sec. 1: 1 Day, Saturday (2/10) 9:30 A.M. - 12:30 P.M.
 Sec. 2: 1 Day, Friday (2/16) 6:00 - 9:00 P.M.
 Sec. 3: 1 Day, Saturday (2/24) 9:30 A.M. - 12:30 P.M.
 Teacher: CONNIE COLEMAN, B.A.

HOW TO GET THE JOB YOU WANT IN 30 DAYS \$30
 Learn the psychology for making employers want you, how to get and conduct an interview, and why most job-hunting advice is not sound.
 8 weeks, Tuesday (2/6-3/27) 8:30 - 10:00 P.M.
 Teacher: NEIL ELLIOTT, M.A., M.B.A.

HOW TO START A SMALL BUSINESS \$25
 An overview of the planning and organizing of a profit-making venture with complete coverage of the financial, managerial, personnel, and service/product components.
 8 weeks, Thursday (2/8-3/29) 8:00 - 9:00 P.M.
 Teacher: BEN J. ROSENTHAL, LL.B.

HOW TO START WINNING \$20
 Theories and principles of positive living applied to actual problems. Put your life on automatic pilot and fly! Say goodbye to poverty consciousness.
 6 weeks, Wednesday (2/7-3/14) 8:30 - 9:30 P.M.
 Teacher: MARVIN KATZ, Ph.D.

LANDLORDING \$35
 Course focus is on selecting and managing real estate investments including tenants, leases, setting rents, and profitable resale.
 Sec. 1: 8 weeks, Saturday (2/10-3/31) 9:00 - 11:00 A.M.
 Sec. 2: 8 weeks, Saturday (2/10-3/31) 11:00 A.M. - 1:00 P.M.
 Teacher: NEIL ELLIOTT, M.A., M.B.A.

RIGHT WAY TO WRITE AND SELL SHORT STORIES AND ARTICLES \$20
 How to sell in the world of writing.
 4 weeks, Monday (2/5-3/26) 8:00 - 9:30 A.M.
 Teacher: BIRDIE STALLMAN, Northeastern Community Listener

● **PSYCHOLOGY**

THE ABNORMAL PERSONALITY THROUGH LITERATURE-PART II \$35
 A review of various personality disorders; neuroses, character disorders, etc. A view of how these disorders have been treated in world literature.
 10 weeks, Thursday (2/8-4/12) 8:30 - 10:00 P.M.
 Teacher: MARTIN FRIEDMAN, M.A.

DIVORCE \$25
 Practical advice on how to deal with the difficulties resulting from divorce.
 6 weeks, Thursday (2/8-3/15) 8:00 - 9:30 P.M.
 Teacher: GAYLE KARCHMAR, M.A., Northeastern Alumna

EFFECTIVE PARENTING \$25
 Mini-lectures, discussions, and skilled training in effective parenting.
 8 weeks, Thursday (2/8-3/29) 1:00 - 2:00 P.M.
 Teacher: LILLIAN PERLMAN, B.A.

FRUSTRATION: THE POTENTIAL TIME BOMB \$20
 'Keep cool when things get hot.' Designed for those who would like to decrease frustration and increase tolerance.
 6 weeks, Saturday (2/10-3/17) 12:00 - 1:00 P.M.
 Teacher: MARVIN KATZ, Ph.D.

INTERGENERATIONAL COMMUNICATIONS WORKSHOP I \$25
 Intensive group experience exploring the agelessness of meaning, our uniqueness, and commonality.
 8 weeks, Thursday (2/8-3/29) 8:00 - 9:00 P.M.
 Teacher: MIGNON EISENBERG, M.A.

INTERGENERATIONAL WORKSHOP II \$25
 The generation gap and the boomerang of emotional cutoff cultivating our ability to cope and transcend.
 8 weeks, Thursday (2/8-3/29) 9:00 - 10:00 P.M.
 Teacher: MIGNON EISENBERG, M.A.

MOODS AND YOU \$25
 Course will deal with boredom, loneliness, anger, stress, autonomy, ambivalence, joy, and wonder.
 6 weeks, Saturday (2/10-3/17) 9:30 - 11:00 A.M.
 Teacher: DONNA SIMMONS, B.A.

SELF-HYPNOSIS FOR MIND/BODY HEALTH \$25
 Learn to relax and deal with stress and anxiety.
 Sec. 1: 6 weeks, Monday (2/5-3/19) 7:00 - 8:30 P.M.
 Sec. 2: 6 weeks, Monday (3/26-4/30) 7:00 - 8:30 P.M.
 Teacher: LEE SCHAEFER, B.A., Northeastern Alumna

SELF-HYPNOSIS FOR WEIGHT CONTROL \$25
 Anyone can learn to use the power of the mind plus good nutrition to lose weight.
 6 weeks, Monday (2/5-3/19) 8:30 - 10:00 P.M.
 Teacher: LEE SCHAEFER, B.A., Northeastern Alumna

SELF-HYPNOSIS TO QUIT SMOKING \$25
 Anyone can learn to use the power of the mind to stop smoking.
 6 weeks, Monday (2/5-3/19) 8:30 - 10:00 P.M.
 Teacher: LEE SCHAEFER, B.A., Northeastern Alumna

YOGO AND MEDITATION FOR EVERYDAY LIFE \$25
 Explores the techniques of yoga for an expanded consciousness and true relaxation.
 8 weeks, Wednesday (2/7-3/28) 7:30 - 8:30 P.M.
 Teacher: BEN PERIASWAMY, Ph.D.

● **REAL ESTATE**

THE PRACTICAL ASPECTS OF REAL ESTATE SALES \$25
 Nine innings to successful sales. Includes procuring listings, handling of purchases, negotiations, financing, preparation for closing.
 8 weeks, Thursday (2/8-3/29) 9:00 - 10:00 P.M.
 Teacher: BEN J. ROSENTHAL, Licensed Real Estate Broker

BASIC REAL ESTATE PRINCIPLES

Fundamentals of real estate ownership. This course does not meet the requirement for the Illinois exam.
 Sec. 1: 6 weeks, Saturday (2/10-3/17) 9:30 - 10:30 A.M.
 Sec. 2: 6 weeks, Saturday (2/10-3/17) 10:30 - 11:30 A.M.
 Teacher: EARL GOLDMAN, M.A., Northeastern Alumnus

\$20**● SOCIAL STUDIES****THE CIVIL WAR AND THE STATE OF ILLINOIS**

Civil War Illinois as experienced through authentic documents, photos, and memorabilia.
 5 weeks, Saturday (2/10-3/10) 11:00 A.M. - 12:00 Noon
 Teacher: ROBERT PAPROCKI, B.A., Northeastern Alumnus

\$20**THE U.S. - WE'RE ALL IN IT TOGETHER**

The development of our systems of government and it's effect to our daily lives.
 6 weeks, Saturday (2/10-3/17) 10:45 - 11:45 A.M.
 Teacher: EARL GOLDMAN, M.A., Northeastern Alumnus

\$20**● SPECIAL INTERESTS****AUTO-MECHANICS (BASIC)**

Basic auto parts; how they operate, systems discussed electrical engine, brakes, cooling system, and transmissions.
 5 weeks, Thursdays (2/8-3/8) 7:00 - 10:00 P.M.
 Teacher: FRED MOSS, M.Ed.

\$35**CLOWNOLOGY I**

What is a clown? Learn through make-up application, costumes, and skits. (Clown make-up kit approximately \$20)
 4 weeks, Monday (2/19-3/12) 7:00 - 10:00 P.M.
 Teacher: BOB GRAF, "KUM KWAT" the Clown

\$30**CLOWNOLOGY II**

Learn how to relate to children and adults. Personalized costumes, advanced stunts, and pie throwing.
 4 weeks, Monday (3/19-4/9) 7:00 - 10:00 P.M.
 Teacher: BOB GRAF, "KUM KWAT" the Clown

\$30**COLOR COORDINATION AND ACCESSORIES FOR THE BATH AND KITCHEN**

Learn how to color coordinate and accessorize your bath and kitchen, wallpaper, tile techniques, florals, and pictures to blend with your decor.
 6 weeks, Thursday (2/1-3/8) 7:00 - 8:00 P.M.
 Teacher: ALYCE NASATIR

\$20**EXCITING WORLD OF COLLECTOR'S CARS**

Six part lecture series designated as an introductory awareness program exploring the fun of collecting cars.
 6 weeks, Thursday (2/8-3/15) 8:30 - 10:00 P.M.
 Teacher: PAUL TERHORST

\$25**FILM MUSICALS OF THE 30'S AND 40'S**

Study of musicals from 1929-1951, through clips, trailers, and concepts.
 8 weeks, Friday (2/9-3/30) 6:00 - 7:30 P.M.
 Teacher: JOE SAVAGE, B.A.

\$30**HOME MAINTENANCE**

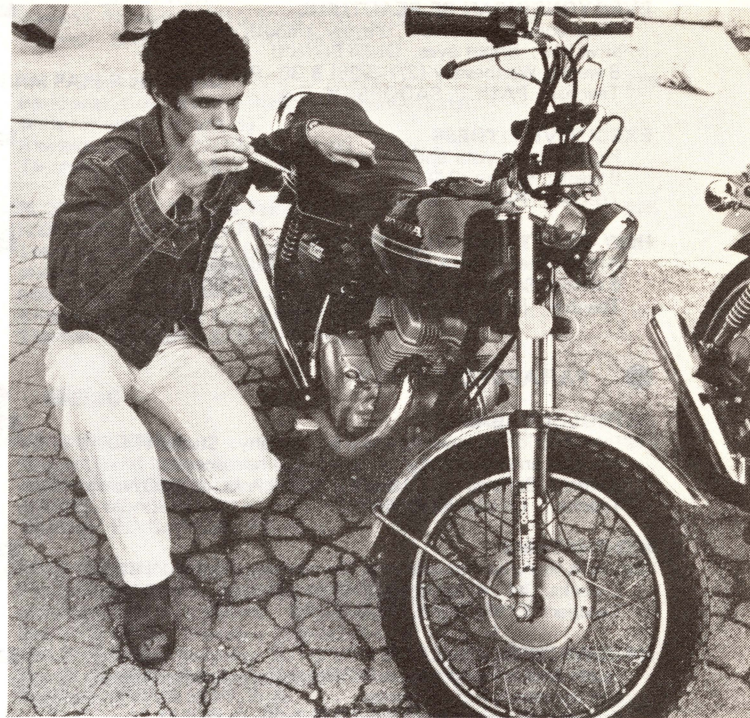
Covers minor electrical, plumbing, appliance repairs, carpentry, home insulation, and other select topics.
 6 weeks, Tuesday (2/6-3/13) 7:00 - 9:00 P.M.
 Teacher: CHARLES SHABICA, Ph.D., Northeastern Faculty

\$30**LEARN MODEL'S BEAUTY SECRETS**

Learn the fundamentals of enhancing your natural beauty through simple techniques.
 9 weeks, Saturday (2/10-4/7)
 Teacher: DIANA OVERTON, Professional model

\$35**MOTORCYCLE MECHANICS**

Basic course for motorcycle maintenance.
 8 weeks, Wednesday (2/9-3/30) 7:00 - 9:00 P.M.
 Teacher: PAT BEAL

\$35

Keep your motor running! Take Motorcycle Mechanics.

SIGN LANGUAGE (BEGINNING)

Learning basic communication skills in finger spelling and sign language.
 8 weeks, Saturday (2/3-3/24) 10:00 - 11:30 A.M.
 Teacher: SUZANNE MARN

\$30**TIMESWISE BAKING**

Will cover demonstrations of bread and dough making, using both hand and food processor methods. Demonstrate kneading processing and shape processes.
 6 weeks, Saturdays (2/10-3/17) 9:30 - 10:30 A.M.
 Teacher: MARIE DE RISFEWSKI

\$20**USING TELESCOPES**

A practical course for persons who want to learn how to use a telescope and understand its design.
 9 weeks, Monday (2/5-4/9) 8:30 - 10:00 P.M.
 Teacher: WALTER PIORKOWSKI

\$35**● TRAVEL****STUDY TOUR OF WESTERN EUROPE: PLANNING COURSE**

Study of the art, literature, and history of England, France, and Italy. Emphasis on preparation for an actual tour of these countries to be conducted by the teachers in the spring.
 10 weeks, Tuesday (2/13-4/17) 7:30 - 9:00 P.M.
 Teacher: SHANNON HACKETT

\$35

FACULTY AND STAFF NOTES

Dr. Allen Anderson, music department, recently presented a program of piano music by Haydn, Chopin, and Schubert in the new cultural center of the Chicago Public Library.

Two Northeastern faculty members from the speech and performing arts department presented papers at the national meeting of Speech Communication of America. **Dr. Bernard Brommel's** paper was entitled, "A Critical Analysis of Methods of Communication in Family Groups."

Dr. Joyce Flory spoke on "Applying Standards of Nontraditional Degree Programs to Forensics."

Mr. Don Bulucos, art department, was one of thirteen artists invited to exhibit his works in the Illinois Artists '78 Drawing Invitational at Illinois State University in Normal.

Dr. Roger Charlier, earth science department, was recently elected chairperson of the Working Group for the Third World Nations Training Program in Ocean Exploitation. This past year, he presented lectures on oceanography in England, France, Germany, and Spain. In June, he testified on tidal power potential before the United States House Committee on Oceanography in Washington, D. C.

The new dean of the College of Arts and Sciences is **Dr. Frank Dobbs**. Formerly, Dr. Dobbs was the chairperson of the chemistry department and, most recently, served as the acting dean of the college.

Dr. Mary Anne Fowler, elementary education department, recently presented a paper on "Place Value," at the annual meeting of the National Council of Teachers of Mathematics in San Diego.

"Someone You Should Know," a regular feature on the WBBM-TV weekend newscast, was recently devoted to **Mrs. Marjorie Jennings**, physical education department. The story concentrated on Mrs. Jennings' involvement with the motorcycle safety program, headquartered on campus. Through her efforts, Northeastern was awarded a grant by the Department of Transportation to coordinate a motorcycle safety education program for Cook County. The initial program was so successful that it has been refunded for the coming year.

Chairperson of the Board of the National Conference of Black Lawyers Community College of Law is **Dr. Charles Knox**, criminal justice department. Dr. Knox is also the moderator of the Community Law Forum, a legal educational program aimed at demystifying the law and simplifying the complex and confusing legal jargon using mass media dissemination.

Fort Hays State University in Kansas has awarded **Mr. Dennis Mitchell**, art department, its Young Alumnus Award. This award is presented annually to those graduates from Fort Hays who have achieved professional distinction since their graduation.

Dr. Edward A. Robinson, secondary education department, is the author of an article entitled, "Afro-American Drama in Education: An Instructional Strategy," that recently appeared in the *Journal of the North Carolina English Teachers Association*. His review of "The Image of Pluralism in American Literature," appeared in the *Journal of the Association for Childhood Education International*.

President Emeritus, **Dr. Jerome Sachs**, is vice-president for Academic Affairs at the newly created American School of Management, located in Park Forest South, Illinois. The American School of Management is a private, non-profit institution of higher education that will exclusively prepare doctoral degree students for business administration, management, health administration, and public administration. It is already authorized to operate and confer degrees in

Wisconsin and has been accepted as an applicant for recognized candidate status by the North Central Association, the regional accreditation agency.

"How Big is Big Government," an article by **Dr. Zahid Shariff**, political science department, was published in *Social Policy*, Volume 8. He also served as the convener of a panel, "Evaluating Public Policy for Equity, Consistency, and Compliance," at the Annual Conference of the American Society for Public Administration in Phoenix, Arizona.

Ms. Mary Stoppert, art department, has been awarded the John G. Curtis Award for a drawing she recently exhibited at the 77th Artists of Chicago and Vicinity Show at the Art Institute of Chicago. Ms. Stoppert's work was selected from over 2,000 entries.

FACULTY/STAFF PUBLICATIONS

The following books have recently been published by Northeastern faculty members:

Eugene V. Debs, Spokesman for Labor and Socialism, written by Dr. Bernard J. Brommel, speech and performing arts department, published by Charles H. Kerr Publishing Company.
Slavery of Sex: Feminist - Abolitionists in America, written by Dr. Blanche Hersh, women's studies department, published by the University of Illinois Press.

MORE GRANTS

- Two instructional equipment grants from the United States Office of Education have been awarded to Northeastern.

The Human Performance Laboratory, under the direction of Dr. George Lesmes, physical education, was the recipient of an \$11,895 grant, an amount which was equally matched by the university. The grant is to be used for facilities and equipment for two new courses in the cardiac rehabilitation program, exercise physiology and scientific principles of training. The new equipment -- a treadmill, a three-channel electrocardiogram monitor, a respiratory valve, and vacuum pumps -- will allow students to learn the techniques and parameters involved in cardiovascular testing. It will prepare them for advanced studies and independent research in the field of Exercise Physiology/ Cardiac Rehabilitation.

A matching grant of \$9,585 has been received by the Department of Learning Services, under the direction of Dr. Ron Siefert. The grant is to be used for camera and switching equipment to modernize and maintain our closed circuit television production capabilities. Auxiliary equipment and materials will be joined with existing, functioning components to provide laboratory facilities to students in television and instructional media courses. Our closed circuit direct instruction capability will be revitalized so that faculty may continue to plan with the learning services staff without concern about failing equipment. Media utilization at Northeastern has always been exceptional, and with the planned revitalization and modernization of our facilities, it seems sure that support for media services will continue.

- The Criminal Justice Program received \$6,532 from the Chicago Alliance of Business Manpower Services for an On-The-Job Training Program. The grant will be used to hire a Legal Field Coordinator, who will be trained in seminar organization and management, counseling the university student, media utilization, selection utilization and evaluation, group dynamics, and organization of research.

McDonald's Foundation contributed \$600 for educational materials for incarcerated students taking criminal justice courses at Cook County Jail. Dr. Ron Glick is the director of this program.

ALL IN THE FAMILY

This column is dedicated to all graduates of Northeastern. If you have "news" that you would like to share with your fellow alums, please write to:

Office of Alumni Affairs
Northeastern Illinois University
5500 N. St. Louis Avenue
Chicago, Illinois 60625

1964

Marlene Roth (August, B.A./Education) recently joined the staff at Quinlan and Tyson, Inc., Realtors.

1966

A member of the math department at Sinclair Community College in Ohio is **Elayne Greenston** (August, B.A./Math, Education; December 1970, M.Ed./Education). Her specialty is in developmental studies. She has also designed and written material on the metric system that has been used in various math courses.

1967

Principal at Adlai Stevenson High School in Prairie View, Illinois is **Griff Powell** (December, B.A./Mathematics). He is currently enrolled in a doctorate program at Northern Illinois University in DeKalb.

1969

Raymond Gunn (August, B.S./Biology, Education) has been named principal of Iroquois Junior High School in Des Plaines, Illinois.

Currently enrolled at the University of Chicago is **Marilyn Wallen Hubek** (August, B.A./Psychology). Marilyn is working on a Master of Social Work degree.

Northern Illinois University, DeKalb, recently awarded an Ed.D. degree in educational administration to **James J. Kucienski** (April, M.A./Counselor Education). He is the director of Pupil Services for School District 28 in Northbrook, Illinois.

Since 1969, **Esther Levun** (April, B.A./Early Childhood Education) has served as a financial aid advisor at Northeastern.

Elaine Prag (April, M.A./Guidance and Counseling) is a reading clinician at Sullivan High School in Chicago.

Joining the staff at Baird and Warner Real Estate in Skokie, Illinois, is **Alice Warren** (December, B.A./Early Childhood Education). Before joining Baird and Warner, Alice was a kindergarten-primary teacher.

1970

Working on a physical therapy degree is **Donna Yum Masukawa** (December, B.A./Physical Education). Previously, Donna was a service worker with the Illinois Department of Public Aid.

President-elect of the Illinois Association of College Admission Counselors is **Lois C. Mazzuca** (December, M.A./Counselor Education). Recently selected for the 1978-79 edition of *Who's Who in the Midwest*, Lois is a college consultant for Northwest Suburban High School, District 214.

Residents of Minnesota are **Michael McDaniel** (August, B.A./Mathematics) and his wife, **Maureen** (December 1974, B.S./Biology). Michael is a marketing assistant at the corporate headquarters of General Mills, Inc. Recipient of a G.D. Searle Fellowship, Maureen received her M.S. degree

in technical writing from Illinois Institute of Technology. She is currently a standards analyst for the First Computer Corporation of St. Paul.

An article by **Alex Molnar** (April, M.A./History) appeared in the August issue of *Instructor Magazine*.

Included in the permanent collection of the Brooklyn Museum and Delaware Museum of Art are prints by **Madeline Poster** (December, B.A./Art, Education). Madeline received her Master of Fine Arts degree from Pratt Institute.

Irene Repa (April, B.A./Psychology) is the director of the Investigation Division of the Illinois Fair Employment Practices Commission.

1971

Phyllis Henry (August, B.A./History; August 1976, M.A./History) is a teacher at Richards Vocational High School in Chicago and is also pursuing a masters degree in social science.

Pat Mielecki (August, M.A./Counselor Education) played the part of Eunice in the recent Park Ridge (Illinois) Players' production of "A Streetcar Named Desire." Pat teaches bilingual education at Drummond School in Chicago.

William J. Spreitzer (December, B.A./Economics) is a sales representative with the Jack Daniels Distillery.

Vice-president for administration at Malcolm X. College in Chicago is **Paul Vega** (August, M.A./Inner City Studies).

1972

Richard Arons (April, B.A./Psychology) is a counselor with the Department of Human Services Crisis Intervention Program in Chicago.

A Doctor of Dental Science degree from the University of Illinois was recently awarded to **Gloria Heins Bullock** (April, B.S./Natural Sciences, Education). Prior to attending dental school, Gloria taught for two years at Chute Middle School in Evanston.

A participant in a program sponsored by the President's Committee for the Employment of the Handicapped in Washington D.C. was **Virginia Frank** (April, B.A./Psychology). Virginia also served as a reviewer for the handicapped children's program branch of the Bureau of Education.

Edward Kurtzman (December, B.A./General Social Studies, Education) has been appointed sales associate for Lieberman, Inc., realtors in Buffalo Grove, Illinois.

The Rebel Witch a book by **Jack Lovejoy** (April, M.A./Geography) has been published by Lothrop, Lee, and Shepard. A sequel, *The Ring of the Animals*, is scheduled to be published this spring. In addition to publishing several articles and poems in various publications, Jack has completed a master's degree in history at the University of Illinois - Circle Campus and is currently working on his doctorate in geography at the University of Chicago.

Lee Mishkin (August, B.A./Earth Science; December 1973, M.A.T./Earth Science) is currently teaching earth science, physical science, and general science at Benito Juarez High School in Chicago's Pilsen community.

1973

Joseph Danielewicz (April, B.A./Psychology) is a member of the Corporate Systems Department at Motorola Incorporated in Schaumburg, Illinois. Before joining Motorola, Joseph was with the Programming Department at Bankers Life and Casualty Company.

Earl Goldman (December, M.A./Political Science) has established his own real estate office, Earl H. Goldman and Associates in Chicago.

Beginning his sixth year of teaching at Adams Junior High School in Schaumburg, Illinois, is **Jeffrey Jedd** (April, B.A./English, Education). Jeffrey also coaches the girl's basketball team and is the sponsor for the student council.

The Illinois College of Podiatric Medicine has awarded **Joel Spatt** (April, B.A./Psychology) a Doctor of Podiatric Medicine degree. Joel recently entered a podiatric residency program at Forkosh Hospital.

A financial analyst for the Northeastern Illinois Regional Transportation Authority, **Miguel Valdivieso** (December, B.A./Economics) has been nominated a Jaycee Outstanding Young Man of America for 1978.

Anna Voeks (August, B.S./Chemistry; August 1976, M.S./Chemistry) is a chemist with the New Brunswick Laboratory, United States Department of Energy at Argonne National Laboratory.

1974

Christine Anderson (April, B.A./Education) has been re-elected to serve on the Oakton Community College Board of Trustees. Tina recently received her master's degree in educational administration from Northwestern University in Evanston.

A law degree has been awarded to **Joseph I. Cronin** (April, B.A./Board of Governors) by John Marshall Law School in Chicago. He is currently with the Cook County Public Defender's Office.

William Dee (April, B.A./Geography) has received a master's degree from Western Michigan University.

An instructor of student development at Oakton Community College is **Gale Grossman** (April, M.A./Counselor Education).

Maryann Harris (December, B.S./Biology) is an instructor in medical physiology and microbiology at the Chicago National College of Naprapathy. She is also a part-time instructor in anatomy and physiology at Triton College.

A second year student at the Illinois College of Podiatric Medicine in Chicago is **Martin Marks** (August, B.A./Psychology).

1975

Michael Connolly (August, B.A./Special Education) recently completed a master's degree in education. He is currently teaching severely behaviorally disordered students at P.R.O.V.E. High School in Northlake, Illinois.

Joycelynn Droszd (August, B.A./Special Education) is a teacher at South Chicago Parents and Friends of Retarded Children.

Isabelle Hall (April, B.S./Chemistry) is pursuing a Master of Management degree at Northwestern University in Evanston, Illinois.

Sales manager for Metropolitan Life Insurance Company is **James Klatter** (April, B.A./Math).

Donald Kmiecik (April, B.A./Physical Education) is the director of the Village Recreation Department in Elmwood Park, Illinois.

"Port of Entry," an article by **Marcie Kolton** (December, M.A./Special Education) appeared in *Instructor Magazine* this past spring.

Phyllis Payese (December, B.A./Art) is the art director for Omega Studios in Chicago.

Dorothy Pierce (August, B.A./Special Education) is working on a master's degree in reading and also teaches emotionally disturbed high school students.

Working on a master's degree at DePaul University in Chicago is **Christine Zajczenko** (April, B.A./English). She is a member of the Kaplan and Associates Real Estate staff and also works in the marketing department of an insurance agency.

1976

Barbara Shooster Kaplan (August, B.A./Board of Governors) is pursuing a Master of Social Work degree at Loyola University in Chicago.

Returning to Northeastern is **Gayle Freeman Karchmar** (April, M.A./Counselor Education), who will teach a course on children of divorce through Mini-U.

Roosevelt University recently appointed **Adrienne Swerdlik** (December, B.A./Special Education) administrative assistant for Sattalite Campuses. She is also working on a master's degree in vocational counseling and school guidance.

1977

Sue Bichel (December, B.A./Physical Education) is teaching physical education, kindergarten through fifth grade at Washington Elementary School in Schiller Park, Illinois.

An instructor-training specialist for the City Colleges of Chicago, Urban Skills Institute is **Paul Frizane** (April, B.A./Psychology). Paul works with the adult learning skills program at Truman College in Chicago, and is also an instructor of English in Downers Grove, Illinois.

Assistant principal and adjustment teacher at Hawthorne School in Chicago is **Frederick W. Glure** (December, M.A./Counselor Education).

Rzonca Ruttendjie (April, M.A./Special Education) was the author of "This Principal Keeps Opening New Doors for Kids," an article which appeared in *Instructor Magazine* this past spring.

1978

John Nuebling (April, B.A./Physical Education) is a teacher at Holy Trinity High School. In addition to teaching physical education classes for freshmen and sophomores, John is also a varsity baseball coach.

Teaching junior and senior high school physical education courses at the Speed Alternate School is **Dan Ortega** (April, B.A./Physical Education).

ADDITION TO DOUBLE DEGREE CLUB

In addition to receiving a bachelor's degree from Northeastern, the following alumni were awarded a master's degree this past April:

Patricia Kalchbrenner Fritz, M.A., Guidance and Counseling - Vocational (B.A./Board of Governors, December 1975)

Debra Ellen Kaminsky, M.A., Reading (B.A./Psychology and General Social Science, Education)

CLASS RING FOUND

To identify, please call the alumni office at 583-4050, extension 271, 272, or 273.

Calendar of Events

MUSIC DEPARTMENT CONCERT CALENDARS

The music department invites you to attend the following concerts and recitals which will be held during the winter trimester. They will be performed by faculty and students from Northeastern Illinois University, as well as guest artists.

Admission is free unless otherwise indicated.

- January 16 - Schubert Series*
Student Recital
Auditorium - 8:00 P.M.
- January 30 - Schubert Series*
Chamber Music Recital
Sylvie Koval, violin and guest artists
Auditorium - 8:00 P.M.
- February 1 - Faculty Voice Recital
Jennifer Ichinose, soprano with
William Schutt, piano
Recital Hall, A-131 - 8:00 P.M.
- February 6 - Student Recital
Bernadine Dziallo, flute
Richard Heinze, bassoon and voice
Auditorium - 8:00 P.M.
- February 13 - Faculty Recital
Aaron Horne, clarinet
with Allen Anderson, piano
Auditorium - 8:00 P.M.
- February 16 - Student Recital
Kevin Peterson, baritone
with Jane Kenas, piano
Auditorium - 7:30 P.M.
- February 22 - Symphonic Wind Ensemble
Edgar B. Gangware, director
Auditorium - 8:00 P.M.
- March 1 - Woodwind Chamber Recital
Aaron Horne, director
Recital Hall, A-131 - 1:00 P.M.
- March 6 - Percussion Ensemble Concert
Edgar B. Gangware, director
Auditorium - 1:00 P.M. and 8:00 P.M.
- March 13 - "The Cooper"
A One-Act Opera
Jennifer Ichinose, director
Recital Hall, A-131 - 1:00 P.M.
- March 15 - Faculty Recital
Harold Harmon, trumpet
with William Schutt, piano
Auditorium - 8:00 P.M.
- March 22 - Schubert Series*
Piano Recital
Allen Anderson, piano
Auditorium - 8:00 P.M.
- April 4 - Northeastern Illinois University
Band Concert
Edgar B. Gangware, director
Auditorium - 8:00 P.M.
- April 5 - Guest Artist Recital
Jane Kenas, soprano
with Allen Anderson, piano
Recital Hall, A-131 - 8:00 P.M.

- April 6 - Northeastern Illinois University
Chorus, Concert Choir, and
Chamber Orchestra
James Lucas, director
Program will feature Faure's "Requiem"
Auditorium - 8:00 P.M.
- April 11 - Northeastern Illinois University
Jazz Ensemble
Aaron Horne, director
Auditorium - 8:00 P.M.

*The series will feature the music of Franz Schubert in commemoration of the 150th anniversary of the composer's death.

ALL DATES AND PROGRAMS ARE SUBJECT TO CHANGE.

If you would like to be placed on the music department's mailing list or desire more specific information, please call 583-4050, extension 573.

ART GALLERY EXHIBITIONS

The North River Community Gallery, under the auspices of Northeastern Illinois University, is pleased to announce the following exhibitions:

JANET SCHWEIGER SCULPTURAL PIECES
January 12 through February 9, 1979
Opening January 12, 5:00 - 8:00 P.M.

NORTHEASTERN ILLINOIS UNIVERSITY
ART STUDENTS EXHIBITION
March 26 through April 18, 1979
Opening March 26, 5:00 - 8:00 P.M.

The gallery is located at 3307 W. Bryn Mawr Avenue.
Gallery Hours: 1:00 - 5:00 P.M., Monday through Friday
Telephone: 583-4050, extension 591 or 580.

ACTIVITIES CALENDARS AVAILABLE

Caleendars of activities, sponsored by the Commuter Center Activities Board (CCAB) are available through the alumni office. Films, concerts, and special events are listed on the caleendars.

A special discount for CCAB events is extended to all alumni who are active members of the Alumni Association. In order to take advantage of this discount, please present your current association membership card at the door.

CCAB caleendars are available through the alumni office at 583-4050, extension 272.

MEN'S VARSITY BASKETBALL SCHEDULE - 1979

January	6	Wright State	Dayton, OH	7:30 P.M.
January	9	George Williams	Northeastern	7:30 P.M.
January	12	Lewis	Northeastern	7:30 P.M.
January	13	Lake Forest	Northeastern	7:30 P.M.
January	19	St. Xavier	Northeastern	7:30 P.M.
January	23	St. Francis	Northeastern	7:30 P.M.
January	25	Illinois Institute of Technology	Northeastern	7:30 P.M.
January	30	Chicago State	Northeastern	7:30 P.M.
February	2	George Williams	Downers Grove, IL	7:30 P.M.
February	3	Loras	Dubuque, IA.	7:30 P.M.
February	6	Lewis	Lockport, IL.	7:30 P.M.
February	13	St. Xavier	Chicago, I.L.	7:30 P.M.
February	17	St. Francis	Joliet, IL.	8:30 P.M.
February	20	Illinois Institute of Technology	Chicago, I.L.	7:30 P.M.
February	23	Chicago State	Chicago, I.L.	7:30 P.M.
February	28	Grand Valley State	Allendale, MI.	7:30 P.M.

Coach: John Schultz

**INTERPRETERS THEATER
PRESENTS . . .**

"Four Pieces" by Edgar Allen Poe
Performances - January 11, 12, 13 at 7:30 P.M.

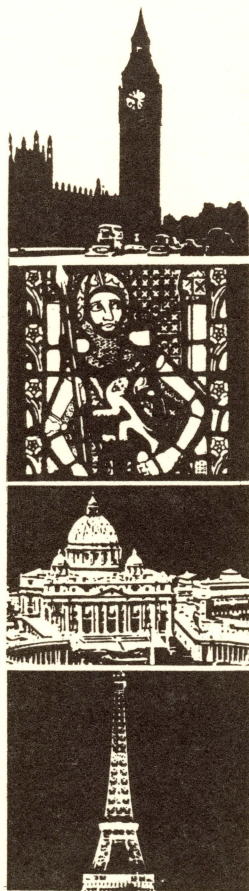
"The Decline and Fall of Practically Everybody"
by Will Cuppy
Auditions - January 24, 25 from 3:00 - 5:00 P.M.
(open to alumni)
Performances - March 8, 9, 10 at 7:30 P.M.

Auditions - March 21, 22 from 3:00 - 5:00 P.M.
(open to alumni)
Performances - May 10, 11, 12 at 7:30 P.M.

Student and Faculty Reading Hours
February 13 - 1:00 - 2:00 P.M.
April 10 - 1:00 - 2:00 P.M.

All performances will be held in Stage Center
(formerly the Little Theater)
in the Performing Arts Building.
Admission is free.

For information, please call 583-4050,
extension 529 or 536.



**STUDY-TOUR OF
Europe**



Alumni, students, and community members are invited to join Northeastern's spring study-tour of Europe so they won't say later, "Europe was great, but I wish someone had been there to explain what I was seeing."

Next May and June, Northeastern professors who know England, France, and Italy (like you know Chicago) will serve as escorts for a tour of Europe. They will make sure you get the most enjoyment and education possible by offering both credit and non-credit preparation courses on the art, literature, history, and culture of the countries you'll visit.

Your tour package will include airfare, all hotel accommodations, private deluxe motorcoach transfers, and other transportation, breakfasts and special dinners while en route. In addition to the services of faculty guides throughout, English-speaking guides will be present at several special sites.

For specific dates and prices for the study-tour, please call 583-4050, extension 8120 (english department) or extension 581 (art department), and leave your name, address, and daytime phone number.

**10TH ANNUAL GOVERNMENT CAREER
INFORMATION DAY**

TUESDAY, FEBRUARY 14, 1979

9:30 A.M. - 12:00 Noon
1:00 P.M. - 4:00 P.M.

In the Commuter Center

"I'D LIKE TO FIND OUT ABOUT CIVIL SERVICE JOBS."

This has been a request of many students and alumni who visit the Office of Career Services. Most people think there is some monolithic source of information about such jobs. The fact is that in order to learn about civil service employment, one must seek information from a wide variety of sources. Career services will have various informational sources present at the annual government Career Information Day.

The purpose of the program is to present information from local, state, and federal government offices. Representatives from these areas will not be actively recruiting but will be presenting information concerning various careers.

Representing the federal government will be a large number of United States agencies including the United States Civil Service Commission who will provide general information about registers and the PACE examination. Alumni and students interested in the biological, physical, and informational sciences should inquire about non-examination type registers for their job specialties.

Representatives from the state of Illinois, Cook County, city of Chicago, state universities, etc., will provide information about the type of jobs they list, procedures to be followed in order to be placed on lists/registers from which appointments are made, and pay schedules. Many agencies will be able to respond to questions about the availability of openings.

ADDITIONS TO

1977 - 78 HONOR ROLL OF DONORS

The following alumni and friends were inadvertently omitted from the "1977-78 Honor Roll of Donors" that appeared in the fall issue of **NEWS**. The honor roll is printed and distributed by the Northeastern Illinois University Foundation in appreciation for the support of our donors. We would like to take this opportunity to thank the following individuals for their gift during 1977-78:

CENTURY CLUB - Evangeline Fitzgerald

UNI CLUB - Janet McIntosh

ALUMNI - Roberta Chapman, Patricia Fleming, Jeanette Korun

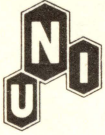
FACULTY/STAFF/FRIENDS - Concetta Coleman, Ed Vandervort, Theodore Fuchs, Stephen Fulkerson, Casey Gold, Carlos Maso, James B. Moran, Manmohan Sood, Hansa Upadhyay, Louise C. Wilber

If you belong to one of these graduating classes --

April	- 1977	December	- 1977
June	- 1977	April	- 1978
August	- 1977		

And had your picture taken for the yearbook, you should receive a copy of the 1977-78 combined book within the next few weeks.

If you did not have your picture taken, but would like a copy, they are available in the Yearbook office, Room E-043. You may wish to call the Yearbook office (583-4050, extension 511, 512) before coming to campus to insure that someone will be there when you arrive.



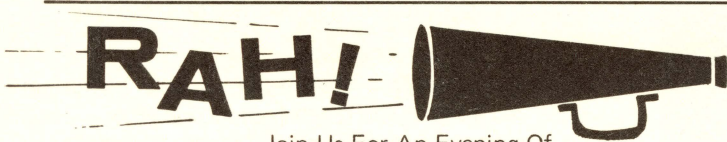
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Join Us For An Evening Of
 Fun and Games At

HOMECOMING '79

Friday, January 19, 1979

FUN

- ** Pre-game reception for all alumni in the Golden Eagles Room at 6:45 P.M.
- ** Disco following the game in Alumni Hall. Admission: \$1.00 for alumni who have a Northeastern Alumni Association membership card.
- ** Contest - Who will have the greater number of alumni present at Homecoming '79?
 The music department - including band alums
 or
 The physical education department - including alums who played on various teams
 The 1st Annual Homecoming Award will be presented to the department with the most alums.
- ** ARO, LSA, TKE, AXE, and alumni are invited to a pre-game reception in the Commuter Center at 6:45 P.M. , in Room CC-217

GAME

NORTHEASTERN ILLINOIS UNIVERSITY
 VS.
 ST. XAVIER COLLEGE

7:30 P.M. in the Gymnasium

- ** Half-time will feature the Alumni Band and the Northeastern Pep Band, under the direction of Dr. Edgar Gangware.
 Former basketball players, cheerleaders, pom pom girls, and majorettes will also be introduced.
- ** Alumni cheerleading section led by former Northeastern cheerleaders, majorettes, and pom pom girls.

For information, please call the Office of Alumni Affairs at 583-4050, extension 272.

THE ALUMNI JOB NETWORK

presents

HOW TO HANDLE AN INTERVIEW

Thursday, May 3, 1979
 7:30 P.M.

Second Floor of the Commuter Center

Designed to show how to handle yourself in a job interview, the program will critique videotaped interview sessions. Volunteers are needed for videotaping. If you are interested, please call the phone numbers listed below.

HOW TO WRITE A RESUME

Wednesday, May 16, 1979
 7:30 P.M.

Second Floor of the Commuter Center

Helpful tips on what should and shouldn't be included on a resume will be the focus of this program.

For reservations and further information, please call 583-4050, extension 351 (career services office) or extension 272 (alumni office).

As **NEWS** went to press, we were informed of a new Library policy that has gone into effect. According to Mrs. Sophie Black, associate director for Library Services, there have been numerous complaints about elementary and high school students disrupting study areas in the Library. In order to control this situation, college students will need to present ID cards in order to gain admittance. Alumni wishing to check out material must present an Alumni Association ID card. For information on how to get your card, please call the Office of Alumni Affairs, 583-4050, extension 272.