

9-13-2018

## **CESA-CES Newsletter- Sep. 13, 2018**

John E. Coumbe-Lilley

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### **Recommended Citation**

Coumbe-Lilley, John E., "CESA-CES Newsletter- Sep. 13, 2018" (2018). *Counselor Education Student Association Newsletter*. 8.

<https://neiudc.neiu.edu/cesa/8>

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# NEIU Counselor Education Student Association & Chi Epsilon Sigma Honors Society

September 13, 2018

President's Message

Welcome to the new 2018-2019 school year! We hope you are off to a good start and looking forward to making progress in your courses. There is new student leadership and new faculty support this year with myself and Ismira Dacic as officers and Dr. Camp and Dr. Bloom providing faculty support. There are two open roles on the board for Vice President and Secretary. We welcome your interest and you can contact either Ismira or myself below to explore joining the student leadership efforts for this year.

One of our goals is to increase the frequency of communication through brief bulletins like this one. We aim to update, inform and engage our student body. We know there are many experienced individuals who come from a range of backgrounds including full time employees such as school teachers taking classes, recent graduates progressing in the field and career changers making moves toward their passion for helping others. Read and respond to this newsletter. You are automatic members of CESA and a GPA away from honors recognition. We know the individuals we study with lead busy committed lives so let this be the longest bulletin this year. Thanks for your attention.

Go Eagles!

John E. Coumbe-Lilley, President CESA/CSI. Chi Epsilon Sigma inducted 2018.

## **New for 2018-2019**

### **Thanksgiving Food Pantry Drive**

Support the organization by donating non-perishable food items to donate to a local organization for those who need support. Look out for donation points/bins on the 4<sup>th</sup> floor of LWH. More information to come later this semester.

### **Social Meetup – Dates to be confirmed**

### **New in 2019 – Gottman Training**

Gottman Level 1 Training January, 2019. Look out for more details later this semester.

### **Officers 2018-19**

President. John E. Coumbe-Lilley. Marriage and Family Therapy Program. [jcoumbel@neiu.edu](mailto:jcoumbel@neiu.edu)

Treasurer/Secretary. Ismira Dacic, School Counseling Program. [idacic@neiu.edu](mailto:idacic@neiu.edu)

Contact either with questions or ideas for the organization.

### **Faculty Advisers**

Dr. Ami Camp Ph.D, [a-camp2@neiu.edu](mailto:a-camp2@neiu.edu) Overseeing activities and events.

## NEIU

# Counselor Education Student Association & Chi Epsilon Sigma Honors Society

Dr. Zachary Bloom Ph.D, LPC, LMFT., [z-bloom@neiu.edu](mailto:z-bloom@neiu.edu) Overseeing mentoring program.

### **What is CESA's Mission?**

*"To promote educational development, networking, and personal and professional growth among students and faculty of the NEIU Counselor Education Department"*

### **What is CESA?**

- CESA stands for [Counselor Education Student Association](#)
  - CESA is a chapter of the Illinois Counseling Association
- All students are automatically CESA members. **Attend 2 (or more) meetings/events per year to be considered active**
- Members who attended at least 3 meetings are eligible to become officers.
  - Historically, officers have received a tuition waiver for one class per semester of service (Spring/Fall semesters)

### **What is the difference between CESA & CES?**

- CES stands for Chi Epsilon Sigma
  - Is a chapter of Chi Sigma Iota ([National Counseling Honor Society](#))
  - Are you eligible? Eligible students must have the following (at minimum):
    - 3.5 GPA or higher
    - Minimum of 9 credit hours
  - Benefits of becoming a member:
    - Free online webinars
    - "College Counseling: Supporting the Transition from High School to First-Year College Students" - April 19th 2:00-3:00pm EDT
    - Indication of academic excellence on resume
    - *Journal of Counselor Leadership and Advocacy*
    - Scholarships

### **What does CESA do for me?**

- Monthly Meetings
- Bulletins – watch out for announcements via Listserv
  - Newsletter on NEIU CESA Weebly website!
- Professional development (i.e., Expressive Arts Therapy, Play Therapy, etc.)
- Mixers and other opportunities to meet and socialize with classmates
- Counselor Education Mentorship Program (CEMP)
  - Pairs first-year students with internship students

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## ***Why should you get involved?***

- To express your voice in professional development events and workshops
- To connect with other students
- Active membership - shows involvement and dedication on resumes
- Officers get tuition waiver for one fall and one spring semester class.

## ***How can you be involved with CESA?***

- Help host and attend events
- Represent your peers
- Write for the newsletter
- Be a mentor or a mentee
- Become an officer

## ***How do you get started with CESA?***

Contact President. John E. Coumbe-Lilley. Marriage and Family Therapy Program. [jcoumbel@neiu.edu](mailto:jcoumbel@neiu.edu)

Treasurer/Secretary. Ismira Dacic, School Counseling Program. [idacic@neiu.edu](mailto:idacic@neiu.edu)

Contact either John or Ismira with questions or ideas for the organization.

Add us on Facebook: NEIU Counselor Education Student Association

## **Upcoming Events**

CESA Board Meeting. Tuesday, September 24<sup>th</sup> at 5:45pm-6:45pm. CESA Board Meeting.

2018 Counselor Education Practicum Orientation. Friday October 12<sup>th</sup> at 6pm-9pm.

Hospitality for attendees.

CESA Board Meeting. Tuesday, October 29<sup>th</sup> at 5:45pm-6:45pm. CESA Board Meeting.

IMAFT Futures Conference. Saturday, November 3<sup>rd</sup>, 8am-5pm at Adler University, Chicago IL (Washington Blue Line). This a great conference to learn about licensing, private practice and professional identity.

CESA Board Meeting. Tuesday, December 4<sup>th</sup> at 5:45pm-6:45pm.