

2023

CESA-CSI Newsletter- October 2023

CESA Staff

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CESA/CSI NEWSLETTER



WHAT IS CESA?

The Counselor Education Student Association (CESA) is a chapter of the Illinois Counseling Association. Its mission is to "promote educational development, networking, and personal and professional growth among students and faculty of NEIU's Counselor Education program. If you are enrolled in Counselor Ed, you are automatically a member of CESA.

WHAT IS CSI?

Chi Sigma Iota (CSI) is the Counseling Education Honor Society. NEIU's chapter is called Chi Epsilon Sigma (CES). They are the group that brings you the mentorship program, workshops, and social events. They also provide a student voice to faculty in the department, advocating for student needs.

Highlights



CESA/CSI overview



Upcoming Counselor Education Events



Welcome Dr. Goodwin



Join our CESA Mentorship Program



Join a CESA Committee

* MANDATORY PRACTICUM ORIENTATION

Friday, October 27th
5:30-7:30 p.m.
NEIU Main Campus
BBH 102

Orientation is mandatory for all students taking practicum in the Fall of 2024.

Please **complete this form** by October 20, if you plan to start Practicum in Fall 2024.

If you are unsure whether or not you will be academically ready to start Practicum in Fall 2024, please consult with your advisor.

Any questions, please email counsintern@neiu.edu.



ADDITIONAL UPCOMING DATES

11.01 School Counselors*
Deadline to apply for
May 2024
graduation

11.09-11.10 Illinois School
Counseling
Association (ISCA)
Fall Conference in
Tinley Park

11.10-11.11 Illinois Counseling
Association (ICA) Fall
Conference in Lisle

11.23-11.26 Thanksgiving Holiday
(No classes)

 CESA SOCIAL @ BIG HILL AFTER

Students are encouraged to join CESA after the Practicum Orientation for a social gathering at Big Hill, located just near campus at 3307 W Bryn Mawr Ave.



WELCOME TO NEIU, Dr. Goodwin!



Hello, my name is Dr. Kyle Goodwin and I am a Licensed Clinical Professional Counselor (LCPC) in the state of Illinois. I am also a military veteran who wishes to explore beneficial techniques to better help veterans, active duty personnel, and first responders in coping with their traumatic experiences. As a clinician, I specialize in men's issues, working with men of different backgrounds to process feelings and emotions to live beyond the social constructs placed on men.

My excitement in joining the NEIU Counselor Education program stemmed from the genuineness of the faculty and staff working within the department. The BIPOC students at NEIU motivate me to show up and be present within the learning environment. As a gatekeeper, I enjoy finding moments to connect with students, and having the opportunity to mentor/advise students from the inner city and surrounding neighborhoods drives me daily as a BIPOC male educator. I look forward to continuing this journey at NEIU and learning as I grow within the field of Counselor Education and Supervision.



NEIU's Counselor Education Department Student Organization (CESA/CSI) is looking for students interested in participating in the mentorship program. This is a great opportunity to make individual connections with your colleagues. Mentors are responsible for setting up one face-to-face (virtual or in-person) meeting with their mentee per semester. Beyond that, mentors and mentees decide how and when to interact. Being a mentor is more than a resume-builder, it is an opportunity to help a classmate and network professionally.

Please complete the sign-up form by Wednesday, October 18th if you are interested in becoming a mentor or mentee.

If you have any questions, please reach out to Shannon Nugent (S-Nugent@neiu.edu) or Rachel Najdzin (R-Najdzin@neiu.edu).

JOIN A CESA COMMITTEE

Volunteer to have a voice in NEIU Counselor Education programming and make a meaningful impact within your university community! All current students are encouraged to join a committee



Committees typically meet virtually once a month

Click [HERE](#) to fill out a contact form by **Wednesday October 18th** to be invited to a meeting!



Social

Plan monthly social events for Counselor Education students



Initiation

Work with the Executive Board to plan the annual, in person initiation ceremony during spring semester



Fundraising

Develop ideas and plan for fundraising initiatives (e.g., t-shirt sales)



Awards

Develop awards nomination forms and process for nominations to be selected for annual awards (e.g., Alumni of the Year, Counselor Education Student of the Year, etc.)



Professional Development & workshops

Develop ideas for workshops that students and alumni can participate in



Test Preparation

Coordinate study sessions for students to prepare for required exams (e.g., DPE, NCE, 235 school counseling exam)



Wellness

Develop ideas and plan for wellness/self-care programming for students



Community Engagement

Develop ideas and plan for community engagement that Counselor Education students can participate in (e.g., community service)

Please reach out to Allison Ramirez (A-ramirez68@neiu.edu) with any questions.

NEIU Department of Counselor Education