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## **FYI- Apr. 15, 1985**

University Relations Staff

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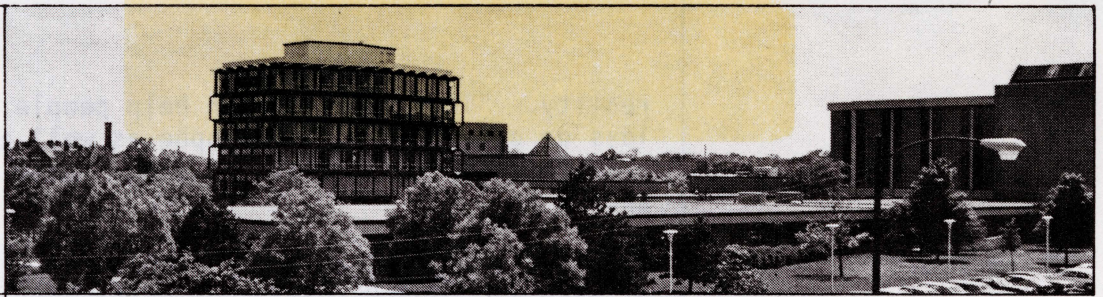
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FOR YOUR INFORMATION



April 15, 1985

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#### HONORS CONVOCATION

Approximately 200 Northeastern undergraduates will participate in an Honors Convocation on May 9, at 7:30 p.m., in the university auditorium. Following the program, a reception for the students and their guests will be held in Alumni Hall.

The convocation will recognize those students who have maintained a high level of scholastic achievement and shown outstanding effort in leadership or service. Undergraduates who take part in the Honors Convocation have received an award or scholarship for accomplishments at Northeastern during the 1984-85 academic year.

Faculty participating in the ceremony will be John Cownie, provost; Edward Robinson, professor of secondary education; and Ken James, associate professor of special education and keynote speaker.

#### MOTORCYCLE SAFETY PROGRAM USING NEW ELECTRONIC TEACHING DEVICE

The Motorcycle Safety Program has acquired an Emergency Reaction Trainer (ERT), a sophisticated electronic teaching device that will be used to improve the collision avoidance abilities of motorcyclists. Northeastern is the first American university to purchase an ERT. "This portable device will enable us to improve our instructor's ability to teach by allowing them to scientifically measure and challenge our student's motorcycle control abilities," said Marjorie Jennings, coordinator of the Motorcycle Safety Program.

The ERT will be used during instruction in several sections of the "Experienced Rider Course" taught by the Motorcycle Safety Program at several Chicago-area locations. Purchase of the ERT was made possible by student donations to the Cycle Rider Safety Fund of Northeastern.

#### GUIDED IMAGERY THROUGH MUSIC - A NEW APPROACH TO COPING WITH STRESS

"People for thousands of years have used music to help affect some change in their mood or attitude," according to Dolores Nicosia, professor of music. This approach to coping with stress and achieving greater self-awareness has now been codified into a formal course of study by the Institute for Consciousness and Music. Nicosia, one of 32 people in the country to have completed the institute's course of study, explained that the process known as Guided Imagery through Music is made up of four steps. Subjects are asked by a facilitator to ease into a relaxed state of mind, verbal cues are given to subjects to help them relax, and a prescribed tape (often classical music) is played. As the subjects listen to music, they are asked to note what ideas and images come to mind or what feelings and sensations are experienced. Finally, subjects are slowly brought back to normal awareness of

reality. "This exercise can help people who have suffered a loss or other major catastrophe as well as those who simply wish to become more aware of their inner resources," Nicosia said.

#### IN THE MEDIA

##### UPCOMING IN THE MEDIA

J. FRED MAC DONALD, professor of history, will discuss his new book, Television and the Red Menace: The Video Road to Vietnam on "Extension 720 with Milt Rosenberg" on WGN-AM (720), Tuesday, April 23, between 9:00-11:00 p.m. He also discussed his book on "Chicago Today" with Richard Steele on WCIU-TV (Channel 26), Wednesday, April 10.

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"For those who like an academic approach to flamenco, Northeastern's Ensemble Espanol is recognized as one of the best American-based Spanish dance troupes," noted Dance Critic Lynn Voedisch of the Chicago Sun-Times on Tuesday, April 9. LIBBY KOMAIKO FLEMING is director of the ensemble.

Northeastern's Hospital Play Education program was highlighted in an article entitled "Role-Playing - Kids Play Doctor to Fight Stress of Hospital Stay" in the Lerner Newspapers on Sunday, March 31. CLAIRE JACOBS, professor of early childhood education, helped initiate the program in 1978.

MUSA QUTUB, professor of geography and environmental studies, was interviewed by WCIU-TV (Channel 26) on Saturday, March 30. He discussed the recent discovery of oil in Jordan, Syria, and Iraq, and the occurrence of ground water in desert regions.

#### HONORS AND ACTIVITIES

BERNARD BROMMEL, professor of speech and performing arts, was a guest lecturer at a symposium on "Rhetoric and Communication" at Indiana University on Wednesday, April 3. His address was entitled "Dissenting Voices: Making the Eagle Scream."

DAVID HELFAND, associate professor of student development, recently presented a workshop on "Testing in Career Counseling," co-sponsored by the Professional Career Counselors Network and Northeastern's Center for Student Development. Helfand will also be listed in the referral section of the 1985 edition of the popular career planning resource book, What Color is Your Parachute?

VIN ROSENTHAL, professor of psychology, was the keynote speaker at the annual meeting of the National Association of Poetry Therapy on Saturday, April 13, at Northwestern University. His speech was entitled "Haiku and Psychotherapy."

DAVID UNUMB, chairperson and associate professor of speech and performing arts, was reelected to a six-year term as a trustee of the Arlington Heights library board.

MARYLENE WHITEHEAD and JOHNNY DORSEY, program associates of project success, recently served as panelists for the Illinois Committee of Black Concerns in Higher Education, in Normal, Illinois.