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newsletter



Dec. 9, 1992

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SURVEY RESULTS REVEAL NEIU COMMUTE CHOICES

The results are in that tell the story of how Northeastern employees get to and from work and what they must do to measure up to the Act - the Clean Air Act of 1990, that is. In December 1990 Congress amended existing clean air standards to include much stricter requirements for meeting the standards, and it's called the Clean Air Act of 1990, or '90 CAAA (Clean Air Act Amendments).

Northeastern Illinois is one of seven areas in a second tier called severe (Los Angeles, with over 150 days of below standard air is the only area in the first tier, called extreme). The '90 CAAA requires that northeastern Illinois reduce emissions by 15% by 1996.

The State of Illinois is behind schedule in enacting the legislation to implement the necessary state plan to reduce emissions (industrial and autos), but Springfield will have passed a fairly comprehensive package, it is expected, by April 1993.

The major emission control measure is to limit auto travel and reduce the number of auto trips (exhaust from autos, trucks and buses accounts for 48% of pollutants). And the '90 CAAA mandates that any employer with 100 or more employees in one location must reduce the number of employees who drive alone to work by whatever means are practical.

Northeastern Illinois University is a participant in the Employee Commute Options (ECO) demonstration project and has completed the first phase of the project, the five-day survey, the very survey NEIU employees responded to about three months ago.

So far, so good. The goal was a 90% response rate, and the NEIU response rate was a smashing 93%.

Perhaps the key statistic to lead

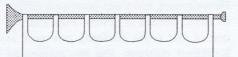
us to a 15% reduction in emissions is the APO, or Average Passenger Occupancy calculation. The survey, which asked questions about how NEIU employees got to work, and largely, how many drive in alone, shows an APO of 1.51 for all modes (drive alone, carpool, public transit, walk, etc.). The target APO is 2.62. We must increase our APO by 1.1114!

The responses in the surveyed week showed total trips per mode:

Drive Alone	1878
Motorcycle	12
Carpool	228
Vanpool	3
Public Transit	316
Walk	211
Bicycle	52

The responses in the surveyed week also showed that the average NEIU commute is 10.55 miles, and the average time is 30.84 minutes. It showed that Drive Alones would switch to carpooling for preferential parking, ridershare assistance, and bus/car drop-off facilities, among other things.

The results of the survey and other features of the NEIU program to voluntarily comply with '90 CAAA will be presented in future issues of **fyi**. It is clear now that the NEIU target 2.62 APO can be reached if some of us who drive alone find other means of commuting. And the university is committed to finding ways to accommodate these efforts.



DECEMBER EMPLOYEE OF THE MONTH

Steven Searle Secretary IV, Trans. Special Education Dept.

KNOW BEFORE YOU GO



You can hear Emergency Closing Information by tuning in to these stations: on AM, WMAQ (670), WGN (720), WBBM (780), WLS (890); on FM, WLS (94.7), US99 (99.5); on TV, channel 32.

<u>OR</u> you can find out about Northeastern by calling the <u>Emergency Closing</u> Center Hotline

1-900-407-SNOW

Enter the NEIU main phone number 312/583-4050

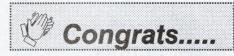
SECOND RUTH PAGE GRANT

The Ruth Page Foundation has made a \$17,500 grant to Northeastern's Dance Program to help sponsor its 1993 Ruth Page Dance Series. The dance program received a \$15,000 grant from the Ruth Page Foundation last year for the 1992 dance season. The first performances are scheduled for February 1993 and will be announced soon in fyi.



Wed., Dec. 9: NEIU Chorus, James Lucas, dir., Auditorium. . . . Dec. 9-12: University Theatre presents "The Chalk Garden," by Enid Bagnold, dir. by Anna Antaramian; 7:30 p.m., Stage Center. .

.. Thur., Dec. 10: NEIU Chamber Orchestra, Auditorium.



JOE ACCARDI, Library, made a presentation entitled "Do You Have What It Takes to Be an Automation Manager?" for the Wisconsin Library Association annual conference in LaCrosse. . . . HELEN ANG, Budget Office, has been appointed by the Central Association of College and University Business Officers (CACUBO) to the Membership Committee. . . . BRAD BAKER, presented a paper, "Network and Local Perspectives on Planning and Implementing New System Services: A Case Study from ILLINET Online" at the National Conference of the Library and Information Technology Association, in Denver. Baker has also been elected as Vice President of the Illinois Library Computer Systems Organization (ILCSO) and Vice-Chair of the ILCSO Policy Council and re-elected to a second term as Treasurer of the Chicago Library System Board. . . . BERNARD J. BROMMEL, Speech and Performing Arts, presented a paper with Kathleen Galvin, Northwestern University, "Confronting Loss Issues in the Family Communications Course," at the national meeting of the Speech Association of America in Chicago. . . . A review by IRENE CAMPOS CARR, Women's Studies, of The Hour of the Poor, The Hour of Women: Salvadoran Women Speak, by Renny Golden, Criminal Justice, appears in the December 1992 issue of The Women's Review of Books. . . . SHIRLEY CASTELNUOVO, Political Science, jointly authored "Elite Women Bodybuilders: Models of Resistance or Compliance?" in Play and Culture (Nov. '92); Castelnuovo also presented a joint paper, "A Feminist Care of the Self Model: Somatics, Friendship and Resistance" at the North

PHYS ED FACULTY NEWS

Several HPERA faculty members attended the recent Illinois Association of Health, Physical Education, Recreation and Dance State Convention. As noted in the last fyi, Dan Creely received the Governor's Health & Fitness Award. Violet Johnson and Ron Faloona received 25-year awards from the association, and the following made presentations at the convention: Dan Creely and Tony Calabrese from Glenbrook South, "101 Ways to Raise Self-Esteem"; Bill Quinn, "Activities and Processing Techniques in Adventure Education"; Ray Kasper and Don Scherrer, Chicago State, "Interesting Ideas for a Golf Outing"; Ron Faloona, "A Smoking Cessation Program That Works."

American Society for the Sociology of Sport in Toledo. . . . DAN CREELY, Physical Education, helped produce an educational video for U.S.A. Hockey in Colorado Springs on teambuilding techniques and methods; the video will be distributed nationally to youth and elite coaches this winter. . . . An article by Charles F. Falk, College of Business and Management, "(TQM2=The Quick Move to Total Quality Management: A 'Window of Opportunity' for Continuing Educators," was published in the fall 1992 issue of The Journal of Continuing Higher Education. . . . ELLEN FIEDLER, Special Education, gave a presentation on "Nurturing Creativity in Children" at the Laura B. Sprague School in Lincolnshire. . . . CAROL GAETJENS, Psychology, presented a paper, "Cognitive Activity in Retirement: Simple or Complex?" at the Gerontological Society of America in Washington, D.C.... ROOSEVELT GORDON, JR., was presented with an award by the Executive Council of the Illinois Council for College Attendance for his outstanding efforts in the recruitment/retention of minority students. . . . LUCY JAYNE KAMAU, Anthropology, presented a paper, "Cosmopolitans and Crackers: Cultural Diversity in New Harmony," at the annual meeting of the Communal Studies Association; she was also elected to the national board of directors of the CSA. Kamau has also received a CLIO grant from the Indiana Historical Society to complete her research on the social history of Posey County, Indiana. . . . ELIZABETH LANDERHOLM, Curriculum and Instruction, and Barbara Lowenthal, Special Education, with Kathryn Augustyn, director, Tuesday's Child, presented "The Functional and Developmental Models: A Winning Preschool Combination" at the Illinois Council for Exceptional Children fall conference in Arlington Heights.... GEORGE R. LESMES. Center for Cardiovascular Research, has addressed employees in anti-smoking programs at two companies, Helene Curtis and Quaker Oats. ... BARBARA LOWENTHAL, Special Education, was a co-presenter of "Collaborative Training in the Education of Early Childhood Special and Regular Educators" at an Illinois Association for the Education of Young Children meeting. . . . GEORGIANNE SCHOLZ, Academic Development, had a one-person art exhibit at Grant Street's in Lincoln Park and was one of four artists displaying new work at Ka-Boom! nightclub. She also curated an exhibit, "Masters as Motif," at the North Lakeside Cultural Center. . . . MOHAN K. SOOD, Graduate College, participated in two panels at the fall meeting of the Illinois Association of Graduate Schools. . . . ED STUART, Economics, competed and finished (in 3 hrs., 29 min.) in the Chicago

Marathon.... **SANTIAGO VACA,** Art, had an exhibit of his work at the Contemporary Art Workshop in November.

MUSIC PROF IN FILMS

Elyse Mach, Music, appears in an 80-minute television special on Glenn Gould, "Thirty-two Short Films about Glenn Gould." Mach will be shown interviewing the actor playing Gould, and excerpts from her book, *Great Pianists Speak for Themselves*, will be included in the dialogue. In another film, "Crosspaths," Mach will be interviewed about her association with Glenn Gould. Rhombus Media is producing these two films with award-winning director Francois Girard.

EAP Briefs • December 1992

HOLIDAY SURVIVAL: Creating a Balance

Because of the many ways we are pulled during the holidays, it is not unusual to feel out-of-synch with holiday pressures.

Reality testing. During this busy, stressful time it might be helpful to slow down, take a step back and look at how we fit into the holiday scene. Be realistic about financial limitations. Set a budget, make a list and do not make spontaneous purchases.

Take care of yourself.

Self-care includes getting enough rest and setting aside quiet time. If we are exhausted it is difficult to have enthusiasm for holiday socializing. Be r e a l i s t i c a n d



participate at a level that is comfortable for you. If you are feeling blue, participation might pick up your spirits.

Start new traditions. The loss of a loved one, relocation or being separated from those we love might spoil our holiday traditions. However, we can start new traditions that will become "traditional" over the years.

Utilize your resources. Spending time with family and friends who are supportive and understanding can help us cope during stressful times. Remember, sharing and talking when we are down is as important as sharing during happy times.

For assistance or more information call the Employee Assistance Program (EAP) at 708/590-5973 or 1-800-233-4960.