### Northeastern Illinois University

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# Northeastern Illinois University

FOR YOUR INFORMATION

June 18, 1990

FYI is published by University Relations, Northeastern Illinois University, for university faculty and staff members.

Please send information to University Relations, C-437.

NEW TRANSCRIPT POLICY STARTS IN FALL

NEW NOMINEE FOR BOG AWARD

LOTTIE KAPLAN: JUNE EMPLOYEE OF THE MONTH

PRESIDENT LAMB'S OPEN HOURS FOR JUNE

LINDMAN, ALTHAGE TO PRESENT PANEL

FOR-CREDIT MUSIC SEMINAR AND OTHER NOTABLE CALENDAR NOTES Effective in fall 1990, a \$10.00 transcript fee will be assessed for each student registering at Northeastern for the first time. This will allow students to request official transcripts up to a reasonable limit at no additional cost. Students who matriculated prior to fall 1990 will no longer be assessed a transcript fee. The new transcript fee will go into effect August 26, 1990. The current policy is a \$2.00-per copy fee. When the new policy starts, there will be no other charges for transcript requests other than the one-time \$10 fee assessed to new students.

Northeastern has submitted **Dr. Elyse Mach,** Department of Music, as our nominee for the Board of Governors (BOG) Distinguished Professor Award, which is scheduled to be announced at the June 21 BOG meeting in Springfield. **Dr. Charles Shabica,** chair, Department of Earth Science, has been submitted for a similar award from the Council for the Advancement and Support of Education (CASE).

The Civil Service Employee Excellence Award Selection Committee has chosen Lottie Kaplan, Secretary IV, Transcribing, in Student Affairs for the June employee of the month award. The nominations from staff, faculty, students, alumni and fellow employees praise Lottie as an outstanding, dedicated secretary cheerfully performing high quality work through many years of service. Through her patience and understanding in dealing with students, she could be considered an ambassador of good will. Warm, understanding and tolerant, they note, she has been a major force in making the vice president's office a friendly resource for students.

The scheduled times for the informal monthly meetings with **President Lamb** in his office are, for students: <u>Thursday, June 14, 2:30 p.m.</u>; faculty and A&P: <u>Tuesday, June 19, 2:00 p.m.</u>; civil service: <u>Wednesday, June 27, 1:30 p.m.</u>

**Dr. Margaret Lindman,** professor, curriculum and instruction, and **C. Jill Althage**, director, curriculum library, and assistant professor, library, along with **Bernice Richter**, director of special programs, Museum of Science and Industry, will present a panel on Tuesday, June 26, at the American Library Association (ALA) convention at the Hilton in downtown Chicago. The theme of the convention will be "Information Excess: Back to the Basics." The presentation, "Using the Library As a Launch Pad for Learning about Science," will be given at 10:00 and 10:45 a.m. For more information, call Jill Althage at ext. 4494.

The 4th Annual Creative Approaches to Music Education Seminar will be held June 25-29. "Opera in the Classroom" will be offered for 2 hours credit. Contact Dr. Constance Speake, ext. 2940, for further information. . . . Fri., June 15: Faculty Chamber Music Concert, with Allen Anderson, piano; Sylvie Koval, violin; Phyllis Hurt, soprano; guest artist Julie Zumsteg, cello, playing Schubert, Shostakovich, Brahms; 8:00 p.m., A-131. . . . Mon., June 18: Alumni and Friends Band Concert, Edgar Gangware, cond., 7:30 p.m.; Stage Center Courtyard (Auditorium in case of rain); reception to follow. . . Tue., June 19: Computer Music Lab Open House ("How computers are being used to compose, arrange, record and notate music."), 12:30-4:00 p.m., A-110. . . . Wed., June 20: "Mind Works" Faculty Lecture Series: "Media Hype and the Corruption of Science" by Dr. Charles Nissim-Sabat, physics, and Charles Shabica, earth science; 12 noon-1:45 p.m., Heritage Room. . . . Graduate Recital, Patricia Deckert, contralto, 7:30 p.m., Auditorium. . . . Fri., June 22: Graduate Recital, Caroline Uhlig, piano, 8:00 p.m., A-131. . . . Mon., July 9: American Spanish Dance Festival; Dame Libby Komaiko Fleming, director; classes, workshops, concerts; for information, call 583-3012.

### FROM STEPFAMILIES TO BLENDED FAMILIES

AN EAP BRIEF:

This information is presented courtesy of the Employee Assistance Program.

As stepfamilies have become increasingly common they are coming to be known by the term "blended families." Are you a part of a blended family? If you are you're one of many. In the United States there are 50 million adults and 15 million children living in blended family relationships. By 1990 there will be more blended families and single parents than "natural" families. For those of you about to enter such a relationship and for those of you already in one, it is important to note that living in a blended family is **not** like living in a biological family. There are important differences which require a different set of behaviors. Here are a few guidelines:

- 1. The biological parent comes with a ready-made alliance with the children. The natural tendency of the parent to align himself or herself with the children is a result of many years worth of memories. The parent, after all, began the relationship with the child the day it was born. The stepparent needs to understand this tendency and not define it as rejection or unfair treatment.
- 2. As a stepparent don't take the lead as a disciplinarian. There will be occasions when it can't be avoided, but, as a rule, the biologic parent should be in charge of discipline.
- 3. Show your affection with praise or pats on the back rather than hugs. Unless or until the child appears receptive to hugs -- don't. Hugs are great only when the "huggee" is as delighted as the hugger.
- 4. It's OK to feel anger, sadness, and resentment toward your stepchildren. Natural parents experience those same feelings so it is no surprise that a stepparent can resent the spouse's children. (Nor, of course, is it a surprise that children can feel resentment toward the stepparent.) What's **not** OK is to get lost in an "if only I didn't have to put up with the kids" fantasy. Instead of "if only" fantasies, attend to problem solving.
- 5. A suggestion for non-custodial parents and stepparents: young children often prefer to call the stepparent simply "mom" or "dad." Instead of signalling a rejection of the real mom or dad this usually is related to the awkwardness and discomfort a child feels when using the stepparent's first name. Calling a stepparent mom or dad will never, by itself, interfere with the child's relationship and love for his real mom or dad. And if you have your stepchildren's permission, introduce them as your **children**, not as stepchildren.

Working through the adjustments and problems of blended family living requires time, patience and care. If given that time and care, the members of a blended family can grow into relationships that are as close and nurturing as those in a natural family.

#### For Further Reading:

Elizabeth Einstein and Linda Albert, *Strengthening Your Stepfamily*. Circle Pines, Minnesota: American Guidance Service, 1986.

Pearl Ketover Prilik, *Step-Mothering: The Way to Happiness and Success As a Stepmother.* Los Angeles: Forman Publishing, Inc., 1988.