

Apr 22nd, 1:00 PM

Teaching in the Time of COVID-19

David Grossman
Northeastern Illinois University

Moria Stuart
Northeastern Illinois University

Follow this and additional works at: <https://neiudc.neiu.edu/srcas>

Grossman, David and Stuart, Moria, "Teaching in the Time of COVID-19" (2021). *NEIU Student Research and Creative Activities Symposium*. 4.
<https://neiudc.neiu.edu/srcas/2021/s32/4>

This Event is brought to you for free and open access by the Conferences and Symposia at NEIU Digital Commons. It has been accepted for inclusion in NEIU Student Research and Creative Activities Symposium by an authorized administrator of NEIU Digital Commons. For more information, please contact h-owen3@neiu.edu, wallis@neiu.edu.

David M. Grossman M.S. ED, Moria E. Stuart, PH.D, Department of Health Science and Physical Education, Northeastern Illinois University, Chicago, IL 60625

This project uses a case study approach to examine teaching experiences during a year of the COVID-19. While studies were conducted early on investigating the relationship between obesity, sedentism, isolation, and the pandemic lockdowns, few looked into the changes made by physical education teachers. In a matter of days, physical education teachers were forced to create an entirely new paradigm to operate within. The purpose of this project was to investigate the factors including socioeconomic, health, safety, and psychological stress that affected an individual physical education teacher during the pandemic. The presentation will highlight relevant research and create a timeline for teaching throughout the waves of the pandemic. The presentation hopes to highlight the daily struggles and challenges facing individuals during the pandemic. As many people have been forced to work in unfavorable conditions, their individual stories need to be heard.