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FAMILY DINNER TIME AND A CHILD'S ACADEMIC PERFORMANCE

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The purpose of this study is to understand how the quality and quantity of family dinner time may impact a child's academic performance, while also looking at secondary factors (gender, type of institution, SES, ethnicity, and parental structure) that may affect a child's academic success. Previous research has found that there is a correlation between a child's academic performance and the frequency of dinner, along with the overall family structure. This study can be integral to understanding family time and a child's development. Overall, it could positively influence a child's development. The design of the study will consist of a short Google Forms questionnaire. Participating parents or primary caregivers will fill out the survey for their 11–17-year-old. The questions that will be provided, pertain to the quality and quantity of family dinner time, as well as other possible contributing factors. We predict that children that have better quantity and quality of family dinners are more likely to have a higher GPA. Furthermore, our study can enlighten families on the importance of family time together on the child's development as well as their academic success.