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## Chosen - A Family Cookbook for the Queer Community

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## ***CHOSEN* - A FAMILY COOKBOOK FOR THE QUEER COMMUNITY**

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I like to think that everyone in the world seeks that feeling that family gives one another that we see in movies. The feeling of love and safety. A feeling that you can completely be yourself and not have to ever apologize for or be embarrassed about. For many people in the queer community, that is not something that always happens to us. We often go through struggle, if not many and we are not always accepted by our friends and/or families. Those of us that are... we're lucky. For those of us that are not accepted, know that many queer people often go through something very similar to you. From there, we are constantly trying to fill that void... and therefore our search beings. Maybe that means we hug a little tighter, listen more intensely, and care with much more emotion. We may even try to change something within ourselves, because we think maybe we are the issue. We get to choose the people we want to be around and therefore get to choose our family, our chosen family. The people that we can be 1000% ourselves and not ever have to think twice about it. You get to choose your family, the one that makes you the best version of yourself. *Chosen* is a family cookbook that celebrates the most authentic version of you. It shines a light on why it's important to share traditions, recipes, quality time as well as food and drinks with others within the queer community.