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## Independent - Oct. 15, 2013

Jacklyn Nowotnik

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# INDEPENDENT

NORTHEASTERN ILLINOIS UNIVERSITY



Tuesday, October 15, 2013

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## Flick it and Ticket

By Luis Elias Badillo - News Editor

Cigarette smokers next year will have one more thing to worry about, other than the disdain of non-smokers.

Starting Jan 1, 2014, flicking a cigarette out of a moving car, or tossing it on the ground can result in a class B misdemeanor, with the possibility of a \$1,500 and/or up to six years in prison. For repeat offenders, that outlaw-ish activity gets upgraded a class A misdemeanor. But if a smoking citizen gets caught a third time, they will be looking at a class D felony, which can lead to 18-36 months in prison and/or a \$2,500 fine.

The new law comes from an amendment to the Illinois' 1974 Litter Control Act. The act already makes it illegal to litter within the state. However, a proposal by former state representative Deborah "Deb" Mell, the Illinois state legislature took steps to make sure that the word "cigarette" was explicitly outlined in the law.

The state senate passed the amendment with a unanimous 55-0 vote. The state house of representatives passed it with a 71-45 vote.

Though many of the amendment's critics claim the bill is to target and reduce the amount of smokers in the state, the environmental effects of littering cigarette butts are crucial to the argument as well.

Cigarette butts are not biodegradable. They are made out of a material called cellulose acetate. After smoking, the butt then contains traces of "formaldehyde, arsenic, nicotine, lead, butane, ammonia and so on," as reported by Eric Zorn of The Chicago Tribune.

Zorn also quoted several studies showing the adverse effects of butt littering. "A 2009 observational study by Keep America Beautiful found cigarette butts were the single most littered item," he noted. "57 percent of smokers threw their butts on the ground when outdoors,

compared with 43 percent who disposed of them properly." This results in a large amount of additional chemicals in the environment.

Several student smokers at the University have shared their thoughts with the Independent. "It's a good idea. You have to curb littering," said senior Ahmed Imtiaz. "And there should be legal repercussions for it."

Junior Micheal Crisanti agrees that people should get fined for littering. However charging with a misdemeanor "seems excessive." Others see the law as another way to curb not just littering, but smokers in general. Senior, Shahid Hussain, remarked that if the state wanted to keep people from smoking they should "Just raise the taxes on cigarettes like they have been" over recent years.

Northeastern Illinois University (NEIU) students are advised to use the outdoors ashtrays when smoking on the campus. Students



Courtesy of Elvert Barnes

**This could save you some jail time**

are also advised to stand at least 15 feet away from any entrance to the

school, in accordance with Chicago ordinance.

## NEIU Library Turns a New Page

By Dominika Jakowieck - Social Media Manager

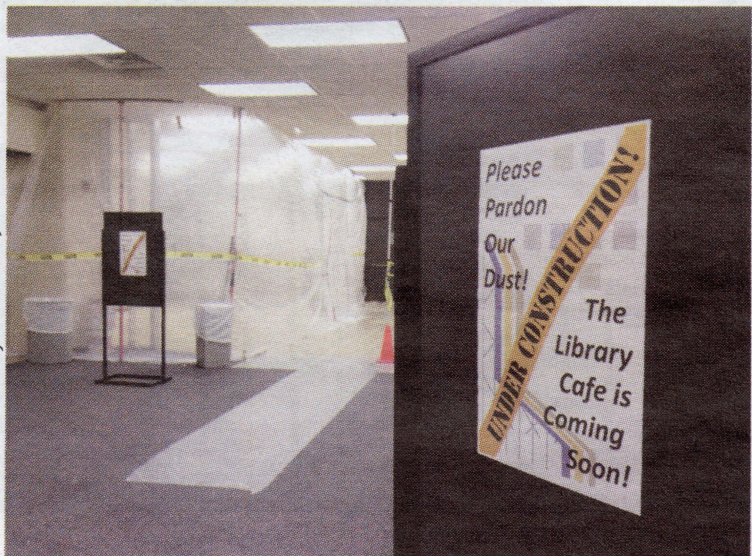


Photo by Dominika Jakowieck

**Construction site at the Ronald Williams Library.**

On the left from the Ronald Williams Library entrance is a huge construction space. Not much is visible, due to the plastic coverage but, from time to time, those sit-

ting in the library can hear a muted hammer strike. This is going to be the new library café.

Apart from cups of coffee, students can expect Starbucks inspired

comfortable armchairs and couches, with a shelf filled with popular magazines to go with it. It is projected to open next semester, but Carlos Melian, Dean of the library, hopes for the opening before this semester's final exams.

Dean Melian has been in charge of the library since June 2012, but his story with the Northeastern Illinois University (NEIU) library started 27 years ago. One of his proudest contributions to the library is the extended hours it now has. "I hope to extend hours more, and allow students even later before the finals," he said. "Next year I want the library to be open even later."

Built in 1976 and named after the third NEIU president, the main purpose of the library was to establish its collection of books. Parts of the library have been updated to reflect the needs of students and tech-

nology, however the library still has some challenges to overcome.

That is why the new library master plan has been created. A team of architects, anthropologists, and students are working on a renovation plan. They are looking for ideas from around the country to find the best solutions. The Public Library in Seattle and the DePaul University Library in Chicago are just a few of the inspirations on their list. "We hope that the blueprint will be accented by December," said Dean Melian. "Construction is expected to be done in stages, not to close the entire library."

The students involved in this renovation plan established a student library advisory board that will provide feedback of the renovations as they happen. In a recent survey from the student advisory board, a majority of students requested more comfortable seats and

better lighting.

Dean Melian hopes to incorporate these requests but listed four of the most crucial changes coming to the building. First are changes to rooms available for group study, where group projects can be discussed without interrupting others. Second is the addition of a more quiet space for individual reading, so that everyone can focus. Third is more space for classrooms; they are expected to have larger capacities. Forth is an improvement to staff space, which has remained unchanged since the library was built.

"I would like to see our library in a more modern appearance," Dean Melian concluded. Although it may take awhile for the new café to be completed, students are welcome to check out the space as they wait for elevators or pass by.

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The Editor-in-Chief is responsible for the content of the Independent, and views presented do not necessarily represent those of the administration, faculty or students.

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## Golden Days on Campus

By Gregory Adler - Staff Writer

It's a matter of principle, by taking pride in something, something will take pride in you. Pride can be shown in several ways and the Office of Student Leadership Development (SLD) has come up with a way to spark the pride powder keg on campus. The program is simple, every Thursday on campus, if students are seen sporting Northeastern Illinois University (NEIU) or golden eagle gear they will receive a surprise gift. Among them could be a Frisbee, pop and chips at the cafeteria, or vehicle stickers. The program was developed in order to inspire students to show pride on campus and its benefit can essentially lead to students having a deeper sense of pride at NEIU. The campus takes pride in their students and it's important that students show pride and contribute to a sense of community.

On Oct 10, the SLD office threw a party with B69, 96.3 FM in order to spark interest for the ongoing event. When asked about why the

event was formed, Veronica Rodriguez, Director of the SLD Office, said "Having a weekly spirit day was the idea of Vice President for Student Affairs Dr. Frank E. Ross and it was spearheaded by Assistant Vice President of Student involvement Matt Specht. Golden Eagle Thursdays (GET Golden) are designed to create a sense of school pride and spirit." Around campus students will find scattered fellow students and faculty (the Spirit Squad) approaching students who are showing of their Golden Eagle Pride and thank them for "getting golden." They may even have a small prize. "It's not about winning a prize, it's about students feeling connected and invested to Northeastern," added Director Rodriguez.

Be sure to keep an eye out for "The Eaglettes", the university's cheer squad, who will perform around campus on Thursdays. When asked about the length of this spirit infused project, Director Rodriguez said, "The hope is for this



Photo by Elizabeth Pacheco (Twitter: @epachecovera)

Students and B96 at the University Commons

to become a campus tradition and it is second nature for everyone on Thursdays to wear NEIU gear. How long we can sustain prizes remains to be seen and we are looking into more ideas."

This project hopes to encourage taking pride in not only the Uni-

versity but taking pride in oneself. Whether it's a student, staff member, faculty, alum, Chair, President, Dean, or parent, this program is turning the campus into a blazon battle cry, "We are the NEIU Eagles and these are our Golden Days".

## Standstill on Capitol Hill

By Sergio Almodovar - Staff Writer

After failing to repeal the Patient Protection and Affordable Care Act by vote 37 times since 2010 and losing the Supreme Court case, Republicans have found a new strategy. A branch of the House Republicans, known as the Tea Party, attached a provision that would defund the Affordable Care Act.

Congress had until September 30, 2013 to approve a budget before the government would shut down, the first time since the Clinton administration. The budget approved by the House was sent to the Senate. The Senate then removed the provision which defunds the Affordable Care Act and approved the budget. The budget was then sent back to the House of Representatives. The Republicans in the House then commenced to add yet another provision that would instead delay the Affordable Care Act, also known as Obamacare, for another year. The Senate would not consider the budget, and there sat the bill on Capitol Hill.

The shutdown of the government resulted in temporary lay-offs of government employees. Employees who are seen as an absolute necessity, such as military and postal workers, are working for free at the moment and will not receive payment until the shutdown is over. Congress will continue to get paid. Other branches of the government, such as the FDA, are not seen as critical services and will not be working.

The shutdown will continue until congress can pass a budget. Since the shutdown, a new bill has been proposed but House of Representatives majority leader, John Boehner, will not allow a vote. Republican Representative Boehner claims that there are not enough votes in the House to pass the new budget. However, the many unofficial counts report that the bill has enough votes to pass.

Obama has since challenged



Courtesy of Wikimedia Commons

The Lincoln Memorial, closed off until the end of the shutdown.

John Boehner to "prove it" by allowing a vote in the House. The Guardian's Dan Roberts explains, "Democrats claim Republicans are reluctant to allow a vote because they know they will lose and therefore cede any political leverage over unrelated issues such as healthcare reform."

Republicans are blaming Democrats for the shutdown, claiming Republicans never wanted a shutdown and that Democrats will not negotiate. It would appear that the claim is dependent on Americans having a short term memory since America was at the brink of a shutdown in 2010.

The inability to approve a budget has shut down the government.

This is not to be confused with the upcoming debt limit issue which has to be settled by October 17. The debt limit has been raised over 45 times since the Reagan Administration, but since Obama has come into power Republicans have been using it as political leverage. Republicans have put a list of demands in order to raise the debt limit.

Their demands include a one year delay of Obamacare, the approval of the Keystone Pipeline, more offshore drilling, lessen regulation of the coal industry, repeal of the Social Services Block Grant. The list goes on.

Failing to raise the debt limit would result in the U.S. being unable to pay their debt. If the U.S.

defaults on their bills, America's credit rating will suffer, increasing the interest rate. The increased rate will increase the deficit further. The reaction of the market place remains as speculation, but the consensus is that it will further harm the economy.

President Obama has described the Republican actions as extortion. Obama has since responded in an Oct. 8 press conference. "Think about it this way, the American people do not get to demand a ransom for doing their jobs. You don't get a chance to call your bank and say I'm not going to pay my mortgage this month unless you throw in a new car and an Xbox."





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# Emotions Fly at NEIU Town Hall Meeting

By Samuel Aguirre - Contributing Writer

A little over two weeks after the State of the University Address, Northeastern Illinois

University's (NEIU) President, Dr. Sharon Hahs, addressed the NEIU faculty and staff on October 3, 2013 during a Town Hall that was filled with questions, numbers, and emotions. Faculty, staff and students crowded into the Recital Hall that afternoon, so much so that many were left standing at the back of the room.

President Hahs discussed and answered questions that had been submitted to her office prior to the event. After she addressed a few concerns from her notes, she turned to the audience, prompting them to walk up to the microphones to ask questions on the spot.

One of the first to go up to the microphone was Dr. Zachary Schiffman from the history department. Dr. Schiffman inquired about the approach that the administration took, when it was decided to strategically freeze courses over the

summer in order to push students to enroll in courses with higher class sizes. He claimed that such approach had driven students away.

In response, NEIU's Provost, Dr. Richard Helldobler, denied the freezing of any course with 15 or 18 students enrolled. Furthermore, he said that the course cancellations were well taken by the students, particularly because all students affected by the freeze were contacted by phone. He also claimed that only 12 students affected by a freeze had not registered at all for courses this fall.

Dr. Emily Garcia from the english department approached the microphone next. She asked about the way in which NEIU was recruiting and how the faculty and staff could get involved.

President Hahs replied by saying that about 70 percent of students at NEIU are first generation college students and that the plan is to not have a decrease in said population.

Furthermore, she emphasized that the new El Centro Campus would serve as a gateway for many more Latino students to pursue their education at NEIU. She also directed all interested parties to reach Dr. Janice Harrington-Hendon at Enrollment Services to get involved in recruitment.

Dr. Helldobler addressed the low number of incoming students that enrolled this year, stating a dip resulted from a low number of students that attended orientation over the summer. A student, who chose to remain nameless, later inquired if the eight hour long orientation had anything to do with it, as many would rather not miss a full day of work to attend orientation get a tour of our small campus.

Dr. Tim Scherman from the english department brought the conversation back to the course freezes that seem to have affected many. He inquired as to why the current semester was not used to gather data, as well as freezes held

for upcoming semesters. In response, Dr. Helldobler clarified that the university is in need of that data and that he had seen no negative effects on students from the information obtained thus far.

Dr. Libretti from the english department approached the podium next and spoke about the communication among departments and the efforts to increase enrollment.

He claimed that NEIU is the "best kept secret" of Chicago and that the administration is not doing enough to show the world the "amazing life" at the university. Vice-President for Institutional Advancement, Dr. Melba Rodriguez spoke clearly about the efforts that she has been allocating to continue to grow the university. She also encouraged him to visit her in her office the next time he had any concerns.

Before President Hahs concluded the event, a student stepped up to the microphone. Amanda Slefo addressed the entire room by ask-

ing everyone to stop playing with imaginary numbers and to look at the real students that attend NEIU.

She also addressed the exchange between Dr. Rodriguez and Dr. Libretti, calling it an "unnecessary way of putting down a man that has a passion for the university." Overall, her message was a call for unity and communication among the NEIU administration, faculty, and staff, and to keep the students in mind when planning for the future.

The session was dismissed soon after, and the Recital Hall cleared within minutes. The

only people left were those that continued to discuss the troubles of the university, questions that were not addressed, and the need to return the focus to the basic part of any academic institution, the students.

## Mars One Project, Simplicity vs Reality

By Caroline Kalempouw Williams - Staff Writer

Mars One, the Netherlands-based nonprofit recently launched a controversial program to recruit astronauts via the internet who will get a one-way ticket to colonize Mars by 2023. Their journey from the selection process to live and die on Mars will be broadcasted in a new reality TV show.

When the first online application round was closed this August, over two hundred thousands people from more than 140 countries applied. The majority of applicants come from the United States, India, and China.

A Nobel prize-winning theoretical physicist, Dr. Gerard't Hooft decided to become an ambassador for Mars One because of the simplicity of the program.

On the Mars One website, Hooft says, "The mission is kept as simple as possible. Anything not absolutely necessary, all the fantastical technical concepts that have not been sufficiently and satisfactorily tested, will not be employed."

One of the techniques that will not be employed in the mission is the spacecraft re-entry maneuver. According to Hooft, "The aspect

that made all the previous plans so unbelievably expensive and complex was the uncompromising condition that all Mars travelers must return back to Earth."

Another complexity that is cut from the program is the bureaucracy. The Mars One mission is a multinational endeavour but it does not require any government involvement. Unlike NASA, the main source of Mars One funding will not come from taxpayer money, but from a worldwide multiyear reality TV show.

"How many people do you think would want to watch the first humans arrive on Mars?" Mars One Co-Founder, Bas Lansdorp told the New York Times.

"This will be one of the biggest events in human history. We are talking about creating a major media spectacle, much bigger than the moon landings or the Olympics, and with huge potential for revenues coming from TV rights and sponsorships."

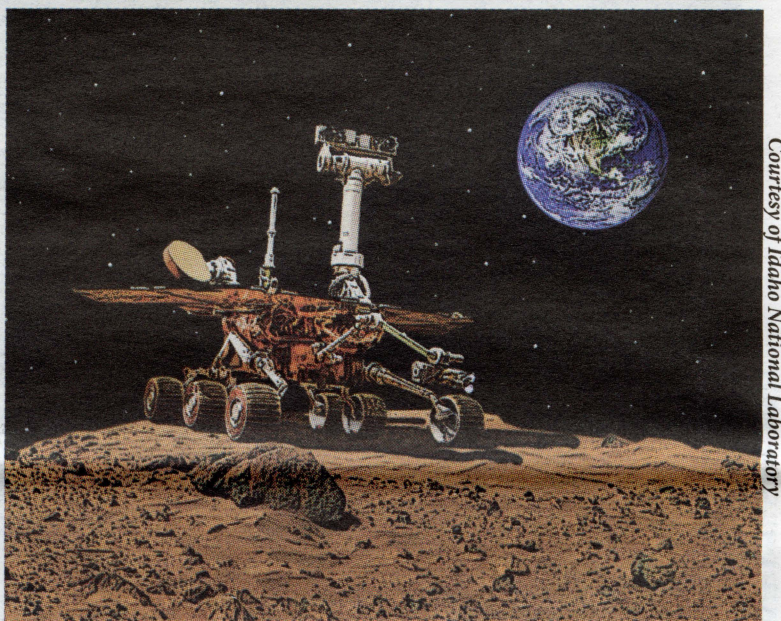
With cameras following the astronauts' permanent move to Mars, what should the world anticipate seeing?

"Spending many years in the much lower gravity of Mars will have an irreversible effect on bone and muscle strength," Hofft said in a recent interview with The New Scientist.

High radiation levels beyond Earth's protective magnetosphere also limit how long astronauts will survive on Mars. A paper published in the journal Science shows that the NASA's Curiosity rover that was launched to Mars in Nov. 2011, and landed last August was exposed to approximately 662 millisieverts (mSv) dose of radiation total during the 253-day journey. Compare this to the current limit for nuclear industry employees and uranium miners which is 20 mSv per year, according to World Nuclear Association.

NASA's guidelines say that astronauts should not be exposed to more than 1,000 mSv of radiation in a lifetime. Thus, they suggest that astronauts could endure a six-month outbound flight, a 600-day stay on the Martian surface and the six-month journey home without accumulating high radiation dose.

In his article published on



Courtesy of Idaho National Laboratory

Mars Rover

Space.com, Lansdorp wrote that the absence of a return mission reduces the radiation exposure from galactic cosmic rays. The Mars One habitat will also be covered by a necessary layer of Martian soil to provide shielding against radiation. Sixteen feet of Martian soil provides the same protection as the Earth's atmosphere.

According to Mars One website, the Rovers and a communication satellite will be launched in 2018, followed by six Cargo units in 2020. The Rovers will set up the habitat by producing water, air and

electricity before the arrival of crew one in 2022. Additional crews will continue to arrive every two years.

The website also states that the cost of putting the first four people on Mars is estimated about six billion US dollars.

Dr. Gregory W. Anderson, NEIU physics professor who teaches Astrophysics this semester is skeptical. "While I believe we will travel to Mars some day, with their current schedule and funding I don't find the Mars One project to be realistic."

## Obamacare Stats and Attacks

By Sergio Almodovar - Staff Writer

As if it were a scene straight out of Mr. Smith Goes to Washington, Texan Republican Senator Ted Cruz announced on Sep. 24, 2013 that he would speak until he could no longer stand. Cruz's intention was not to filibuster but to bash the President's Affordable Care Act.

Cruz spoke from Tuesday afternoon until Wednesday, spending over 21 hours bashing Obamacare. He quoted cable T.V. show Duck Dynasty, Ashton Kutcher, and discussing Nazis, Star Wars, and his craving for White Castle. He continued on to read Dr. Seuss's Green Eggs and Ham.

Cruz fell 3 hours short of the record for the longest senate speech, given by Senator Strom Thurmond in 1957 when trying to prevent the Civil Rights Act from passing. Senator Cruz's biggest argument against Obamacare, was the claim

of job losses due to companies being unwilling to insure employees.

Cruz seemed to have no issue with the large number of jobs lost due to the Sequester earlier this year. Nonetheless, Senator Cruz deemed Obamacare a failure prior to its full enactment.

So what does Obamacare look like? While Cruz was speaking, the Obama administration released information explaining how the Affordable Care Act would work. The average cost for Americans would be \$249 a month before subsidies. Subsidies will be given to those with lower income. Stats show that 56 percent of the uninsured would get coverage for less than \$100 a month.

Insurance will come in several plans, Bronze, Silver, Gold, and Platinum. Bronze is the cheapest, and is expected to cover 60 percent

of medical expenses; however the premium will be lower. The higher the premium cost, the less one pays out-of-pocket. The price of the package would depend on the individual's age, smoking habits, income, family size, and geographical location.

However, those who are currently insured will see the price of their coverage go up. This is largely due to insurance companies trying to maintain a high profit, while no longer able to deny coverage due to pre-existing conditions, charge women more than men and limit the total cost for older people.

Prices will vary greatly based on geographical location. For example, the average price for the bronze plan will be \$144 in Minnesota, while the same plan averages at \$425 in Wyoming. Half of the states will allow those making un-

der \$15,282 to be covered under the expansion of Medicaid.

Illinois Governor Pat Quinn's administration released some details of what Illinois' health coverage may look like. There are 1.8 million uninsured people in Illinois, many of which will also be covered under the expansion of Medicaid.

A 25-year-old NEIU student living in Cook County can expect to pay \$120 a month for the Bronze Plan. While someone of the same age living in Champaign County would expect to pay \$166.

Prices differ immensely based on many factors. There are about 1,200 "Navigators" in Illinois. Navigators are government employees in place to explain the cost of health coverage, its benefits, and to register people. Registration begins Oct. 1, 2013, and will continue until March 30, 2014.

Many states are working on preventing Navigators from informing or registering people. States, like Florida, have banned Navigators from health departments. They claim that the Navigators' access to private information puts their citizens at risk of identity theft. Florida Governor Rick Scott is quoted saying, "Floridians should not have to exchange privacy for insurance." This sort of statement is in line with the rest of the Republican party in their efforts to curtail the implementation of Obamacare. Currently the party is looking at measures to prevent the act, which may include a possible government shutdown, or the refusal to raise the debt ceiling.





# In college, tuition is just the cover charge.

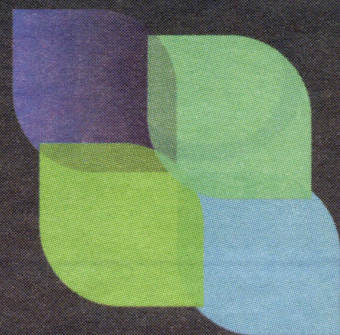
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## Letter to the Editor

### Oprah on Emmett Till v. Trayvon Martin Case

One of the richest, brightest, and most successful of all the TV and movie personalities in the United States has got to be Oprah Winfrey. Her ambition, style, grace, charm, and good nature are paralleled by few in the broadcasting business.

No other talk show host in recent memory has demonstrated the ability to shove their foot in their mouth while giving their personal views on some of the most controversial events in recent US History without passing out due to a lack of oxygen like Winfrey has. In regards to this prestigious talent, she is truly a master of her craft.

Recently on the MSNBC Morning Joe show, Winfrey shared her insightful view of the George Zimmerman case. Our majestic lady of the airwaves equated the 2013 Zimmerman self-defense case with that of the Emmett Till kidnapping-

murder case of 1955.

This viewpoint was aired for millions to watch. No doubt they were as speechless as audiences were back in the 1920's when Zip the Pinhead made many public appearances at freak shows across America.

It may be better understood as to why some people were flabbergasted by Winfrey's astute remark by reviewing both cases.

Emmett Till was visiting his uncle Moses Write in Money, Miss., in the spring of 1955 right after the murders of Reverend George Lee and Lamar Smith who, according to PBS, were involved in voter registration drives.

Racists living in Money had no desire to have blacks participate in the republican process of electing officials, so they killed these men to defeat their efforts and to terrorize the rest of the black community

away from voting.

In August, Till went shopping at the Bryant's Grocery store on the 24th where some say he whistled at Carolyn Bryant who owned the store with her husband Roy. On the 28th Till was allegedly kidnapped from his uncle's home by Roy Bryant and his half-brother J. Milam.

Till was beaten, shot in the head, wrapped up in barbed wire with a cotton gin fan and pushed into the Tallahatchie River.

His body was recovered on the 31st. On Sept. 3, Till's mother Mamie allowed her son's casket to be opened at his funeral so that mourners could see what happened to her son.

Photographs of Till's horribly disfigured body were carried globally in many publications like Jett Magazine, the Chicago Defender, and the daily French newspaper Le Monde.

Bryant and Milam were acquitted of kidnapping and murdering Till on Sept. 23, 1955 by an all-white jury. The jury deliberated for just over an hour.

Equating the Till kidnap and murder case with the George Zimmerman self-defense case leaves less lofty citizens in a fog as to what reason, research, or scientific study could have aided our queen of the airwaves to conclude that these two cases were both the same.

Zimmerman's encounter with Martin was only for a few minutes and within this time period, Zimmerman was punched in the face, then forced to endure his head being banged into the ground.

It appears that Zimmerman drew and used his weapon against Martin when it was clear that he could not stop him from attacking. History does not recall Till attacking anyone in Money Mississippi

back in 1955.

So how could the Zimmerman case be an example of blatant racism as the Till case was? So far the Department of Justice has not released any findings to warrant hate crime charges to be brought against Zimmerman. Yet according to Winfrey-logic, Zimmerman is as much of a killer-racist as Bryant and Milam were.

Mere mortals may never see the light of truth as Winfrey does from her lofty aristocratic position as billion dollar talk show guru. The rest of the population will just have to accept her judgment while the reputation of a man who was defending himself remains destroyed in the eyes of millions of her cognizant followers.

Sincerely,  
Harry G. Karadimos



3:38 PM

76%

## Man On The Street

By Nell Greaney - Staff Writer

**Question: How will the government shut down affect you?**



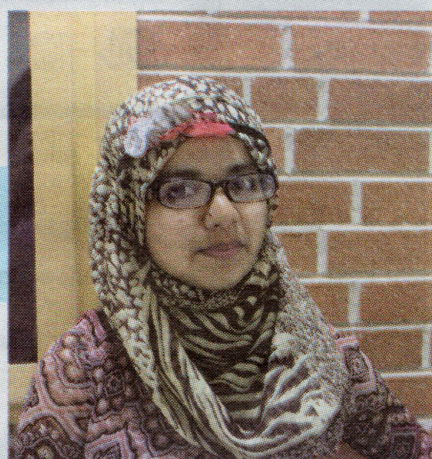
Brisa Becerril, Junior Art Major "They cut W.I.C. which makes it difficult for single mothers, such as myself, to feed their children."



Danish Muki, Sophomore Marketing and Engineering double major: "I feel it might make us more powerful; we have an opportunity to speak right now. We have the power to change the government right now."



Mike Ngo and Santa Torrijo, Sophomore Biology majors: "[We are] worried about the implications it might have for [our] tuition."



Fajila Tailor, Sophomore Early Childhood Education Major "It will slow down my financial aid and result in me taking less classes or taking a semester off."



Leonel Solano, Sophomore Biology major: "If the government doesn't get things straight then college students and many other people will be out of a job."

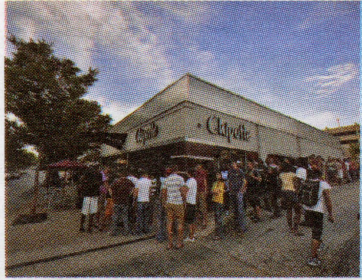
Photos by Nell Greaney and Jacklyn Nowotnik



# More than Straw and Hay

By Juan Manuel Gonzalez - Contributing Writer

Photo by Parker Miles Blohm



## Chipotle on Free Burrito day

McDonald's has served over a billion burgers, but Chipotle's newest advertisement, "The Scarecrow" is serving up millions of hits online.

The advertisement clocked in at three minutes and twenty three seconds, and was released on Sept. 12, 2013. It was only viewed and shared on social media outlets such as Youtube, Facebook, Twitter, and has gone viral.

The ad tells the story of a big-name food chain, "Crow Foods," ruling all the food production for a

virtual world called Plenty.

The advertisement's narrative is seen through the eyes of the main character, a scarecrow that works for Crow Foods.

He witnesses cows stuffed into milking crates, chickens forcibly injected with hormones, and packages sent to the consumers with labels that read "100% beef-ish." This motivates the scarecrow to make a change, and hopefully does the same to the viewer, as the ad displays a game to accompany it.

The ad and the game came out on the heel of a controversy involving genetically modified organisms (GMOs) and Chipotle confessing to its use of GMOs in its products.

Chipotle is now listing a red 'G' on all of the ingredients that are GMOs. Chipotle uses the video and game to promote their effort to become more health and food conscious by urging us as a society to

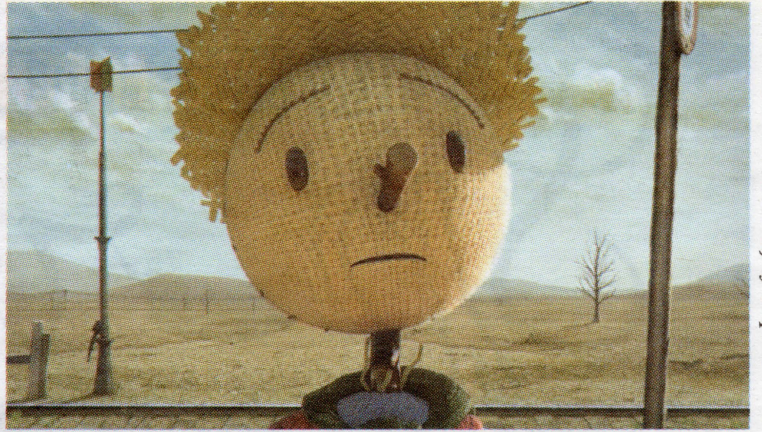
"join the quest for wholesome, sustainable food."

The ad and game were both set to Fiona Apple's cover of "Pure Imagination," which is interesting considering that she has openly stated she is a vegan in an interview with Timeout London.

The video and game creators, Moonbot Studios also tied in to Chipotle's quest for food.

"We try at Moonbot to only do stuff that we care about and when we were approached by Chipotle, it was like, oh well we love their food, we love their ethos and then they wanted us to something that felt significant," said founder Bill Joyce.

Dr. Tony Adams, an assistant professor and Director of Graduate Studies for Northeastern Illinois University's (NEIU) CMT department teaches Persuasion In Media and used the scarecrow ad to illustrate some of the concepts for that



Screenshot Courtesy of Chipotle

class.

He pointed out that the scarecrow ad was a story and that persuasive messages can be very powerful when an audience member does not recognize the persuasion behind the story.

"That's scary because there's an assumption that we aren't aware of what we are listening to or we're interpreting it as neutral or innocent," said Adams.

"So with our marketing we tried to tell a story that explains to people how the food they eat is raised," said

CMO of Chipotle Mexican Grill, Mark Crumpacker.

The ad which now has an astonishing six million (and rising) views seems to be greatly overshadowing the game, which only has a few hundred reviews on the Apple app store.

This seems to be in spite of the fact that once someone finishes the game, they receive a buy one get one free coupon from Chipotle, good for any burrito, burrito bowl, or taco.

# Government Gone Fishing

By Abraham Harb - Contributing Writer

The government is struggling to put the government back on track. Since they are the governing force, who governs them when they can't seem to agree or compromise? Nobody. So what happens? A government shutdown.

*"There are not enough hours in the day. I blame the #GovernmentShutdown."* -Josh Gandy (@joshgandy)

This has resulted in finger pointing. The Democrats (and Obama) are fighting endlessly for ObamaCare and won't cave. Republicans don't want to fund ObamaCare and will not compromise.

*"If I refused to do my job I'd get fired. They refuse to do their job and everyone but them gets fired."* #GovernmentShutdown. -Kai Saunders (@kaidude09)

This leaves everything unset-

tled, with both parties unwilling to compromise. The government struggles to avoid further lapse in funding as the rest of America watches, disgusted.

Some Americans are furloughed and others are tweeting out anger, jokes and support or disapproval of either one party or a person within the party.

*"The government is going to shut down and yet Katy Perry and WWE Raw are what's top trending. Humanity scares me. Help. #GovernmentShutdown"* -Nicole Alvarez (@NicoleFAlvarez)

The Washington Post reported roughly 138 lawmakers have opted to refuse government shutdown pay or will donate it to charity, including some who donated it prior to the shutdown.

Some of them include Illinois lawmakers, Rep. William Enyart, who will have his pay donated and Rep. Cheri Bustos (D-Ill.) and Rep.

Rodney Davis (R-Ill.) who chose to have theirs withheld.

This could be seen as part of an ill-fated pact of solidarity with the American people, but does it make that much of a dent in their pocketbooks?

According to the Washington Post, "Members of the House and Senate have earned \$174,000 annually since 2009. Among congressional leaders, House Speaker John A. Boehner (R-Ohio) earns \$223,500 annually."

Meanwhile, furloughed TSA workers who are living from paycheck to paycheck can't afford to pay their mortgage—it's the thought still counts, or is it a PR stunt?

*"Due to budgetary cutbacks the understaffed TSA has asked passengers to grope each other #GovernmentShutdown #HarryReidsShutdown #teaparty"* -Stephan George (@okiecowpokey)



Photo by Jason Ippolito

Open or closed, the capital still looks impressive.

Political figures, reporters and normal folks took to Twitter to vent, inform or plea for a resolution to the shutdown. President Barack Obama took to Twitter on a daily basis to assure the American people that this shutdown would be resolved quickly. American people this shutdown will be resolved quickly. Shows such as "RuPaul's Drag Race,"

"Veep" and "Agents of S.H.I.E.L.D." on Logo, HBO and ABC respectively took this as an

opportunity to promote their show.

After all the dust has settled, experts will spend the next few years trying to figure out who was ultimately to blame for this shutdown, but one thing is for sure:

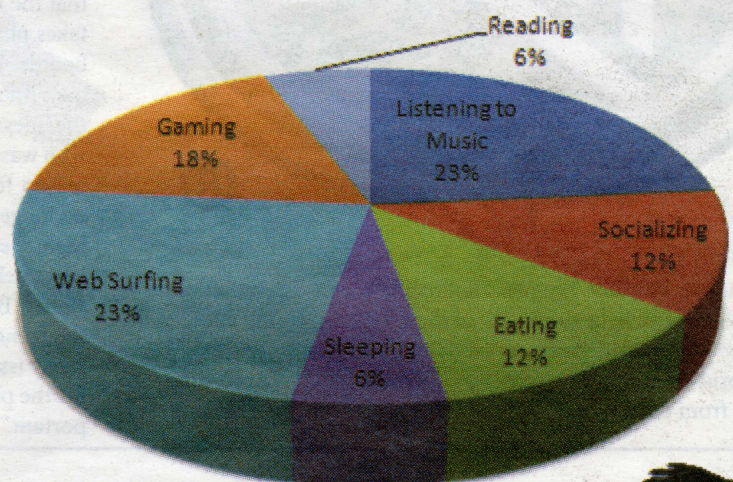
*"Dumbledore wouldn't have let this happen."* #GovernmentShutdown - Professor Snape (@\_Snape\_)



Comic by Grace Caruvana

I used to be a Congressman. How could I have known that not doing my job would get me fired?

## Independent Staff Poll



Graphic by Emily Haddad

## INDEPENDENT

What hobby or activity most distracts you from your school work?

Tell us what distracts YOU, NEIU! Follow us and tweet us your answers at #NEIUIndie!





## Two Game Entrée

By Daniel Gutstein - Staff Writer

Living in a time of global unrest and chaotic national dysfunction, it's reassuring to have a constant to fall back on. Thankfully, we Chicagoans have found a mecca of stability where two and two do not equal four, but rather overtime hockey. Hockey is the ultimate sport, appreciated from the novice to the 55-year-old seasoned vet. It is such a pleasure to watch our Blackhawks serve as a stamp of excellence as Pat Foley and Eddie Olchik warm our living rooms with their wisdom and genuine enthusiasm through these cold winter months.

One week into the season, there's no shortage of material to pore over. The season kicked off October 1 with a bone-chilling banner raising ceremony. Simply put, nobody puts on a show better than John McDonough and Co.

The Blackhawks CEO and resident marketing whiz sure knows how to send chills up your spine. With our minds content to reminisce and cherish, not to be forgotten was the actual hockey played that night. The night's opponent: the Washington Capitals. Brandon Bollig took a short break from his bruising battles to get the scoring party started with his first career regular season goal. Patrick Kane provided his usual wizardry and misdirection to help the Hawks beat last year's Southeast Division champions. Saad, Shaw, Hossa and Oduya also scored as the Hawks overcame Alexander Ovechkin and three Capitals' power play goals to kick off their season with the 6-4 triumph.

Four nights later, it was back to the UC for a visit from the Tampa Bay Lightning. In an astounding

display of team skill, the Hawks did not allow a single Tampa Bay shot on net during the first period. The last time that happened was Dec. 4, 1946 against Detroit. But goaltender Ben Bishop got the best of the Hawks on this night. Despite outshooting the Lightning 39-16 through three periods of play, plus overtime, the Lightning won 3-2 on a shootout goal by Valterri Filppula. It was just one of those games. The Hawks dominated the pace of play, but Tampa won the battle of the goaltenders to spoil a special effort by the defending champs.

Ben Bishop notwithstanding, two games in, things are looking pretty positive for the Hawks. Their puck possession and offensive game are picking up right where things left off. Brandon Saad and Andrew Shaw look poised for breakout sea-



Photo by Matt Boulton

Patrick Kane

sons, and the old reliables continue to control the pace of games.

Area of focus for the next few weeks: goaltending. Last year, Corey Crawford and Ray Emery combined to earn the Jennings Trophy, which is given to the goalie or goalies playing for the team with the league's lowest goals against average. Two games into this campaign, things aren't looking as bright. Hockey is a team game, so struggles can never be pinned on one player, but Corey Crawford has not looked strong over the first two games, giv-

ing up four goals in the first game and two goals on 16 shots in the second. Remember that the Hawks placed their bets with Crawford this offseason by handing him a 6-year, \$36 million contract before this season.

If I am a betting man, though, I'm sticking with Crawford to bounce back over a full 82 game season. Two games are never enough to fret over, and given enough time, I would not put anything past this Hawks core. Patrick Kane for Congress, anyone?

## Hybrid-Icing Featured Among New NHL Rules

By Matthew Greenberg - Sports Editor

Courtesy of National Hockey League



The National Hockey League has officially adopted hybrid-icing rules for the 2013-2014 season. What is hybrid-icing? Is it really that different from the old rule? The

following is an explanation of some of the new rules taking effect in the NHL this season:

Hybrid-icing. According to NHL.com, "The hybrid-icing sys-

tem allows the linesman to blow the play dead and call an automatic icing if he determines that the puck will cross the goal line and the de-

"It makes the game safer for the players and we think it's important."

fending player is not behind in the race to the end-zone faceoff dots in his defensive zone. The faceoff would go to the far end of the ice as it did with icings called in the previous system the NHL used." The main difference between hybrid-icing and touch-icing, which has been in place since 1937, is that the race for the puck no longer takes players all the way to the end boards. Instead, there is an imaginary line across the faceoff dots that the linesman must use to determine who was first to the puck. The main reason for this change is safety. By no longer racing to the end boards, high-speed collisions will become less likely. NHL Deputy Commissioner Bill Daly said, "Ultimately the [general] managers believe it's a safety issue. It makes the game safer for the players and we think it's important."

Attainable pass. The attainable pass aspect has been removed from the icing rule, which allowed officials to only wave off icing if a

player touched the puck. This part of the rule allowed linesmen to make the call whether a pass could have been touched, and could then wave off icing. In an article by NHL.com Senior Writer Dan Rosen, he stated, "NHL Senior Vice President of Hockey Operations Colin Campbell said the League has on average six icings per game, but without the attainable pass he thinks it could go up to nine or 10."

Uniforms. Uniforms cannot be altered in any way, which means sleeves must extend to the cuff of the glove, pants cannot be torn in any fashion, and equipment cannot be visible. Also, the Jersey Tuck Rule will be more strictly enforced. The rule states that "Any player whose jersey is tucked in will first receive a warning to untuck his jersey. If he does not comply, he will be given a two-minute minor pen-

alty for delay of game." Any player who has played in less than 25 NHL games is now required to have a visor attached to their helmet. Therefore, the unsportsmanlike penalty for initiating a fight while wearing a visor has been removed. On a similar note, NHL.com reports that, "Players are now subjected to an extra two-minute minor penalty for unsportsmanlike conduct if they remove their helmet prior to engaging in a fight." They made the helmets safer, so keep them on. This will make it less likely that a player severely injures their head when falling to the ice during a fight.

Smaller nets. The goal frames have been decreased in size by eight inches, four inches on either side. This leaves the potential for more space for passes near the net, as well as a higher percentage of wrap-around goals being scored. This will directly affect officials, who already have a great deal of factors to look for during action around the net. It will take some time to adjust, but ultimately this gives goalies less territory to protect, and offenses more room to set up plays, so in theory this is a win-win for everyone.

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# Good Fitness: Good Grades

By Gregory Adler - Staff Writer

It's one of the unwritten laws of college life, the dreaded and unavoidable "freshman fifteen." Shockingly, there is a direct correlation between overall health and overall GPA. The sad fact is it's one of the easiest "laws of college life" to break, and the Independent decided to provide a study guide for a healthier lifestyle and a healthier transcript.

First and foremost, sleep is the most important weapon when it comes to fitness. Blah, blah, blah eight hours blah, blah, blah, surprisingly this isn't the case at all. According to the National Institutes of Health, the average adult should get seven to eight hours of sleep. Dr. Sara C. Mednick, author of *Take a Nap! Change Your Life*, explains that one of the keys to napping is to set an alarm for 30 minutes so as

not to wake up groggy. Dr. Mednick also suggests keeping a regular nap schedule to protect a normal sleep schedule. In adjusting the attitude towards sleep, one drastically improves alertness both in class and while studying.

The next piece of the college fitness puzzle is one that is often forgotten altogether: breakfast. There is a reason it is the most important meal of the day. After having gotten a reasonable seven to eight hours of sleep, the body needs some fuel in its tank, but herein lies the problem; class starts in 30 minutes. Breakfast on the go is a great solution. If taking public transportation an option is to take a travel mug, some instant oatmeal, and hot water and have oatmeal on the go. Have to drive? Try grabbing things that are easy to eat on the fly like a banana, string

cheese, granola and a Gatorade. The importance of having a meal in the morning is that it prevents students from overeating later in the day.

Packing healthy snack options are key as well. Think those side pouches on backpacks were designed for Doritos, Twinkies and energy drinks? No. Carrying granola bars, fruits, nuts, trail mix and water is a great way to help keep energy levels, alertness and focus all functioning at high levels, which means brain performance is functioning at a higher level as well.

Last, but not least, is the actual fitness part of the picture. College life can be crazy; therefore the average college student's schedule can be just as crazy. When trying to fit a workout schedule into all of that, it can be a bit overwhelming. One good way to shed unneces-

sary calories is to substitute stairs for elevators, and take laps around campus to stretch the legs and get some fresh air. When first waking up it is recommended to stretch the body, and according to Organicsoul.com, stretching in the morning helps prevent injury, increase blood circulation, increase balance and coordination, boost alertness and generally increases feeling good. There are also several items that can easily be stashed in a book bag for quick fitness i.e. Frisbee, football, hacky-sack, etc. But there is one more item that can provide a quick workout anywhere and take up minimal space in your bag, it's called a Theraband. This strip of elastic comes in a variety of colors which corresponds to different levels of resistance, and can be used for virtually any exercise, 700 to be

exact.

What if there is no room in the bag? Then use your body; push-ups, sit-ups and crunches, jumping jacks, and pull-ups are a great way to work core muscle groups on the fly and without a gym. By squeezing a few sets in between classes, students can hit their next class or study session feeling rejuvenated and relaxed.

Every college student should remember that fitness isn't all that complicated. Follow the tips provided and just like studying for a test, it doesn't hurt to research ways to provide a healthier lifestyle, and in doing so increase overall mental health and studious nature. So remember, it is just as important to hit the body as well as the books.

# Sveum, You're Out!

By Peter Targos - Staff Writer

After two years of watching the Chicago Cubs lose 101 and 96 games, President Theo Epstein decided it was a time to make a change at the managerial position. On September 30, the Cubs fired manager Dale Sveum. The move came with little surprise (except, perhaps, to Sveum). Epstein had hinted near the end of the season in Milwaukee that everyone on the Cubs would be under evaluation, including Sveum and his staff. Epstein went on to say in that particular press conference that the Cubs manager would not be judged on his win-loss record, but rather how he developed young players.

Even though Sveum was surprised, he should not have been. Two key pieces coming into the season regressed significantly—shortstop Starlin Castro and first baseman Anthony Rizzo. Castro, who has been reprimanded in the past for inexcusable mental lapses, continued to make them. However, the more concerning part is that the two-time All-Star's offensive stats took a major step backward, with

a .245 batting average, 10 home runs, a pathetic 44 RBIs and a .286 on base percentage. The other key piece, Rizzo, who was projected to be a 30 home run and 100 RBI player, finished with mediocre at best numbers, with .233 BA, 23 HR, 80 RBI, and .323 OBP.

our players about the most important parts of the game," Epstein told the Chicago Tribune.

But there was more that led to Sveum's dismissal besides Castro and Rizzo's abysmal play. After the press conference in Milwaukee, Sveum and starting pitcher Edwin

**"In order for us to win with this group—and win consistently—we must have the best possible environment for young players to learn, develop and thrive at the major league level."**

While Sveum was not the one batting for these two, Epstein indicated that the message Sveum was sending to the two, and to young players in general, was not consistent. "In order for us to win with this group—and win consistently—we must have the best possible environment for young players to learn, develop and thrive at the major league level. We must have clear and cohesive communication with

Jackson got into a heated argument over Jackson being pulled early. Two days later, starter Jeff Samardzja and third base coach David Bell got into a spat regarding how the Cubs defense was positioned. While this was not on Sveum directly, he should have intervened and removed Samardzja from the game for throwing a hissy fit.

Sveum was also fired, in my mind, due to his lack of funda-

mentals. His spring training bunt competition proved to be as helpful as a bandage would for a puncture wound. The Cubs lack of fundamentals and baseball awareness was beyond embarrassing.

Finally, Sveum's inability to hold players accountable seemed to be another reason for his tenure coming to an end. Signed to a three-year deal in November 2011, Sveum said he would change the culture from one that was lackluster and not always trying, to one that would run the ball out and if this did not happen players would be accordingly punished. This hardly happened under Sveum's watch. Players like Castro, Luis Valbuena and the recently departed Alfonso Soriano were allowed to play despite not giving a full effort. Players like Jackson, Samardzja and closer Kevin Gregg were allowed to pout and not

get punished for doing so.

So, who will be the next Cubs manager? A small list has emerged with Yankees manager Joe Girardi leading the top of the list. The ex-Cub has roots in Chicago and had expressed interest in the Cubs opening before Lou Piniella was hired in 2006. Unfortunately, as of October 9, Girardi accepted a 4-year \$16 million contract to stay with the Yankees, effectively quelling any more rumors of his grandiose return to Chicago. Cubs fans will just have to wait and see who Epstein decides to place at the helm in the upcoming season.



Courtesy of National Football League

# MLB Playoffs are in Full Swing

By Mario Mayorga - Contributing Writer

It's October which means it's time for playoff baseball. The American League and National League Wild Card game is still questionable in my mind because the rule that one game eliminates a team after a 162 games is just foolish. It is more ridiculous than an All-Star game establishing home field advantage. In the American League it's the Cleveland Indians vs. the Tampa Bay Rays, and the National League it's the Pittsburgh Pirates vs. the Cincinnati Reds.

Cleveland lost this game in shut out fashion 0-4, and this one game eliminated the most improved team in the MLB. Tampa Bay got the chance to go to the American League Division Series for a best of five against their division rivals, the Boston Red Sox. Pittsburgh easily defeated their division rivals 6-2 behind catcher Russell Martin, whose two homers (with only 15 home runs all year) lead them into

the National League Division Series for best out of 5 against the St. Louis Cardinals.

St. Louis began the NLDS by demolishing the Pirates 9-1. Seven runs in the third inning led the Cardinals to an easy win. Pittsburgh came back to win the next game 7-1, with their rookie pitcher, Gerrit Cole, who gave up only two hits in six innings in his MLB postseason debut. Pittsburgh squeaked by in a 5-3 win over the Cardinals to take a commanding lead in Game 3. The Cardinals came back and tied the series in Game 4 behind rookie pitcher Michael Wacha, who took a no-hit bid into the eighth inning and led the Cardinals to a 2-1 victory. The Cardinals weren't finished, and Pedro Alvarez became the first player in history to notch an RBI in his first six postseason games. St. Louis won Game 5, 6-1, and took the series 3-2 on their way to home field advantage in the NL Champi-

onship Series.

In the other NLDS, the Atlanta Braves and the Los Angeles Dodgers went at it. Adrian Gonzalez had a two-run homer and Clayton Kershaw had 12 strikeouts, leading the Dodgers to take the first game 6-1. In Game 2 the Braves, hosting the Dodgers, were not ready to lose two games in a row at home, considering the Braves have the best home record in the league. Atlanta's defense played phenomenally, and the Braves won a tight one, 4-3. In Game 3 the bats roared for the Dodgers. The Dodgers got homers from Juan Uribe and Carl Crawford, while Hanley Ramirez and Yasiel Puig each recorded three hits. Dodgers take the lead in the series, winning 13-6. Uribe was the hero of Game 4, blasting a two-run homer in the eighth inning to defeat Atlanta 4-3, sending the Dodgers to the NLCS against the Cardinals.

The American League's divi-

sional series has interesting matchups. The Detroit Tigers went against the Oakland A's, and Detroit got a strong outing from MLB's "best pitcher," Max Scherzer, who struck out 11 and helped cruise the Tigers to a 3-2 victory over Oakland. Game 2 brought up a pitching duel out of the usual Justin Verlander and an unknown pitcher, Sonny Gray. Oakland won in walk-off style in the ninth, 1-0. Oakland took a commanding lead by winning Game 3, 6-3, as three Oakland players hit home runs. Game 4 brought a rollercoaster ride for both teams, but with clutch homers from Jhonny Peralta and Victor Martinez, as well as poor play by Oakland's relievers, Detroit came out on top 8-6. Game 5 belonged to Verlander, who kept the A's hitless for nearly seven innings. Verlander's dominance led the Tigers to a 3-0 victory, taking the series 3-2 and advancing to the ALCS for their third straight year.



Justin Verlander

In the other ALDS, the Boston Red Sox came out swinging in Game 1, winning 12-2. In game 2, Big Papi came up big, hitting two home runs to help the Red Sox win Game 2, 7-4. Game 3 was an elimination game for the Rays, but Josh Lobaton helped keep the Rays alive, hitting a two-out ninth-inning home run. 5-4 Tampa Bay Rays. Boston went on to overcome a 1-0 deficit late in Game 4, and advanced to the ALCS with home field advantage against the Tigers.

Photo by by leadfoot



# Free Agents That Could Rebound Your Fantasy Team

By Alan Pearson - Staff Writer

It has happened to all of us as fantasy owners. The guy you think is going to be the fantasy MVP has a lingering hamstring injury all year, or just flat out stinks. If you get caught in this situation, and your team is struggling, you have to go get one of the free agents. This year's free agent pool has had some very slim pickings. A pair of emerging tight ends, Julius Thomas and Jordan Cameron, has been the best free agents so far. There are no Victor Cruzes or Stevan Rileys this year. Basically the team you drafted is the team you're stuck with. Maybe with some luck or some injuries these guys can help turn your team around and get that playoff spot.

Julio Jones was easily a top wide receiver in football. He is on one of the best offenses in the league and pro bowler, Matt Ryan, is throwing him the ball. However, a fractured foot has shut down Jones for the year. On top of that, Roddy White has had nagging injuries all year. Someone besides Tony Gonzalez has to catch passes for the Falcons until White gets healthy. The next guy in line is Harry Douglas. Douglas is in his sixth season with the Falcons and never has been anything more than an average slot

receiver. But with the possibility of being the number one in Atlanta he is definitely worthy of picking up off the waiver wire.

The Trent Richardson trade to the Colts surprised everyone. It did, however, open up a hole at running back in Cleveland. The Browns went out and signed veteran Willis McGahee. He played with the Broncos last season and rushed for over 700 yards before an injury cut his season short. He's had success in the past and is the starter in Cleveland. He does not average many yards per carry but he's the best they have and he is worth the pickup.

If you missed out on a good tight end or you owned Owen Daniels before he was shut down for the fantasy season with a fractured fibula, then go on and grab his replacement, Garrett Graham. Graham is in his fourth year and was already producing as Daniels' backup. In limited snaps, he has 141 yards and three touchdowns. Also, quarterback Matt Schaub has been shaky, to say the least, throwing the ball, so the Texans could be switching to a more conservative passing games which would get more targets to Graham. He may not be Jimmy Graham, but this Graham is



Photo by BrokenSphere

Harry Douglas

worth the spot on your team.

These guys may not be studs on your fantasy team but they are in a good position to help your team out. If you are in need of some quick talent until your team can get healthy then these are your guys. Stay positive, keep an eye on the injury reports and watch your matchups to get that free agent that can help win you the week and keep you on your way to making the playoffs.



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# Arts & Life

## Arts & Entertainment

## Surprising Talent at NEIU Talent Show

By Jacklyn Nowotnik - Editor-in-Chief

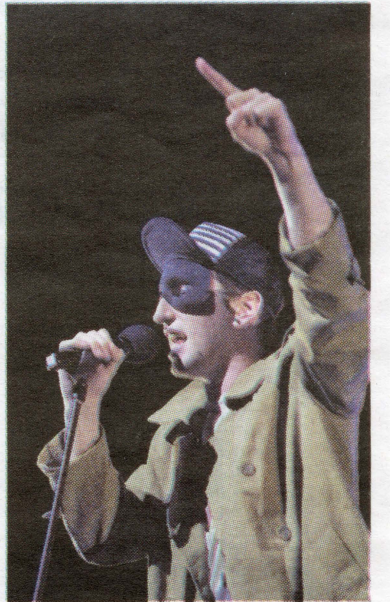
Photos courtesy of NEIU



Mildred Jackson singing "Doctor Feel Good"



Daniel Fiddler entertaining the crowd as the MC



Jared Lang aka F.A.C.E. performs an original song



Leonard Perez dancing "El Pescador"

Audience members applauded, cheered and gave standing ovations for the performers of North-

eastern Illinois University (NEIU's) 2013 Talent Show. Performances ranged from acoustic guitar, cho-

reographed dancing, singing of all kinds and spoken word.

Christie Miller, the director of Cultural Events at NEIU explained that this year's talent show was the 9th talent show the Cultural Events department has produced. She believes that the annual talent show was something NEIU used to do, but for some reason just stopped doing. "A former administrator named David Jonaitis was the one who brought the talent show back as a regular production," said Miller.

She also explained that every year the department of Cultural Events brainstorms ideas of themes for each talent show. "We want to entice people to take part in the show or just come and watch and have a great time," said Miller.

First place winner, Mildred Jackson, the assistant director of

the Financial Aid Office sang "Dr. Feelgood" by Aretha Franklin but made a disclaimer before she sung. "I am a grown ass woman and I'm about to sing for you, a grown ass woman song," said Ms. Jackson. She said that although it was hard for her to hear the audience because of the reverb on stage, she remembered hearing the audience cheer and laugh after her disclaimer. "I get a rush out of being in front of an audience and hearing an audience respond to what I do," said Ms. Jackson.

Kyle E. Burke, director of the Office of Student Union, Event & Conference Services was one of the NEIU faculty judges for the talent show. He explained that four out of the six judges were student judges and that judges for the talent show are picked by the Cultural Events

department. Burke said that this was his third time judging the talent show and that he was surprised at the amount of talent at NEIU. "It's surprising the talent we have, and it's fun to feature and showcase that," said Burke.

This year's winners are Mildred Jackson in first place winning \$1,100, Leonard Perez in second place winning \$500, Jared Lang as F.A.C.E. in third place winning \$250 and Luis Beltran as most original.

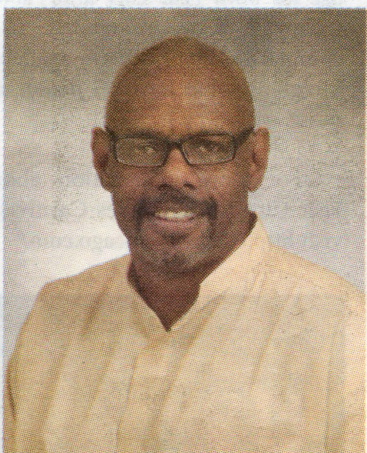
To see performances from this year's winners and winners from previous years, please visit

<https://www.youtube.com/user/NEIULife>

## More Than A Long-Time Supporter Of NEIU

By Ashley Campbell - Staff Writer

Photo by Joe Davis



Clyde McLeod II

"I've been working with the university since February 1994," explained Clyde McLeod II, a program advisor to the College of Education at Northeastern Illinois University (NEIU).

"I found out about NEIU from a former friend of mine," said McLeod. Originally from Peoria, IL, he was looking to relocate to Chicago to complete his undergraduate degree. "I like to think it was destined for me to come here,

because once I got here, everything just started falling into place."

Since then, McLeod has obtained his B.A. in Board of Governors, as well as his M.A. in Inner City Studies Education. He was working as a custodian at NEIU when he first applied for his current position. "Once I graduated, I saw the job opening and I applied for it and I actually got it," exclaimed McLeod. "It felt great to know that the degree that you work for is put to use."

NEIU brought McLeod one of his proudest moments in life. "My Dad was not an educated man," stated McLeod, "but he wanted me and my brother and my sister to receive a college education." McLeod is the first of his immediate family to earn a college degree.

"I'm a former Upward Bound Student," stated McLeod. Upward Bound is one of eight TRIO Student Support Service programs. The TRIO program is available to first-generation students, students with disabilities and students with financial needs. "It helps students navi-

gate the college process," McLeod explained. "I don't think I could have made it without it."

McLeod was hired by NEIU's College of Education in September of 2001. He describes his department as unique. "For most majors, you can just declare your major - as long as you have the GPA," explained McLeod, whereas with the Education Department, there is a process to becoming a licensed teacher. Therefore, advisors are responsible for walking students through that process by holding workshops, providing study guides, monitoring their progress and offering encouragement as needed. "He is a great advisor for the Early Childhood Education Program who makes an effort and commitment to assist, to check-in with and to guide students during their studies at NEIU," stated Jessica Peters, an NEIU senior of the College of Education. She concluded that he is greatly appreciated for the work that he does.

"Clyde is a caring advisor who is sensitive to the needs of students,"

Associate Dean and Acting Chair to NEIU's Special Education Department, Effie Kritikos, said of his reputation on campus. "His calm presence helps students relax and focus. Clyde works with students to find their strengths and develop their interests," continued Kritikos.

When McLeod isn't on campus helping students, he is practicing his love for theatre, music and poetry. Shelley Bannister, a NEIU professor and advisor to the Justice Studies Department said McLeod, "wrote and sang a creative rendition of 'Stop in the Name of Love' re-titled as 'Stop in the Name of the Law' for our show, 'My So-Called Life Sentence,'" a play performed at The Den Theater. "His performance was show-stopping," exclaimed Bannister. McLeod studies improvisational comedy at the Annoyance Theatre and looks forward to reaching Level 4 at the iO Theater next month.

McLeod will forever have a special connection to NEIU. "Recently, I was filling out graduation evaluation forms for the students, and it

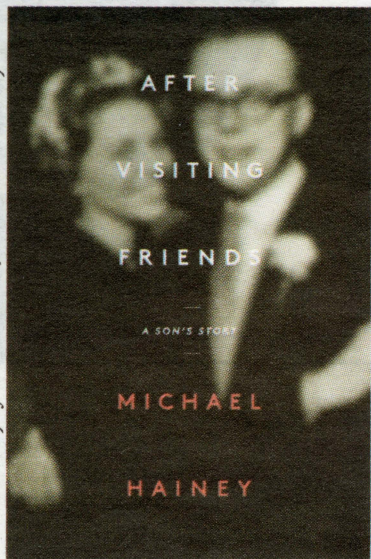
just seems like some of the students that are graduating just walked into my office," reminisced McLeod. "It's gone by very quickly."

"I see good things for Northeastern," McLeod predicted. He is confident that faculty, staff and students will continue to evolve and to grow at NEIU. "Hopefully one day in the future this school will have dorms," he confided. He believes dorms would help boost student involvement in on-campus activities.

Whatever the future holds, McLeod will make sure that no student goes without the support and encouragement they need to succeed. "Coming from Central Illinois, I smile a lot, and I speak a lot," concluded McLeod. Even though he's been in Chicago a long time, he prides himself in still having a smaller city-ness to him that allows people to feel comfortable when they come to see him, he said. "I love people, I think I'm very helpful and I think I'm a good friend."



Courtesy of Scribner 2013, and Michael Hainey



Michael Hainey's book, *After Visiting Friends*

Michael Hainey, published author and Deputy Editor of *GQ Magazine* came to Northeastern Il-

## GQ Editor Visits NEIU

By Desiree Dylong - Arts and Life Editor

linois University (NEIU) as part of the 2013-2014 *Visiting Writers Series*, presented by NEIU's Dept. of English. During the event, Hainey read scenes and answered questions about his book, *After Visiting Friends*.

The book, set in Chicago, follows Hainey as he works to solve the mystery of his father's death. For most of his life, it remained a mystery as to why his father died so young and so suddenly of a heart attack one night on a Chicago street. The book keeps readers enthralled as the mystery of his father's passing is unraveled.

Hainey told the audience that he was excited to be visiting NEIU.

As he read scenes from his book, it was clear that he has a strong love of the city and its culture, particularly its journalism. His parents met at the *The Chicago Tribune* where they both worked at the time, and his father later worked for *The Chicago Sun Times*, which made the culture of print media part of Hainey's childhood.

Hainey also offered some words about the context of print media in today's society and the sometimes misinterpreted conception that print is dead. He explained how he feels that saying "print is dead" is a horrible phrase since it suggests that people don't want to read anymore. Hainey also gave students ad-

vice, "Don't ever let anyone tell you that what you want to do is dying."

Hainey compared and contrasted the difference between writing his story and reporting the news objectively. According to Hainey, part of the skill of reporting is not just asking questions, but listening. "If you're not listening, you're not knowing," stated Hainey.

To Hainey, the process of writing *After Visiting Friends* was a very personal experience. He worked on the book for ten years, and a part of him was unsure he'd ever finish it due to the truths he found about his family. Despite his doubts, Hainey was able to finish the book. He felt that if he did everything with good

intentions and love, then he had to trust that everything would work out for the best. A theme of the book, he said, is to "take your journey and complete your journey". He later explained that with writing, one has a gift and it is up to them to choose how to play their gift.

Don't forget to check out the next event for the *Visiting Writers Series* on Tuesday November 5, where Najla Said will discuss *Looking for Palestine: Growing Up Confused in an Arab-American Family*. The event will be in the Angelina Pedrosa Center for Diversity and Intercultural Affairs at NEIU Room B-159 at 3 p.m. The event is free.

## Despondency - A Dialogue on Discomfort

By Emily Haddad - Opinions Editor

Photos by Emily Haddad



Artist C.A. Nelson

C.A. Nelson wants you to walk out of her new show, *Despondency*, unsettled. Through the medium of oil paint she exposes 10 scenes of strife and discomfort to address various social issues that negatively, and often disproportionately, affect women of color.

"I consider my work conversation pieces," said Nelson. "When people look at my work I want them to have a strong emotional reaction to it—something to spark dialogue

relating to whatever social issue I am addressing in that piece."

Restriction, desperation, deprivation and the suffering of innocent individuals figure prominently in Nelson's work. The bold strokes bring tension and distress alive in the characters contained within her paintings. Symbolic positioning and use of unconventional vantage points can be disquieting, as Nelson often recalls painful points in recent history to better focus the viewer's attention to a social issue. "I want you to be uncomfortable with it. That's the point," she said.

Citing Jean-Michel Basquiat, Wangechi Mutu, and Carol Walker as influences, Nelson's work taps into a similar spirit of invoking rich introspection that her predecessors utilized. Sharp contrasts and the blending of text and pictorial elements highlight the human condition as being one of adversity and inequity, especially for women of color. "Whatever you take from it, I at least want you come out thinking about what I'm trying to address," said Nelson.

Nelson is thankful to all of her teachers in art and other subjects at Northeastern Illinois University (NEIU) for challenging her to "go beyond the traditional style of painting ... and helping me to find my own style of painting," said Nelson.

In particular, Nelson cites advice given to her by NEIU Art instructor Mary Porterfield as a critical element in her development. "She told me to be the artist now that I want to be in ten years," said Nelson. She credits that statement for a revision of her entire approach to art, and how she wanted her work to be received and considered.

The entire show is done using palette knife strokes in oil paint, to "capture the energy" during the painting process. "That's what I want to show, the emotion that I have while creating the piece," said Nelson. She credits NEIU Art instructor Deanna Krueger with introducing her to "getting rid of the brush, using the palette knife and being confident in the mark that [she puts] on the canvas."



Untitled "Sterilized"

While the thick ridges of paint are tactile and tempting to touch, Nelson cautions people to be careful if they are going to touch her work.

Nelson's show runs in the sec-

ond-floor 217 gallery in the Fine Arts from October 21 to Nov 1, 2013. Wine, cheese and crackers will be served at the opening reception on October 22, from 6:30-9:00 p.m.

## Fear City, Fearfully Amusing

By Jacklyn Nowotnik - Editor-in-Chief

Photos by Jacklyn Nowotnik



Rabbit character from Fables Carnivale

Experience the dark side of Chicago with 40,000 square feet of haunted attraction in Fear City. A haunted house that is modeled off of Chicago landmarks such as the CTA Red Line, Cook County Hospital, Midway Airport and the Union Stock Yards; Fear City welcomes brave souls to enter at their own risk.

Unlike most haunted houses that are ridden with blood and gore, owner and business manager Chuck Grendys described the at-

traction as being taken over by "zombies, people that are mentally unstable." He also mentioned in an interview with Ana Belaval from WGN's *Around Town* that the attraction now features a "Day of the Dead" section that includes 3D visual effects and black lights. If that wasn't enough for haunted house enthusiasts, Fear City also features an interactive side attraction called Fables Studios Carnivale.

Carnivale is modeled after a 1920s traveling carnival that show-

cases the weird and bizarre. Before entering the carnival, patrons were welcomed to look at and touch the display of objects such as hypnotizing books, a shrunken head, a collection of human teeth and a piece of authentic boardwalk from Coney Island. Once the ringmaster gave the OK to enter, patrons were met by a rabbit that explained the rules of the haunted carnival. In order to make it out alive, patrons had to play the carnival games.

With a poof of magic, the rabbit was gone and the fun began. One of the most memorable games was in the clown room, where people threw plastic balls into the mouths of painted wooden clown faces. Winners of the game were allowed to continue through the carnival and get a prize.

After making it out of the Fables Carnivale in one piece, the main attraction still awaited lucky survivors—Fear City itself. The haunted adventure started out in a church chapel on 666 S Cicero, where the women of the congregation blessed the evilness out of patrons. However, as quickly as the blessing ended, people were whisked away into the turnstiles of the underground subway of the Red Line. Patrons

boarded a life-like CTA train cart that rocked to and fro with a bunch of crazies aboard.

Fear City takes people through a haunted airplane, an alien white room, mazes, a hospital and even a voodoo jungle house, to name a few. One of the coolest parts of Fear City was the Day of the Dead attraction. La Calavera (the skeleton person) directed visitors to pick up 3D glasses and enter the black light world of the dead.

This haunted attraction isn't as scary as it looked, but rather entertaining. The sets, costumes and props are really what make this a good haunted house. However some parts of Fear City didn't seem to relate to one another. Aside from the occasional costumed actor jumping out from behind something, this city wasn't so fearful. It was also unclear which line was for regular admission and VIP admission. There weren't many characters working the crowd, but local DJ, DJ Scarecro, kept the crowd pumped with live mixing. The wait to get in was a bit long, but worth it because people were not rushed through.

Fear City is located at 8240 N. Austin Morton Grove, Illinois (near Austin and Dempster) which isn't

too far from the city. It is accessible via car, taxi, Metra and public transit. Ticket prices are fairly decent, but getting the combo ticket package for both Fear City and Fables Carnivale is recommended. Discounted ticket prices are available for groups that have 50 people or more.

For more information about Fear City and or Fables Carnivale, visit <http://fearcitychicago.com/>



Zombie character amongst the crowd



3.5 Stars





# SEEDS Literary and Visual Arts Seeds Corner

We are currently accepting submissions for the Seeds Corner and for the Seeds Literary and Visual Arts Journal. The deadline for submitting is Friday, November 1, 2013. Please review our submission guidelines posted on Facebook because they have changed, submissions that do not follow this criteria will not be read.

Seeds Literary & Visual Arts Journal is envisioned as a diverse network that provides a space for members of the Northeastern Illinois University community and beyond to showcase their artistic talents from poetry to prose and visual arts. Submitting to Seeds is free of charge for NEIU students and alumni. Submissions can be sent to [Seeds.neiu@gmail.com](mailto:Seeds.neiu@gmail.com) with one submission per an email thread. Follow us on Twitter/

SEEDSneiu to keep up with our latest events. You can email us for submission guidelines or visit our Facebook by searching Seeds Literary & Visual Arts Journal. Best of luck writers and artists! Look out for details about the next creative workshop hosted by Seeds, with help from the English Department.

One last thing: We, at Seeds, have started a mini-series called Sprouts to coincide with Seeds

Journal. It is a mini version of the journal with a few poems, fiction, non-fiction or visual arts pieces, printed out booklet style—it is minimalistic in its creation; we want to consistently and proudly offer the NEIU community an opportunity to enjoy and celebrate the writers/artists within our community.

Are We Ourselves?  
By Regina Torres

Are we so cool as  
To lose touch  
With Ourselves...

Ruled by  
Cubicles and I-Phones  
Clocks and Calendars  
Doctors and Lawyers  
Cars, Kids, Credit Cards

That we don't see...

Our homes  
So divided  
Inner yearnings  
Unprovided (for)

Tumbling  
Backward  
Towards

Outer parameter  
Out of  
Ear range  
And sight

Making  
New breeds

Sheeple

Regina Torres has been pushing a pen around since she was in pigtailed. Her main writing interests concern people she interacts with in real situations and scenarios. Torres' goal is to provide a visual snapshot in written form of how people from various beliefs, lifestyles, and cultures view/treat those who are different from themselves. She's been published in various newspapers, journals, and magazines, she also enjoys creating music, trying new things, learning and growing.

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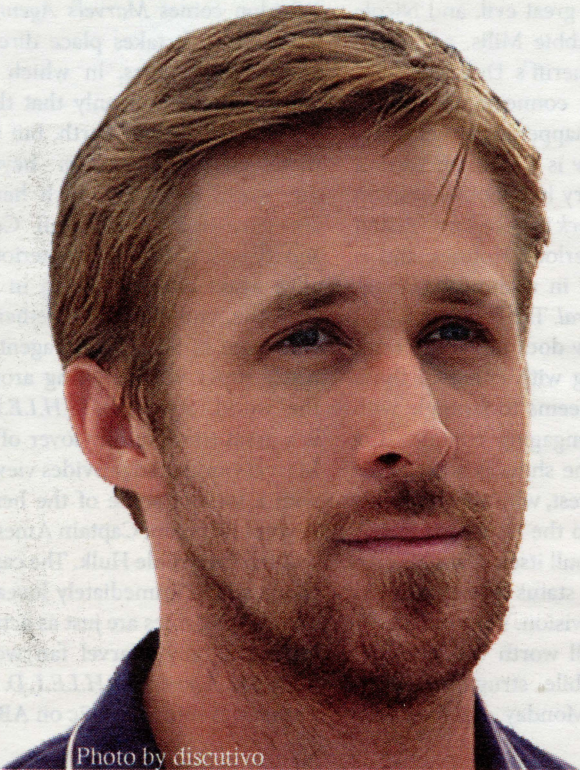


Photo by discutivo



# Kuma's Corner Will Have You Coming Back for More

By Thomas Dato - Staff Writer



Beer, burgers, and metal: Prepare to unhinge your jaw and try not to salivate as you enter Kuma's Corner. For hungry patrons, the sensational aroma upon entering will increase the craving. Kuma's Corner, located on the corner of Belmont and Francisco in the Avondale neighborhood of Chicago, opened in 2005.

Kuma's Corner is small but offers some of the biggest and best-crafted burgers around. In a space smaller than most people's living rooms, the chefs work their magic in a 6'x16' kitchen. Kuma's is rumored to always have a very long wait for seats. Now, depending on the day of the week and the time of day, it can be a while but it's worth the wait. Wait time can be anywhere from instant seating to two hours or more. If available, patrons can always grab a seat at the bar.

**Tip:** If you're having a difficult time finding parking, try this. Turn North on Francisco until you get to Elston Ave. On Elston, near Brands Park, there are usually a few spots.

With an array of craft beers, India Pale Ale (IPA) fans will be pleased. Though they can sometimes have a bit of an attitude, the wait staff and bartenders will be glad to tell you about and give suggestions on craft beers and spirits.

**Tip:** While waiting for a table, grab a drink at the bar, but be sure to close out your tab before you're seated.

There are 17 burgers on the menu, not including the burger of the month, a new burger that is only available for the month that it's released. There are substitutions for the 10 oz. beef patty: boneless chicken breast, garden burger or fried chicken tenders. Choices for sides are hand-cut fries or house made chips served with house made ketchup or a house salad for an extra \$2.

The presentation on their food items is wonderful. Part of what makes Kuma's Corner unique is that all the burgers are named after bands or music related material, with the exception of the original "Kuma Burger." The "Kuma Burger" includes bacon, sharp cheddar, a fried egg, lettuce, tomato and onion. The "Kuma Burger" is also the most simple out of them all.

Each burger has a unique flavor, depending on the ingredients used. Yet, each burger uses the same mixture of beef and a pretzel

bun. When these two are combined, the flavors react in a way that will leave you speechless. Your taste buds will thank you.

This month's special is named after the Swedish metal band Ghost B.C. Recently this burger has gotten a lot of attention in the news for being blasphemous. The Ghost burger features a 10 oz. patty, slow braised goat Shoulder, aged white cheddar, ghost chili aioli, red wine reduction and is topped with a communion wafer garnish. This burger is causing uproar in the religious community, many not knowing it is paying homage to a band that is satirically blasphemous. So, is this burger sacrilegious and blasphemous, or is it sinfully delicious?

**Tip:** Thinking of skipping over the appetizers at Kuma's? Think again. All the appetizers are very good but try the Mac n' Cheese or the Pork fries (if you have the room). Saying that Kuma's creates some of the best Mac n' Cheese in the city would be an understatement.

**Side note:** On Feb 13, 2013 Kuma's corner opened a second location in the Lakeview neighborhood: Kuma's Too. With a different burger of the month, a slightly friendlier staff, a bigger venue, a more welcoming feel, a lower volume and less "heavy" metal, Kuma's Too may be where you go to get your burger on.

**The good:**

- The menu is great across the board
- Good drink selection
- Unique burgers
- Rotating burger of the month
- Large portions
- Great presentation
- Vegetarian options

**The bad:**

- The wait time
- A bit pricey (\$12-\$17 a burger)
- Too loud, for some.
- Wait staff with an attitude (depending on location)
- Very small
- Parking is limited
- No vegan options

# Lockdown Bar Has Great Burgers on Lockdown

By Wojtek Warias - Staff Writer



When thinking of the best burger in Chicago, Lockdown should be the first place that comes to mind. Lockdown is a small, rocking burger joint with a vast menu, large drink selection and some of the best appetizers to choose from. The restaurant is located near Western and Augusta on the edge of Humboldt Park and the parking is limited in the area but that is one of the very few negatives to Lockdown Bar.

The setting of Lockdown Bar is small but homey and it even includes outdoor seating during the warmer months of the year. The bar can get cramped quickly on the weekends and the wait will escalate due to the small space permitted.

**Tip:** Get a glass of Not Your Father's Root Beer! It is one of the best drinks on the menu and one of the most potent, having a 19 percent ABV. Enjoy responsibly.

The appetizers are some of the best any burger place in Chicago has by far. Barb'd Wire is an absolute delight being a chorizo, tomatoes, green onions and jalapeno relish infused cheese dip that is served on top of fries or with chips on the side. Lockdown's Boned Out chicken strips are also incredibly delicious with a choice of buffalo, BBQ, or ginger sesame sauce (top choice). The Loosies are also a great choice on the menu with fresh cut potato chips served with a house-made French onion dip great for dipping not only The Loosies, but everything else. All the appetizers are mouth-watering choices but these three are the champions.

The drink choice at Lockdown is eclectic with many names that will please beer aficionados of all types. The best choice, by far, is the infamous Not Your Father's Root Beer, but the menu holds many familiar choices like Stella Artois, Budweiser, or Amstel Light. For those more prone to exploring drink choices, there are definitely some new choices on the menu like Strongbow cider, Resin IPA, Founder's Breakfast stout, and the highly rated Belgian Delerium Tremens.

**Tip:** Try some different sides with your burger at Lockdown! There are essentially four choices including a House Salad, Caesar Salad, Fries and Mac 'n' Cheese. They're all delectable.

The best and most important part about Lockdown is the list of burgers they have to offer. There is the emblematic Lockdown Warden to kick it off, and it is fantastic but tame in comparison to some of the other choices. One of the best and season-fitting choices is the Conjugal Visit. It is essentially Thanksgiving on a bun with a delicious turkey burger, stuffing, mashed potatoes, brie, gravy and cranberry compote.

Feeling spicy? Try the Arson with jalapeno jack, habanero and Lockdown's own hot sauce. Want to explore something sweet and savory? The Fat Elvis is for you, topped with peanut butter, bacon and banana; The Fat Elvis has flavors that are to die for. Finally, if you're really hungry and none of the mentioned burgers tickle your fancy, The Death Sentence is here to help. A double burger with bacon, yellow cheddar, and caramelized onion—time to unhinge your jaw, like the menu says.

**Tip:** Head down to Lockdown on a Tuesday night to try some great new burgers for half price. Craving a breakfast burger? Pop in on a Saturday or Sunday brunch to have The Colonel with chicken, bacon, maple syrup, fried egg, cinnamon sugar crepe and mozzarella. Drool-worthy.

Simply put, Lockdown is just plain wonderful. From the fantastic array of live DVDs played across the multitude of televisions on the walls to the incredibly friendly and genuinely helpful staff, finding a negative about Lockdown is one of the most difficult challenges to take on.

**The good:**

- The appetizers
- Root Beer
- The staff
- Diverse menu
- Vegetarian options
- Build your own burger
- Outside seating (weather permitting)

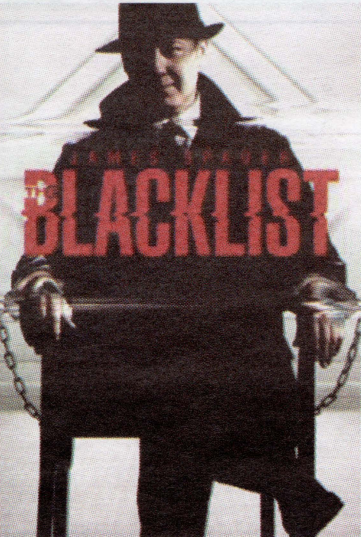
**The bad:**

- Parking
- Wait time (Weekends)
- Small space

Design by Brisa Becerril

# New Series for Every Viewer's 'Must Watch' List

By Matthew Greenberg - Sports Editor



The Blacklist

The 2013 fall television lineup has a laundry list of brand new series premiers across various networks. Among them are three shows that stand out above the rest: *The Blacklist*, *Sleepy Hollow*, and *Marvel's Agents of S.H.I.E.L.D.* Here

is a closer look at each of them. NBC's *The Blacklist* stars James Spader as former intelligence agent Raymond "Red" Reddington. Since going rogue, Reddington has become one of the greatest proprietors of international crime across the world. If there is about to be a major occurrence, particularly of the dangerous and illegal variety, then Reddington organized, propagated or in some manner solidified its occurrence. Now, for some reason, Reddington has given himself up to the FBI with the intention of giving, and helping to catch, names from the blacklist, a list of terrorists that are more dangerous than any on the FBI's Most Wanted list, particularly because no one has ever heard of them. He offers all of this on the condition that he only speaks with Elizabeth Keen (Megan Boone), a brand new FBI profiler with no apparent connection to Reddington in any capacity. Strangely, Redding-

ton's depth of knowledge seems to include Keen and various aspects of her life. The story follows Keen as she grapples with her new job, the unexpected workload involved there, and a less-than-docile home life. The reason to watch, however, is Spader. He is so obviously enjoying himself in every one of his scenes that it makes watching him a fantastic experience. There is no question that this should be on every person's 'Must Watch' list this season. *The Blacklist* airs Monday nights at 10/9c on NBC. FOX's *Sleepy Hollow* is a fresh take on an old story. The Headless Horseman is a timeless horror story, but the people of Sleepy Hollow have never had to deal with anything quite like the sinister monsters that are about to be unleashed upon their town. The show stars Tom Mison as the iconic Ichabod Crane, a Redcoat defector from the Revolutionary War who

has been resurrected after 250 years to battle this great evil, and Nicole Beharie as Abbie Mills, a lieutenant in the Sheriff's Department is unknowingly connected to everything that is happening in her town. *Sleepy Hollow* is a modern version of an old story in a similar fashion to how *Sherlock* is a modern version of classic Sherlock Holmes, and is mythological in a similar manner as *Supernatural*. The problem is that *Sleepy Hollow* does not come close to comparing with either of those shows, and seems to struggle with developing engaging content. The concept of the show is what holds viewers' interest, who are seemingly holding on to the hope that Sleepy Hollow will pull itself above its current baseline status into a great example of television. For now, *Sleepy Hollow* is still worth watching despite its nubile struggles. *Sleepy Hollow* airs Monday nights at 9/8c on FOX.

From the genius mind of Joss Whedon comes *Marvel's Agents of S.H.I.E.L.D.* It takes place directly after *The Avengers*, in which the world realized not only that there are superheroes on Earth, but that there are threats from beyond our world for which such heroes are necessary. Agent Phil Coulson (Clark Gregg) is mysteriously alive again after his death in *The Avengers*, and has put together an elite team of S.H.I.E.L.D. agents to battle super villains rising around the world. *Agents of S.H.I.E.L.D.* is a great time for any lover of the Marvel world, and provides viewers with a look at some of the heroes beyond Ironman, Captain America, and the Incredible Hulk. The cast of characters is immediately loveable, and the plot lines are just as action-packed as any Marvel fan would hope for. *Agents of S.H.I.E.L.D.* airs Tuesday evenings at 8/7c on ABC.



# Albert Hammond Jr. — AHJ

By Jon-Paul Kreatsoulas - Staff Writer

Courtesy of Cult Records and Albert Hammond Jr.



Albert Hammond Jr.

Exciting. Memorable. Effortless. These are all adjectives that can be related to how the last Strokes album, *Comedown Machine*, didn't come across as. We think we know the dirty myth behind the rushed release; The Strokes were bound to a five album contract with RCA, and, in short, all connection between the two was severed as of last March.

*Comedown Machine*, the band's fifth release, seemed more like a product of lingering musings from Julian Casablancas' solo project *Phrazes for the Young*, than a collective effort. It's a collection of

songs that tries shamefully hard to sound like a Strokes retrospective in some strange regard, wrapped in New Wave sheen, but ultimately loses grip on each member's ability to contribute to the production of a catchy garage rock single, or something intricately more pleasurable to the ear. It almost feels as if The Strokes got tired of themselves. At least, that's how *Comedown Machine* sounds as it winds down to its final track.

But when one becomes weighed down with muck when in a funk, sooner or later, they'll break free

and start from square one. Not to say that Albert Hammond Jr., the predominantly rhythm guitarist of The Strokes, was in any creative rut before or during the *Comedown Machine* sessions, but possibly exhausted of the five band member atmosphere and process. There was a dark time between 2006's *First Impressions of Earth*, and 2011's long awaited *Angles*, that the band went on a lengthy hiatus.

But during this break came tiny floods of light, and several of the members pursued solo and side work. In that time, Hammond Jr. released two full length albums: *Yours To Keep* in 2006 and *¿Cómo Te Llama?* in 2008—both comfortable in a space where a certain guitar driven pop rock could be achieved with simple, yet seldom heard melodies and lyrics that wouldn't necessarily hold the mass appeal of constant radio play. That in itself makes Hammond Jr.'s work feel like a sought after gem, sunken in a small pool of tar (still lookin' at you *Comedown Machine*).

Hammond Jr. is back with new material, and judging by the cover art alone of his newest EP, *AHJ*, it's no surprise that he's had some pent up energy; that which can match a snarling rottweiler's. We start off with "St. Justice" as an ascending



3.5  
Stars

picking of clean guitar notes usher in a warm welcome to an old friend. The entirety of the track exemplifies support and comfort from the rhythm section.

Hammond Jr. lets listeners know they're home again (or possibly in a place that can be considered worse) with lines that pull at the heartstrings like "I need you now/ I need you then" along with his trademark, yet selective guitar soloing in "Strange Tidings". The stand-out guitar moment is almost too short to enjoy, but we know that it's only a taste of what's to come on the following tracks. Hammond Jr. lays his pop sensibility on thick with the accompaniment of keyboard loops throughout.

Things turn slightly sinister on "Carnal Cruise"—another song dealing with issues of control and confusion in a lyrical sense, but from the start we get jangly chords that should have no business being played in succession of one another. It only adds to the ominous storm that's tiny in percussive blows, and haunting in screeching ghost voices that make up another brief guitar

solo.

"Cooker Ship" clinches the EP with possible confessions of darker days than the Strokes' hiatus. Hammond Jr. discloses in a throaty deepness "Self inflicted nightmare/ Lately I'm just not my", and it loops a few times cleverly and morbidly, sending listeners on their way with a good bye riff laced with reverb and sharp with a tad of overdrive, reminding us why we listened to The Strokes in the first place, and why side projects can be so liberating and rewarding on both sides.

*AHJ* wastes no time. It's lean and tidy and embodies a once familiar "Strokes" concentration that *Comedown Machine* lacked overall. Though it's not an entirely new direction for Hammond Jr. stylistically, the EP is not a bore, either, as consistency has been maintained despite the years in between band recording and solo recording. Albert Hammond Jr. will be performing on Wednesday, Nov 13, 2013 at Double Door in Wicker Park at 9:00pm.

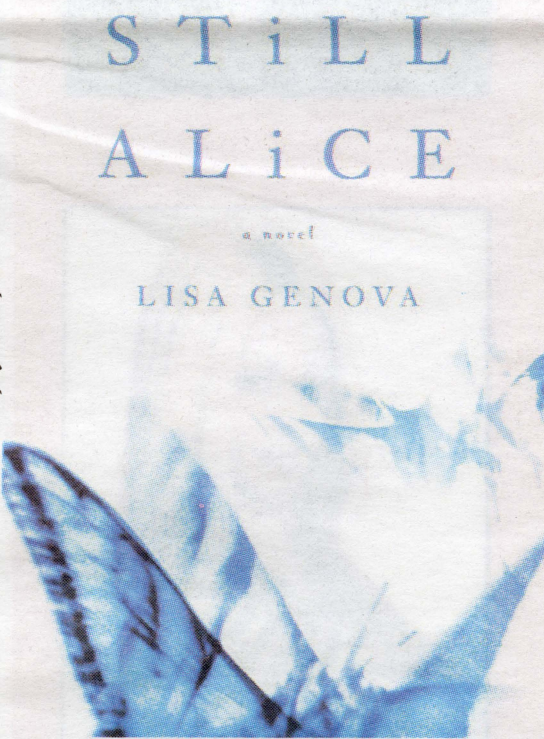
## Still Alice



4.0  
Stars

By Almedina Becirevic - Contributing Writer

Courtesy of Gallery Books, 2009



Still Alice by Lisa Genova

What goes on through the mind of someone with Alzheimer's disease? *Still Alice*, written by Lisa Genova, captures in great detail what it is like to lose your mind. It takes the reader through two years of the heartbreaking and terrifying deteriorating mindset of Alice Howland, a wife, mother and colleague who is diagnosed with early onset Al-

zheimer's disease. She is a Harvard professor celebrating the peak of her successful career when she goes for her daily jog and has no idea how to find her way back home, even though she has been jogging the same path for years. The novel transforms from Alice living her normal life, to the final scene where she sits with her grandchild in her hands and does not know who it is.

Alice has two daughters and a son. Her daughter, Lydia, stresses Alice out because she wants to become an actor. Alice is upset at her daughter for choosing to become an actor instead of going to college, and her husband for supporting Lydia's decision does not help the situation. The storyline shows how this disease has an effect on Alice

and Lydia's relationship. As Alice's disease progresses, her intellectual powers weaken and she becomes less judgmental of her daughter's decisions and the given gift of being able to act.

Alice's husband, John, is also a Harvard professor. He goes through a rocky stage, but not alongside his wife. He first denies the fact that she has Alzheimer's, then he obsessively researches and attempts to find a cure, and when all of that fails, he clings desperately to his very successful career. He gets offered a once in a lifetime job in New York and wants to accept it while the three kids are totally objective to his decision. Is John being insensitive towards his wife's condition and selfish for his own career while

he watches his world crumble into pieces?

With all these problems occurring in Alice's life, she mostly struggles to maintain a sense of self as she tries to fight off the disease by continuing her everyday activities, such as going to lectures, jogging and reading. She loses memory, becomes disconnected from reality, loses all physical and judgmental abilities, is unable to hold conversations and more.

*Still Alice* is written with a great deal of compassion about a very sensitive subject that is done in the most caring and respectful order. This novel educates the reader and is one of the best portrayals of the disease.

## Homemade Apple Pie

By Meghan Joost - Staff Writer

Design by Brisa Becerril



Well, it's autumn once again, which means it is apple picking season. With the holidays quickly approaching, there is no better way to

showcase these apples or your baking ability than with apple pie. This recipe is great for parties with family and friends. Serve warm with

vanilla ice cream for an added treat.

### Pie Crust

2 1/2 cups all-purpose flour, plus extra for rolling  
1 cup (2 sticks or 8 ounces) unsalted butter, very-cold, cut into 1/2 inch cubes  
1 teaspoon salt  
1 teaspoon sugar  
6 to 8 Tbsp ice water

The butter should be frozen. In a food processor, combine flour, butter salt and sugar. Once combined, add very cold water one Tbsp at a time until dough comes together. The dough should not be too moist. Divide dough evenly in

half and roll out on floured surface. It should be about 3/8 inch in thickness.

### Apple Pie Filling

6 cups thinly sliced, peeled apples (6 medium)  
3/4 cup sugar  
2 tablespoons all-purpose flour  
3/4 teaspoon ground cinnamon  
1/4 teaspoon salt  
1/8 teaspoon ground nutmeg  
1 tablespoon lemon juice

### Directions

1. Heat oven to 425°F. Place 1 pie crust in ungreased 9-inch glass pie plate. Press firmly against

side and bottom.

2. In large bowl, gently mix filling ingredients; spoon into crust-lined pie plate. Top with second crust. Wrap excess top crust under bottom crust edge, pressing edges together to seal; crimp. Cut slits or shapes in several places in top crust. Sprinkle granulated sugar on top to sweeten and add a nice texture.

3. Bake 40 to 45 minutes or until apples are tender and crust is golden brown. Cover edge of crust with 2- to 3-inch wide strips of foil after first 15 to 20 minutes of baking to prevent excessive browning. Cool on cooling rack at least 2 hours before serving.



## ANGELINA PEDROSO CENTER PRESENTS

### KELLY ZEN-YIE TSAI

AWARD WINNING SPOKEN WORD POET,  
PLAYWRIGHT, FILMMAKER

10/16/2013, 11:45 AM – 1:00 PM, B-159, PEDROSO CENTER

### NAJLA SAID

AUTHOR, "LOOKING FOR PALESTINE:  
GROWING UP CONFUSED IN AN ARAB-AMERICAN FAMILY"

11/5/2013, 3:00-4:00 PM, RECITAL HALL

4:30-5:30 PM, PEDROSO CENTER / 7:15-8:30 PM, GOLDEN EAGLES  
IN COLLABORATION WITH THE NEIU ENGLISH DEPARTMENT,  
DEPARTMENT OF ACADEMIC AFFAIRS, AND OFFICE OF CULTURAL AFFAIRS

### LAVERNE COX

ACTRESS, REALITY STAR, TRANSGENDER ACTIVIST

11/13/2013, 2:30-3:45 PM, LWH 1002

### LANI GUINIER

LAWYER, SCHOLAR, CIVIL RIGHTS ACTIVIST

1/23/2014

IN CELEBRATION OF DR. MARTIN LUTHER KING, JR. DAY

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